

# HVSC

## Hudson Valley Ski Club

Poughkeepsie, New York

\* 2013 \* Our 75th Year \*

Volume LXXV Number 3

March 2013

### Ski Trip to Jiminy Peak, Sunday March 3

The Dutchess County Regional Chamber Of Commerce (DCRCOC) has planned a family ski trip to Jiminy Peak for Sunday March 3.



This is a family event with a bus departing from the Chamber building (One Civic Center; corner of Main and Market, Poughkeepsie) at 6:00 AM. Starting at 5:30 AM participants will be able to eat or pack their breakfast for the trip in the Chamber offices (4th floor) consisting of coffee, juice, fruit, yogurt — healthy stuff !

Free weekend parking in the municipal high rise garage behind the Chamber building.

At the end of the day's skiing Jiminy Peak will provide some snacks while we're waiting for the bus, scheduled to leave for Poughkeepsie at 5:00 PM.

Cost of \$65 includes transportation, a lift ticket, and the breakfast. Non-skiers can also come for \$25. Equipment rentals, lessons and helmet are available for an additional cost.

This trip is sponsored by Orthopedic Associates Of Dutchess County and by Staff-Line, Inc.

To reserve your spot, call **Whitney** at 845-454-1700, X-1000. For info contact **Frank Van Zanten**, 845-473-1464, [VZColors@aol.com](mailto:VZColors@aol.com)

### MT. BACHELOR, Oregon

March 9-16, 2013

Trip Leader: **Jeff Elwyn**

Price: \$1438

Includes:

- o 7 Nights Lodging at Sun River Resort (Double Occupancy)
- 5 of 6 Day Lift Pass (Over 70? Subtract \$42 from trip price)
  - o Roundtrip Air
  - o Transportation to and from the Airports
  - o Free Shuttle to Slopes
  - o Wine and Cheese Welcome Party
  - o Daily Breakfast



Mt. Bachelor offers 360 degree skiing off the summit with over 3,000 acres of lift accessible terrain. Located on the eastern flanks of Oregon's Central Cascades, Mt. Bachelor is known for its light, dry snow, diverse terrain, and long seasons. The 2012 season ended May 27!

Please note that Mt. Bachelor is a National Park so there is no on-site lodging. A free 20-minute shuttle ride will get you to and from the mountain each day.

Sun River Resort is an upscale resort retreat. The property has a beautiful, remote and relaxing location. Rooms include a stone gas fireplace, private deck, refrigerator, complimentary wireless internet and iPod docking stations.

Visit: [www.mtbachelor.com](http://www.mtbachelor.com)

Trip Leader: **Jeff Elwyn**

For info: Call Jeff at 845-334-8732 or [skiercom@hvc.rr.com](mailto:skiercom@hvc.rr.com)

Mail checks to: Jeff Elwyn, 335 Pearl Street, Kingston, NY 12401



**Club Information****Club Officers**

**President:** vacant  
**Vice-President:** Carole Daniels  
**Secretary:** John Macek  
**Treasurer:** Jim Gahn  
**Sergeant at Arms:** Larry Slezak

**Board of Directors**

Herb Eschbach Susan Kokosa  
 Shirley Rinaldi Pamela Smith  
 Frank Van Zanten

**Committee Chairs****Budget and Finance:**

Carole Daniels

**Constitution:** John Macek**Events:** Susan Stark**Instruction:** Mark Searle**Marketing and Publicity:**

Craig Goldstein

**-Media Liaison** Christine Desmoni**Meeting Programs** Jim Gahn**Membership Services:**

Pete Gray

**-Sub-Chair: Welcoming, Mentoring,****Retention:** Shirley Rinaldi**Newsletter - Website:**

Mike Harelick

**Ski Council - Discount Tickets:**

Jim Gahn

**Ski Trips:** Bill Egan

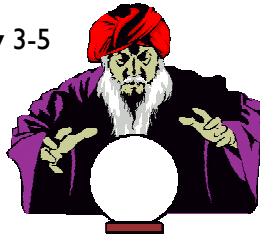
Contact information is  
 available in the Online  
 Membership  
 Directory  
 on the club  
 website

**Future Events...**

Friday-Sunday May 3-5

WHITEWATER  
 RAFTING

On the Upper  
 Hudson River  
 (see page 5) \*\*



Wednesday May 15

HVSC sponsored blood drive, co-sponsored  
 by Poughkeepsie Public Library, at Mid-  
 Hudson Library System auditorium, in  
 Poughkeepsie

