

# HVSC

**Hudson Valley Ski Club**  
Poughkeepsie, New York  
\* 2013 \* Our 75th Year \*



Volume LXXV Number 11

November 2013



## 75TH ANNIVERSARY GALA

November 8

Joseph's Steak House in Hyde Park, NY



Come and join your fellow members, friends and special guests for an evening of hot and cold Hors d'oeuvres, libations, and a trip down memory lane as we view pictures from the past.

Invitations have been mailed, special guests have accepted invitations and the final touches are being put in place. I urge each of you to return your reservation as quickly as possible. The Gala Committee has worked long and hard to put this event together, and there is no better way to say "thank you" than to have a full house.

**Craig Goldstein, 75th Anniversary Chairperson**

Throughout the year we have been celebrating the Hudson Valley Ski Club's 75 years of existence. Each month a different event was presented, from white water rafting to an apple recipe bake-off. All of this was made possible because club members, supported by the Board and Club Officers, worked together. The member participation in the events made them all worthwhile.

There is no better way to end this year than with a gala event celebrating the Hudson Valley Ski Club's 75th Anniversary. The Gala will be held at Joseph's Steak House in Hyde Park, NY. Friday, November 8, 2013 starting a 6:30 pm.

**Our honored guests at the 75th Gala  
Donna Weinbrecht and Mermer Blakeslee**



**Mermer Blakeslee**  
1996 PSIA National Alpine  
Demonstration Team  
1996 Instructor of the Year

**Donna Weinbrecht**  
1992 Olympic Moguls  
Competition Gold Medalist  
5 Time World Cup Moguls

**November 11 is Veteran's Day**  
On that day call someone you know  
who served and say  
"Thank You!"



**Club Information**

**Club Officers**

**President:** vacant  
**Vice-President:** Frank Van Zanten  
**Secretary:** Helen Dickerson  
**Treasurer:** Jim Gahn  
**Sergeant at Arms:** Larry Slezak

**Board of Directors**

Herb Eschbach Craig Goldstein  
 Carole Daniels Pamela Smith  
 John Macek

**Committee Chairs**

**Budget and Finance:**

Carole Daniels

**Constitution:**

John Macek

**Events:**

Gwen Cardarelli & Ellen Kelly

**Instruction:**

Mark Searle

**Marketing and Publicity:**

Craig Goldstein

-Media Liaison Christine Desmoni

**Meeting Programs** Jim Gahn

**Membership Services:**

Pete Gray

-Sub-Chair: **Welcoming, Mentoring,**

**Retention:** Shirley Rinaldi

**Newsletter - Website:**

Mike Harellick

**Ski Council - Discount Tickets:**

Jim Gahn

**Ski Trips:** Bill Egan

Contact information is available in the Online Membership Directory on the club website

[www.hudsonvalleyskiclub.org](http://www.hudsonvalleyskiclub.org)

Or queries may be sent to [info@hudsonvalleyskiclub.org](mailto:info@hudsonvalleyskiclub.org)

**Newsletter Editors:**

Mike & Angie Harellick  
 183 Millers Lane  
 Kingston, NY  
 12401  
 845-339-4894



Deadline:  
 15th of the month

[editor@hudsonvalleyskiclub.org](mailto:editor@hudsonvalleyskiclub.org)

**Welcome to the following new members:**

John Ergen Ken Faucher  
 Alice Phillips



Long-time HVSC member **Joe Longobardi** passed away Wednesday, October 16. Our condolences to his family.

**SKIER FITNESS**

The exuberance ski club members exhibited during the trip sign-up proved that skiing and snowboarding are on our minds. So now it's time to focus those feelings and make preparations for this season's first runs. For many of us, our "senior" muscles and joints (at least mine) deserve at least a little conditioning prior to getting on the chair lifts. With some moderate but specific muscle exercises we can look forward to improving our ski skills, developing our confidence, increasing our endurance, and especially, keeping up with friends and having more fun on the slopes.



If you already go to a fitness center--great, but if not, you can still do stretches and exercises without having sophisticated equipment. Our goal, besides improving skiing and snowboarding, is to first improve our balance, flexibility, stance, muscle tone, and hopefully lessen the chance of injury; all geared to having a great day on the mountain. Of the four Core concepts that Mark Searle mentioned in his newsletter article last month, Balance seems to affect all of the other concepts. Think about it...your feet make all kinds of very subtle movements to direct your skis or snowboard. Therefore, the more toned the foot and leg muscles, the quicker and more precise they will transmit movement through your boots to the skis or snowboard, thus easier turns and better control. This begs the question: "Is it possible to improve my sense of balance?" So what kind of exercises or stretches are we talking about? Here's one I do every year prior to and throughout the winter.

In bare feet, or thin socks, stand on a hard

**A Permanent HVSC Display at the Sports Museum Of Dutchess County**



As previously reported, the diligent efforts of member **Robert Ulrich** have resulted in the Hudson Valley Ski Club having been offered a permanent display space in the **Sports Museum of Dutchess County**. The museum is located in Carnwarth Farms Park (off Wheeler Hill Road), in the Town of Wappinger.

To make the Ski Club display a reality club members are asked to search their memories, albums, closets and attics for photos, trophies, clothing, equipment, etc. — the kind of materials which, when professionally assembled, will give future visitors to the museum a sense of what the Hudson Valley Ski Club was and is.

Items contributed would be accepted by the Club either as donations or on time-specified loan. If considered suitable for display, the items' acquisition would be acknowledged and a record of ownership and terms of availability would become a club record. The museum's curator will have primary responsibility for organizing the materials into a display.

Initially some of the materials may be used for a display at the Club's 75th anniversary Gala on November 8 at Joseph's Steakhouse in Hyde Park.

Please contact **Frank Van Zanten**, 845-473-1464 or [FVZcolors@aol.com](mailto:FVZcolors@aol.com), to make arrangements for

surface floor (not carpeted), bend your knees slightly with most of your weight on the balls of your feet, now lift one foot just off the floor and hold it for approximately 30 seconds, then switch to the other foot. (For safety sake, in case you might lose your balance, place a kitchen chair on each side of you, with the back of the chair next to your side.) When you think you have mastered this exercise, try doing it with your eyes closed!! Do this exercise for 10-15 minutes twice daily during the fall and winter and you should notice a marked improvement in your skiing and/or snowboarding. If you go to a fitness center, you can likewise improve you balance by doing the same exercise on a multi-directional fulcrum balance board (disc) or "Fitter" board. Obviously skiing and snowboarding are very active

recreational activities that require some degree of physical conditioning. Increased aerobic capacity in conjunction with muscle toning can greatly enhance your endurance on the mountain. Again, many exercises can be accomplished with little expense. Consider going on frequent walks, jogging or running, using a treadmill or stationary bike, playing tennis, etc. In our next issue we will talk about other means of improving your on-snow enjoyment. In the meantime, Think Snow! 5 weeks? to first tracks....



**Herb Eschbach** Instruction Committee



**WILLIAM-SYKES REALTY**

Bus: (845) 485-9960  
 Cell: (845) 505-3113  
 Fax: (845) 485-9978



[kathyaman1008@gmail.com](mailto:kathyaman1008@gmail.com)

266 Titusville Road, Suite 11  
 Poughkeepsie, NY 12603



**KATHY AMAN**

Lic. Associate R.E. Broker

### A Good Time Was Had By All

On September 18, as part of our year long 75th Anniversary, our members took part in the first HVSC Bake Off. Prior to the regular meeting 15 members served up their favorite apple desserts. They brought cakes, pies, muffins, dumplings, torts, crumbles, a trifle and even fig bars. Some were "hot out of the oven".



Each dish was assigned a number. Chef Susan Wysocki, owner of Baby Cakes and Soul Dog in Poughkeepsie, and I judged each selection based on appearance, taste, texture and creativity.