1:30 to 6:30PM. Save the date. Recruit your  
 friends and relatives. The  
 drive is required to  
 produce a  
 minimum of 45  
 pints \*\*



Saturday

August 10

**Ski Club**  
**Garden Party** at  
 Frank and Lois Van  
 Zanten's  
 4:00 PM till ??

\*\* Rafting and Blood Drive  
 are special 75th Anniversary  
 events

**Newsletter Editors:**

Mike & Angie Harelick  
 183 Millers Lane  
 Kingston, NY 12401  
 845-339-4894  
 Deadline: 15th of the month  
[editor@hudsonvalleyskiclub.org](mailto:editor@hudsonvalleyskiclub.org)



Check the [www.HudsonValleySkiClub.org](http://www.HudsonValleySkiClub.org) website  
 for the most recent updates.

**Christine Desmoni**

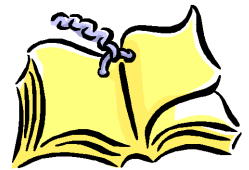
has accepted the  
 position of Club Liaison  
 to the local media. "We  
 are lucky to have her."  
 Craig Goldstein,  
 Marketing Chair

Her responsibilities would be to place  
 announcements and press releases in local  
 newspapers and radio stations.

Thank you, Christine, for accepting this position.

**2012-2013 Membership Directories**

are available. You can pick  
 up a copy at any HVSC  
 meeting or I can mail one to  
 you if you send me a self  
 addressed stamped 6"x9"  
 (minimum) envelope. For a  
 couples membership (2 directories), the postage is  
 \$1.30. For a single membership (1 directory), the  
 postage is \$1.10. **Pete Gray**

WINDHAM  
MOUNTAIN**the windham mountain ski club card**

- a \$25 membership fee\*
- a FREE anytime/non-holiday lift ticket\*
- direct to lift access
- \$25 off midweek lift ticket
- \$15 off weekend/holiday lift ticket
- must have valid ski club I.D.
- \* must be purchased by Dec. 25, 2012  
 after Dec. 25, 2012 card is \$30 free lift  
 ticket not included.



518.734.4300 ext. 1134 [sales@windhammountain.com](mailto:sales@windhammountain.com)



WILLIAM-SYKES REALTY

Bus: (845) 485-9960  
 Cell: (845) 505-3113  
 Fax: (845) 485-9978


[kathyaman1008@gmail.com](mailto:kathyaman1008@gmail.com)

266 Titusville Road, Suite 11  
 Poughkeepsie, NY 12603

**KATHY AMAN**

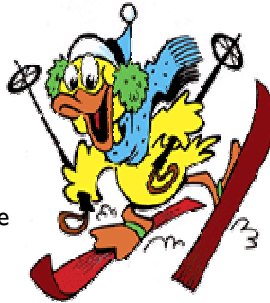
Lic. Associate R.E. Broker



## SkiDUCK...

Our club has collected a substantial amount of ski apparel and equipment this summer and presented to Cheryl Corbett at the September 5 meeting. We will continue having the "Blue Barrel" at our meetings for you to add your no longer needed gloves, mitts, jackets, suits, pants, socks, thermal layers, hats, neck warmers, helmets, boots, poles etc. Periodically we will box up the goods and send them on to SkiDuck.

**SkiDUCK** (SKIing and snowboarding for **D**isabled and **U**nderprivileged **C**hildren and older **K**ids) is a new, grassroots non-profit organization dedicated to enriching the lives of disabled and underprivileged children by sharing the joys of skiing and snowboarding.



SkiDUCK is committed to partnering with local organizations with similar goals of serving disabled and underprivileged children. And in areas where these needs aren't yet being served, we seek to establish a sustainable model of service with local resources and volunteers. If your community or organization is interested in partnering with SkiDUCK to establish or enhance a program to help children onto the slopes, give us a QUACK!

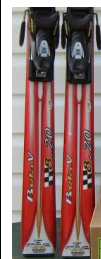
\* For even more information on Ski Duck, visit the May or June HVSC newsletter (on the [www.HudsonValleySkiClub.org](http://www.HudsonValleySkiClub.org) website, and click Newsletters.)



HVSC member **Mark Childs'** mother Katherine Childs passed away January 24. Our condolences to Mark and his family.



Saturday, March 9  
Set your clocks ahead  
Start Daylight Saving  
Time



## FOR SALE

Two lightly used pairs of Atomic 8.20 Beta Ride Skis  
Lengths 170 & 160 Marker M 6.2 bindings

\$50 each pair

Contact: **Kathy Aman** 845-505-3113  
[kathyaman1008@gmail.com](mailto:kathyaman1008@gmail.com)

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[www.catamountski.com](http://www.catamountski.com)

**\$42**  
Lift Tickets

**HVSC**  
**Appreciation Days**

Members show your club card at our  
Snow Sports Desk for \$42 lift tickets  
on February 25, March 4,  
or March 15!



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### How to Improve Your Skiing or Riding

There are a few techniques that are proven to enhance one's skiing or riding abilities that many of us have most likely employed at one time or another during our skiing/riding careers. There's the tried and true method of practice. Simply doing it over and over and over again until, hopefully, it becomes second nature. For example, you probably tie your shoes without looking at them simply because you've done it so many times that your fingers have such a high degree of muscle memory. Hopefully, all of that practice allows you to get it right and your skill level improves. If not, then frustration sets in and ultimately one gives up. Not for lack of trying mind you but, simply because it doesn't work or it's not enjoyable. Something is missing. What is a person to do? As far as snow sports are concerned, (you're on your own with regard to tying your shoes) this is where your ski club gets involved.

The HVSC can address, in a positive manner, the frustration you feel, the plateau that you seem to have reached and your perceived inability to make the leap from that plateau to a higher level of skiing and riding. Forget that "woe is me" attitude or the belief that you'll always be an intermediate – do something positive. HVSC has the means to address the dilemma you may be experiencing.

The Ski Improvement Days that will be offered in conjunction with discount lift tickets at several local ski areas and the instruction on some club trips are the first steps to take to enhance your skiing or riding. These days allow members and their guests to take advantage of less expensive skiing and riding opportunities and free lessons from Certified and qualified instructors. Lessons will be available for everyone from first-timers to the upper intermediate who is having difficulty making the transition to being a truly expert skier. Come join us for one of the upcoming Ski Improvement Days and you'll be pleasantly surprised at how much better your skiing and riding will become. You may learn about the highly secretive French technique for ski improvement. Be sure to see the coming newsletter for more information about the ski improvement days and a schedule for the discount lift ticket opportunities.

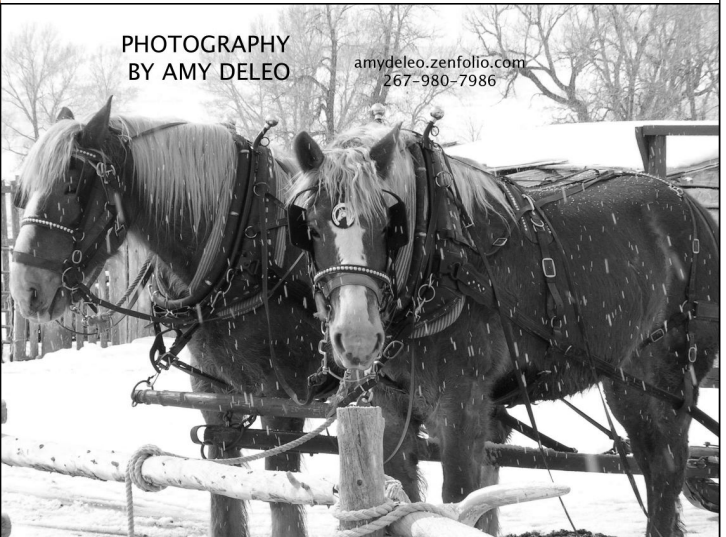
If you plan to participate in one of the Ski Improvement Days, please contact the club's Instruction Coordinator, **Mark Searle** at (845)471-6402 or [HVSCSkiTeach@yahoo.com](mailto:HVSCSkiTeach@yahoo.com) to ensure that there will be appropriate instructors available for the given event.