After the meeting each member was asked to taste the desserts and vote (by number) for their favorite. I truly believe they were

as hard pressed to pick a winner as we were. The success of the evening is a tribute to our membership. So many participants made this a wonderful event. As the saying goes, "good food, good friends..." Oh, I almost forgot, the winners were Bill Rosenberg for his traditional Apple Pie and Frank Van Zanten for his Apple Trifle.

Thank you all.

**Craig Goldstein** 75th Anniversary Chair

### Calling All Instructors – Ski/Ride Improvement Days

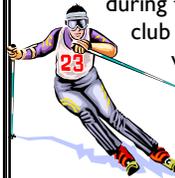
With the rapid approach of the ski season, it's not too soon to begin to think about the Ski/Ride Improvement Days. A benefit of membership in the HVSC is that throughout the ski season knowledgeable and experienced member-instructors offer lessons to skiers and riders of all levels. However, before that can begin the group of instructors needs to meet and establish their availability for the season.

Therefore, if you've served as a ski/snowboard instructor for the club in the past or are interested in becoming an instructor this season, please contact **Mark Searle** at [HVSCSkiTeach@yahoo.com](mailto:HVSCSkiTeach@yahoo.com) or (845)471-6402. The objective here is to assemble a group of instructors who will be the leaders of the upcoming ski/ride improvement days.



### Lift Ticket Lotto

The club holds **Lift Ticket Lotto** contests at each club meeting during the ski season. Several local ski areas have given the club lift tickets in exchange for ads in the newsletter. We will be giving away lift tickets to different ski areas at each meeting from October through March. All you need to do to get in on the hot action for this cool deal is to be sure to buy Lift Ticket Lotto tickets at the next meeting - don't get left out in the cold.



When you win and later use a lift ticket from Lift Ticket Lotto, please take a moment to thank the ski area for their support of the HVSC. Ticket prices will be: 1 for \$1, 6 for \$5 & 15 for \$10.

*Mark Searle* [hvscskiteach@yahoo.com](mailto:hvscskiteach@yahoo.com)

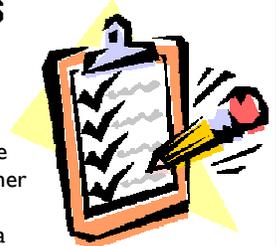
### 2012-2013 Membership Directories

are available. You can pick up a copy at any HVSC meeting or I can mail one to you if you send me a self addressed stamped 6"x9" (minimum) envelope.

Peter Gray, IV, 55 Hagan Drive, Poughkeepsie, NY 12603-5016

### NOVEMBER PROGRAMS

November 20: **Kirsty Digger, R.N.**, Adaptive Instructor, disabled skier and kayaker. I don't want to give away all of Kirsty's amazing information, but I encourage all members to come meet Kirsty and hear her story. Just the basic facts: paralyzed in a kayaking event 20+ years ago, Kirsty skis in a monoski, holds PSIA Alpine and Adaptive Level III and Examiner Certifications, has been a R.N. for many years and is studying for her Nurse Practitioner's degree. Kirsty is completely upbeat and engaged in her life. I've asked her to speak about Adaptive programs and about adjusting to loss as an athlete and as a person.



**Jim Gahn** Program Chairman

**up to \$20 OFF\***

**\$40** Lift Tix Saturdays & most holidays

**\$35** Lift Tix Sundays

\*Offer Not Valid: 1/18-20 & 2/15-17, 2014. Show your Ski Club ID at Groups Booth. No advanced purchase necessary.