Nancy & Bill Egan, Trip Leaders at the 75th Anniversary Party on the Mount Snow Ski Trip  
Photo courtesy of David Allen



PHOTOGRAPHY BY AMY DELEO [amydeleo.zenfolio.com](http://amydeleo.zenfolio.com) 267-980-7986



PHOTOGRAPHY  
BY AMY DELEO

[amydeleo.zenfolio.com](http://amydeleo.zenfolio.com)  
267-980-7986

*Skiing and Snowboarding...  
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Daily and Six Week Lesson Programs Available

# Thunder Ridge Ski Area

Route 22, Patterson New York

845-878-4100

[www.ThunderRidgeSki.com](http://www.ThunderRidgeSki.com)

## Lift Ticket Lotto

The club holds **Lift Ticket Lotto** contests at each club meeting during the ski season. Several local ski areas have given the club lift tickets in exchange for ads in the newsletter. We will be giving away lift tickets to different ski areas at each meeting from October through March. All you need to do to get in on the hot action for this cool deal is to be sure to buy Lift Ticket Lotto tickets at the next meeting - don't get left out in the cold. When you win and later use a lift ticket from Lift Ticket Lotto, please take a moment to thank the ski area for their support of the HVSC. Ticket prices will be: 1 for \$1, 6 for \$5 & 15 for \$10

Winners of the 1/16 drawing are:

Catamount - Jim Gahn, Gore - Eric DelSanto, Hunter - Steve Wingard, Mt Snow - John Macek, Thunder Ridge - Jerry Rohling

Winners of the 2/6 drawing are:

Butternut - Herb Eschbach, Gore - Herb Eschbach, Mt. Snow - Shari Aber, Thunder Ridge - Craig Goldstein, Windham - Craig Goldstein



Lift tickets for the late February raffles are as follows:

February 20 – Catamount, Hunter, Mt. Snow, Plattekill

Mark Searle

use your **MOUSE!**  
point and **CLICK!**

# GO BIG & SAVE



## BIG LIFT<sup>CARD</sup>

Gets you 25% off weekend/holiday and 50% off midweek tickets, plus ONE FREE LIFT TICKET!

ONLY

**\$49**

## BIG LIFT+<sup>CARD</sup>

All the benefits of a regular Big Lift Card but includes TWO FREE LIFT TICKETS!

ONLY

**\$89**

To purchase yours: [huntermtn.com](http://huntermtn.com)

## EXCITEMENT THRILLS ACTION

75th Anniversary Event

## WHITEWATER RAFTING

May 3-5, 2013

On the Upper Hudson River

- 17 miles of rafting on Class III & IV rapids
- NYS Licensed Guides-Beaver Creek Outfitters
- Wet suits, helmets, PFD
- Lunch on the river

-Lodging: Inn on Gore, North Creek

-2 nights lodging

-2 Breakfasts

-Saturday dinner

-Cash bar – Friday and Saturday

-Lodging, Restaurant, Bar, Transportation to/from river — all at one location.

All for \$197. Register now for this Great Package.

\$95 due with Trip Registration Form; balance by April 15. Make checks payable to "HVSC Trips".

Trip Leader: **Herb Eschbach**, 208 Leedsville Road,

Amenia, NY 12501. [docherbe@optonline.net](mailto:docherbe@optonline.net) 373-9138

Additional local activities:

-Adirondack Adventure Festival May 3-5

-Whitewater Derby May 4-5

-Biking

-Hiking



## 2012—2013 Ski Season

| Dates          | Trip                 | Trip Leader   |
|----------------|----------------------|---------------|
| January 4-6    | Gore                 | Frank Rinaldi |
| January 19-26  | Steamboat, Colorado  | Jim Gahn      |
| February 8-10  | Vermont              | Sue Stark     |
| February 11-14 | Mount Snow, Vermont  | Nancy Egan    |
| March 9-16     | Mt. Bachelor, Oregon | Jeff Elwyn    |



### The Future of the Club is in Your Hands!

We are rapidly approaching the Hudson Valley Ski Club's Annual Meeting on Wednesday April 3, 2013. At that time eligible voting members will elect officers and board members to direct the operation of the club. Terms for officers are for one year and the two of four board member positions open for election are for two years each. In addition, the annual meeting is when we normally entertain amendments to the club's bylaws necessary to adjust to changing times.

Are you interested in making a difference in your club? Do you have leadership abilities? Do you have a gift for administration or management? A Hudson Valley Ski Club officer or board position may be for you! In order to remain a vibrant and growing organization we must continually infuse the leadership of the club with new people; this means you!

A Nomination/Election Committee will identify and recruit candidates. To be eligible, candidates, other than for club president, must be a voting member for one year. A candidate for president needs to be a voting member for two years. The committee will announce the slate of candidates at the second regular member meeting in March and publish it in the April newsletter. Nominations will be opened from the floor at the meeting at which the slate of candidates is presented to the membership and at the annual meeting.