Save \$10 on Rentals and \$20 on Lessons. Family members save too. 22 Trails \* 100% Snowmaking \* 3 Quad Lifts \* Close to home!  
380 State Road, Great Barrington, MA | 413.528.2000 | Ski Club flyer: [www.SkiButternut.com/PDF/Ski\\_Club.pdf](http://www.SkiButternut.com/PDF/Ski_Club.pdf)

**"Best Mountains You've Never Skied"***Ski Magazine, Nov. 2012*

**\$1,645**  
**March 8-15, 2014**

*The criteria for this distinction: "large enough to offer true variety and a diverse ski*

*experience, intimate enough to retain a hometown ambience and cultivate a true sense of community. Simply put, these mountains kick butt and take names."*

*"Schweitzer, Idaho. Where lake views, tree skiing and a generous serving of backcountry snow cat action await."*

**7 Nights Lodging, 5 of 6 day lift ticket\*\*, Roundtrip Air, Ground Transportation to and from the airports, Welcome Reception, Daily Breakfast, One Ticket for a free "Quick Tip Ski Clinic" on the mountain.**

**Schweitzer Mountain Resort** is located in the Selkirk mountains in northern Idaho, 11 miles (18 km) northwest of Sandpoint. The ski area is approximately 45 miles (72 km) south of the Canadian border.

You might wonder how you've managed to miss a ski resort with almost 3,000 acres of marked trails, another 3,000 acres of guided back-country skiing, tiny or nonexistent lift lines, no altitude issues, beautiful views, and a friendly, local, non-corporate feel. Welcome to Schweitzer Mountain Resort! If you like skiing the trees, Schweitzer has more than 1,200 acres of one of the most diverse, glade skiing experiences in North America. For powder lovers, the snow under Sunnyside lift stays untracked for days after a big storm, and you can get your bowl fix off South Ridge. Scary-steep groomed runs let you master gravity and test your nerve, with plenty of blue trails for the rest of us mortals.

If that still isn't enough for you, spend an optional day skiing 3,000 acres of guided back country with the Selkirk Powder Company, adjacent to Schweitzer Mountain Resort. You can breathe easy; the summit is only 6,400 feet with a vertical drop of 2,440ft, so leave your oxygen tank at home.

The average annual snowfall is over 300 inches (762 cm). There are 92 named runs and open bowls on Schweitzer's sizable skiable area. The longest continuous groomed run is *Little Blue Ridge Run*, at 1.7 miles (2.7 km). Schweitzer's uphill lift capacity is 12,502 people per hour using seven chairlifts (a high-speed six-pack, two high-speed quads, 1 triple, and 3 doubles) and 3 surface tows, serving a skiing terrain rated at 20% beginner, 40% intermediate, 35% advanced, and 5% expert.

We will be staying at the Selkirk Lodge at the base of the mountain and about 100 yards from the main lifts. The hotel has an outdoor heated pool and three whirlpools. There are two bathrobes provided with each room. Also on site is a spa, restaurant and coffee shop.

\*The price could change due to airline fuel surcharges.

\*\*Your ski lift ticket can be exchanged for a ski lesson on another day, a credit in the Solstice Spa, a snowshoe experience and other options.

Contact: **Bill Egan**, Hudson Valley Ski Club,  
[snowdrifters@gmail.com](mailto:snowdrifters@gmail.com), 845-895-1714

**January 3 - 5**

**Bolton Valley**  
 Vermont. Naturally.

**\$270**

Trip Leader:

**Tom Pompeii**

2 nights lodging at the slope side Inn at Bolton Valley  
 2 ½ day all access lift ticket  
 2 catered breakfast buffets in Bailey's Restaurant  
 1 après ski party, inclusive of cheese platter and an available cash bar  
 1 catered dinner buffet in Bailey's Restaurant

Enjoy slope side lodging and catered meals without leaving the mountain!

The lift ticket includes a half day on Friday beginning at 4 p.m.

Check in time is after 4 pm Friday. Checkout is before 10 am Sunday.

**The Inn at Bolton Valley**

Located slope side and in the heart of the base area village, our true ski-in-ski-out hotel offers 60 traditional hotel rooms. Within the slope side village you will find dining options including the James Moore Tavern, Fireside Flatbread and The Bolton Valley Deli and Grocery, offering homemade soups and sandwiches plus Vermont products and souvenirs. The village is also home to Honey Bear Childcare and Bolton Valley Sports, a full rental, retail, and repair shop. The adjoining base lodge offers a cafeteria, ski school and ticket sales. Nordic skiing and snowshoeing are located a short walk away at the Bolton Valley Sports Center.

Deposit \$100 ~ Final payment \$170 due by Oct 31 ~ Cancellation penalty \$25

**more  
gore**



~Improvements for 13/14~

The new "Hedges" trail linking  
 Burnt Ridge Mtn to the North Side

3 Fresh Glades

New Deck for 100+ off the Tannery  
 Another Conveyor- this one is 150!

**Kids Program Improvements**

Early Season Council Days on 12/7 & 12/8  
 Just \$42/day

**(518) 251-2411 GoreMountain.com**



**January 18-25, 2014**

**\$1,540\***

**Trip Leader: John Macek**

*7-nights Condo lodging in Snowmass Village, Colorado  
5 of 6 day lift ticket with access to 4 incredible mountains  
Round trip air  
Ground transportation to and from the airports  
Welcome Reception*

Famous for its history, diverse terrain, amazing restaurants and legendary nightlife, Aspen/Snowmass is one of the most well-known resort destinations in the world. Four mountains - Snowmass, Aspen Mountain, Aspen Highlands, and Buttermilk offer a combined 5,285 acres of skiing which include eight terrain parks, four half pipes and 336 marked trails via 46 lifts.

For details about "Top of the Village" condominium at Snowmass Village read the September or October newsletter.

The ground transfers from Denver will include a grocery stop. Spaces are limited. Sign up policy will be strictly followed.

Trip insurance is recommended & available through the tour operator.

\*The price could change due to airline fuel surcharges.

*Payment schedule:* \$300 with the trip registration, \$200 each month by the first club meeting July through November, with final payment by the first club meeting of December. Minimum cancellation penalty \$100.

For information/sign-up, contact: **John Macek**  
Email [ski@jfmacek.com](mailto:ski@jfmacek.com) Phone 845-489-6056  
USPS mail: 36 Hillview Dr., Poughkeepsie, NY 12603

**Attention Bolton Valley Ski Trip Participants:**

You are welcome to extend your weekend by staying at The Telemark Ski Club House on Route 7 in Pittsford VT (in the Killington area); available Wednesday/Thursday January 1 & 2 and/or Sunday/Monday, January 5 & 6 (nights; don't arrive before 6:00 PM )  
(\$36 per person per night includes breakfast and linens)  
Visit: [www.telemarkskiclub.org](http://www.telemarkskiclub.org)  
For reservations or more info contact **Ellen Kelly** 845 225-0977

**Ski Club Appreciation Days**

**Gore Mountain \$42 \***

December 7, 8 & 23      January 17  
February 10              March 7, 22 & 23

\*Each person must show their photo id and current ski council or club card. Council day tickets may only be purchased at the Snow Sports Desk in the Northwest Lodge.

**Cancellation/Refund Policy For HVSC Ski Trips**

1. Minimum cancellation penalty is \$100 for week long trips and \$25 for shorter trips.
2. Cancellation requests must be in writing and will take effect the date they are received by the trip leader.
3. Penalties vary from trip to trip. Anyone who cancels from a trip will be assessed penalties as per our contract with the vendor. Whatever the club loses, the person who cancels will lose plus the \$100 cancellation penalty, however, the penalty will not exceed the total cost of the trip.
4. Refunds will not be issued until after the final accounting of the trip.



EVERYTHING FOR SKIING, SNOWBOARDING, CYCLING, KAYAKING & PAINTBALL

1611 ROUTE 22 BREWSTER, NY 10509 845-279-3100	1890 SOUTH ROAD (RT.9) POUGHKEEPSIE, NY 12601 845-298-9597	162 DANBURY RD. (RT. 7) NEW MILFORD, CT 06776 860-355-2001
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bubble lift!**

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**Ski Club Week****February 10 – 13****\$350\***

**MOUNT SNOW**  
VERMONT USA

Trip Leader: **Mark Searle**

- Sign up September 18

4 day lift ticket/3 nights lodging at the Grand Summit – Ski in/Ski out

Full Breakfast Buffet Daily

Ski club week activities which include: Ballroom Welcome Reception, Snow Barn Pizza Party, Ski Race, Tubing and other activities.

A repeat of a favorite! Spoil yourself with four days of great skiing combined with three nights at the luxury Grand Summit. After a phenomenal day on the slopes ski down to the hotel and hand off your equipment to the ski valet! What better way to top off the day than to enjoy the starry night from the outdoor heated pool or the two outdoor hot tubs! A group dinner on Wednesday Night at Harriman's will be available through the trip leader for \$28.

It doesn't get much better than this!

\*You may make one payment of \$350, two payments of \$175 each, or 3 payments of \$125, \$125 and \$100.

Trip Leader - **Mark Searle**(845) 471-6402, [HVSCSkiTeach@yahoo.com](mailto:HVSCSkiTeach@yahoo.com)

Mail: 18 Hartstone Drive  
Poughkeepsie, NY 12603

- Due date for final payment — January 8, 2014
- Cancellation fee - Minimum \$25

**SkiDUCK...**

Our club has collected a substantial amount of ski apparel and equipment over the past year. Last September Cheryl Corbett, Northeast Area Director, spoke at our meeting and was presented with a "First Installment" of donations. Since September additional donations have been collected that far exceed the First Installment.

We have had and will continue having the "Blue Barrel" at our meetings as an ongoing project for the club for you to add your no longer needed gloves, mitts, jackets, suits, pants, socks, thermal layers, hats, neck warmers, helmets, boots, poles etc. Periodically we will box up the goods and send them on to SkiDUCK.

**SkiDUCK (SK**ling and snowboarding for **D**isabled and **U**nderprivileged **C**hildren and older **K**ids) is a new, grassroots non-profit organization dedicated to enriching the lives of disabled and underprivileged children by sharing the joys of skiing and snowboarding.

**Holiday Sing-Along****Monday December 9**at the home of **Claudette Hennessy**.

Sing-Along and party start at 7:30 PM. We have the song books; if you play an appropriate instrument, bring it. Please bring your own beverages and a dish to share. As in years past, Claudette is again asking people to wear Period Dress, if possible.

Directions to Claudette's: From the Mid-Hudson Bridge, go south on Route 9W to Marlboro, turn left on Old Post Road across from the Village Square Mall. Claudette's is the 7th house on the left (#204 with mailboxes on a wagon wheel). From the Newburgh Beacon Bridge, north on Route 9W and right on Old Post Road. If you need more information, call Claudette at 236-7971 [[chennessy@hsysgrp.com](mailto:chennessy@hsysgrp.com)]

**Killington 3-Day Weekend****Feb 28 - Mar 2**

Cost \$342

*Killington*

Trip Leader: **Susan Kokosa**  
[shski2beach@yahoo.com](mailto:shski2beach@yahoo.com)

3 Nights Lodging ~ 3 Day Lift Ticket  
Full Hot Breakfast

We will be staying at the Inn of the Six Mountains which offers complimentary shuttle service to and from the Killington ski area.

\*You may make one payment of \$342, two payments of \$171 each, or 3 payments of \$121, \$121 and \$100. ~ Cancellation penalty \$25

**Chamber Of Commerce recognizes HVSC 75th Anniversary**

An official ribbon cutting at Poughkeepsie's Waryas Park on Friday November 1 will be one more way in which the HVSC 75th anniversary will be recognized and brought to public attention. Charlie North, the Chamber's President and CEO, assisted by members of his staff, will preside. The Ski Club has been a member of the Chamber for several years.

Club members attending this 4:00 PM photo op are asked to come with ski apparel and equipment to help create (in the likely absence of snow) a simulated ski-club appearance.

Waryas Park is located at the river end of Main Street. The ribbon cutting will be followed by a reception at nearby Amici's (35 Main St.) where participants will sign the commemorative ribbon. The reception will segue into the weekly Race Training. Don't miss this all-around good fun event. Photos of ribbon cuttings are published in the widely distributed monthly Chamber newsletter.



*Skiing and  
Snowboarding...  
Family Fun,  
Only Minutes Away!*



Get that tune-up before your next ski trip!

**Thunder Ridge Ski Area**

Route 22, Patterson, New York

**845-878-4100****[www.ThunderRidgeSki.com](http://www.ThunderRidgeSki.com)**

Just 75 minutes from NYC, 35 minutes from White Plains, N.Y.  
Ride the Metro-North Ski Train and take the FREE Shuttle  
from the Patterson Train Station!



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[www.potterbrothers.com](http://www.potterbrothers.com)

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 also in Middletown & Jiminy Peak

**How to Improve Your Skiing or Riding**

There are a few techniques that are proven to enhance one's skiing or riding abilities that many of us have most likely employed at one time or another during our skiing/riding careers. There's the tried and true method of practice. Simply doing it over and over and over again until, hopefully, it becomes second nature. For example, you probably tie your shoes without looking at them simply because you've done it so many times that your fingers have such a high degree of muscle memory. Hopefully, all of that practice allows you to get it right and your skill level improves. If not, then frustration sets in and ultimately one gives up. Not for lack of trying mind you but, simply because it doesn't work or it's not enjoyable. Something is missing. What is a person to do? As far as snow sports are concerned, (you're on your own with regard to tying your shoes) this is where your ski club gets involved. The HVSC can address, in a positive manner, the frustration you feel, the plateau that you seem to have reached and your perceived inability to make the leap from that plateau to a higher level of skiing and riding. Forget that "woe is me" attitude or the belief that you'll always be an intermediate – do something positive. The HVSC has the means to address the dilemma you may be experiencing.

The Ski Improvement Days that will be offered in conjunction with discount lift tickets at several local ski areas and the instruction on some club trips are the first steps to take to enhance your skiing or riding. These days allow members and their guests to take advantage of less expensive skiing and riding opportunities and free lessons from Certified and qualified instructors. Lessons will be available for everyone from first-timers to the upper intermediate who is having difficulty making the transition to being a truly expert skier. Come join us for one of the upcoming Ski Improvement Days and you'll be pleasantly surprised at how much better your skiing and riding will become. You may learn about the highly secretive French technique for ski improvement. Be sure to see the coming newsletter for more information about the ski improvement days and a schedule for the discount lift ticket opportunities.

If you plan to participate in one of the Ski Improvement Days, please contact the club's Instruction Coordinator, **Mark Searle** at (845)471-6402 or [HVSCSkiTeach@yahoo.com](mailto:HVSCSkiTeach@yahoo.com) to ensure that there will be appropriate instructors available for the given event.

**Should HVSC Allow Young Guests on Ski Trips?**

Recently the Trip Committee approached the Board of Directors about allowing young guests on our ski trips. When we had a lodge, and a willing trip leader, we were able to offer specially designated "Kids Weekends" to our members. These trips were very successful and gave parents, grandparents, etc., a great activity to share with their families and friends. Since that time, however, we have maintained a policy of adults only on our trips. There is nothing in the HVSC by laws to prohibit children from being on trips. We only have an age requirement for being a member.

The Trip Committee feels relaxing the present policy would be a great way to promote our retention and recruitment of membership. Young guest skiers would only be permitted when accompanied by a parent, guardian or approved adult supervisor whose responsibilities will be documented on a special trip registration form.

We realize not everyone shares our opinion and many enjoy the "adults only" atmosphere of our club. We also realize that we have lost many of our younger members once they began their families and that many of our veteran members have grandchildren they would like to take skiing.

The best way the Board of Directors can make a decision about relaxing our present policy is by listening to the members. This would be a great time to send a short email to John Macek ([ski@jfmacek.com](mailto:ski@jfmacek.com)), our Trip Committee liaison to the board, with your support or concerns about welcoming young guests.

**Nancy Egan**

**\$10 OFF**  
**Lift Tickets**

*Valid anytime non-holiday with your HVSC card!*



Roxbury, NY \* [plattekill.com](http://plattekill.com) \* (607) 326-3500

*Weichert*

Executive Club

**Therese "Terri" Searle**  
 Licensed Real Estate Broker Associate

Cell: 845-546-9260

Office: 845-473-2800

Email: [TSearle@hvc.rr.com](mailto:TSearle@hvc.rr.com)



[www.TerriSearle.com](http://www.TerriSearle.com)

1110 Town Square, Rt. 55  
 LaGrangeville, NY 12540



## Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Kokosa** 229-6786 [race\\_training@hudsonvalleyskiclub.org](mailto:race_training@hudsonvalleyskiclub.org)  
race training coordinator.

- October** 25 Poughkeepsie Ice House  
1 Main St Poughkeepsie
- November** 1 Amici's  
35 Main St Poughkeepsie  
after ribbon cutting at Waryas Park
- 8 75th Anniversary Gala**  
Joseph's Steak House Hyde Park
- 15 Fresco Chop and Ale House  
1639 Rt 376 Wappingers Falls
- 22 La Puerta Azul  
2510 Route 44 Salt Point
- (Wednesday)** 27 River Station Restaurant  
1 North Water St Poughkeepsie  
(Wednesday pre-Thanksgiving)
- 29 Antonella's 1830 South Rd (Route 9)  
Wappingers Falls



## Coming Events -- November 2013

- October** 26 Trail Cleanup—  
Dutchess Rail Trail
- November** 6 Meeting at Coppola's on 9 at 7:30
- 8 75th Anniversary Gala  
Joseph's Steak House Hyde Park
- 11 Veteran's Day  
"Thanks to our vets & those now serving."
- 20 Meeting at Coppola's on 9 at 7:30  
Program: Kirsty Digger
- 28 Happy Thanksgiving
- December** 4 Meeting at Coppola's on 9 at 7:30
- 9 Holiday Sing-along  
at Claudette's



You can visit the HVSC website—just scan with your Smartphone.  
Or: [goo.gl/Op3yT](http://goo.gl/Op3yT)

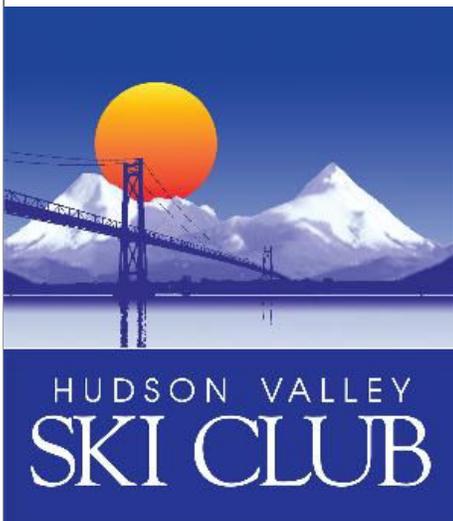
## Hudson Valley Ski Club

If undeliverable, please return to:  
183 Millers Lane  
Kingston, NY 12401

Mailing address:  
P.O. Box 2704

Poughkeepsie, New York 12603-2704  
[www.hudsonvalleyskiclub.org](http://www.hudsonvalleyskiclub.org)  
[info@hudsonvalleyskiclub.org](mailto:info@hudsonvalleyskiclub.org)

## November 2013



**75th Anniversary Gala**  
Joseph's Steak House Hyde Park  
November 8 (see page 1)

**Next Meetings:**  
**November 6 and 20**  
**at 7:30 PM**  
at Coppola's on 9,  
South Road, Poughkeepsie