The Board of Directors is not proposing any changes to the bylaws. Regular members may propose amendments to the bylaws in writing to the President, or Vice-President. If deemed urgent, a member may propose amendments at any time. The proposed change(s) will be presented to the Constitution Committee who shall see that the amendment(s) is presented to the general membership at least one regular meeting and one newsletter prior to the meeting at which a vote will take place. ➡



March 2013

### 3rd Annual Ski & Snowboard Council Trip—Sunday River, ME

March 17 – 22, 2013 Club member/Sr or Jr(65+;6-12): \$410/\$390 includes 5 nights lodging plus Adult ski lessons every-day (5 days) plus 5 & 1/2 day lift ticket. Contact Ed Dalton 908.406.2933 [fastedy77@aol.com](mailto:fastedy77@aol.com) or Al Modugno 732.291.8040

### NJ Ski & Snowboard Council/Mount Snow Awareness Days

Friday, Feb 22, 2013 \$44; Saturday, Feb 23, 2013 \$51; Sunday, Feb 24, 2013 \$49 Friday, Mar 15, 2013 \$44; Saturday, Mar 16, 2013 \$51

Members must present their club membership card.

For more NJSSC news, visit: [www.hudsonvalleyskiclub.org/njssc-news-2012.pdf](http://www.hudsonvalleyskiclub.org/njssc-news-2012.pdf) or for NJSSC info: [www.newjerseyskicouncil.org](http://www.newjerseyskicouncil.org)

Check your voting eligibility. Have you attended five regular meetings and one on-snow club event? If you are not sure, contact Membership Chairman, Pete Gray at the next regular meeting or via email to [pg4@pg4.net](mailto:pg4@pg4.net). If you are short a couple of meetings there is still time.

Be involved!

John Macek, Secretary HVSC

# \$10 OFF Lift Tickets

Valid anytime non-holiday with your HVSC i.d.



Roxbury, NY  
[www.plattekill.com](http://www.plattekill.com) (800) need-2-ski



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[MOUNTSNOW.COM](http://MOUNTSNOW.COM)



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Fishkill: 845.297.2941  
Toll free: 888.330.4941

## ADULT SKI & SNOWBOARD RACE LEAGUE

Annual President's Race

March 16

HUNTER MOUNTAIN



The Season Finale will be the Annual President's Race March 16 (note new date) presented by the New Jersey Ski Council (NJSC) at Hunter Mountain. Anyone who has ever participated in this event can attest to its success. This race is open to all HVSC members (children are also allowed to participate). Further details about this event will be announced at future meetings.

The races are all ON-SNOW events (unlike Friday Night Race Training) and open to all levels of skiers and boarders, men and women, from beginners to experts. All HVSC members are invited and encouraged to participate. It is a great opportunity to meet and ski with some of your fellow club members while improving your skiing skills and technique. This weekly event is meant to be FUN, so come on out and enjoy the thrills and spills that racing has to offer.

Any other racing events that come up during year will be announced at the meetings, appear in the newsletter or will be posted on the website.

For info, contact **Tom Pompei** at (845) 462-3944 or e-mail: [TVP606@optonline.net](mailto:TVP606@optonline.net). Hope to see everyone there!!!



EVERYTHING FOR SKIING, SNOWBOARDING, CYCLING, KAYAKING & PAINTBALL

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BREWSTER, NY 10509  
845-279-3100

1890 SOUTH ROAD (RT. 9)  
POUGHKEEPSIE, NY 12601  
845-298-9597

162 DANBURY RD. (RT. 7)  
NEW MILFORD, CT 06776  
860-355-2001

VISIT US AT [skihausonline.com](http://skihausonline.com)

**Weichert**

Executive Club

**Therese "Terri" Searle**  
Licensed Real Estate Broker Associate

Cell: 845-546-9260

Office: 845-473-2800

Email: [TSearle@hvc.rr.com](mailto:TSearle@hvc.rr.com)



[www.TerriSearle.com](http://www.TerriSearle.com)

1110 Town Square, Rt. 55  
LaGrangeville, NY 12540



**SPECIAL DISCOUNTS**  
for **ski club members!**

**Saturdays, Sundays & Midweek Holidays\***

|  |                                       |
|--|---------------------------------------|
| <b>\$40</b> sat & holiday lift tix \$20 SAVINGS        | <b>\$25</b> rental \$10 SAVINGS       |
| <b>\$35</b> sunday lift tix (non-holiday) \$20 SAVINGS | <b>\$20</b> group lesson \$20 SAVINGS |

\*Excludes MLK weekend 1/19-1/21/13 & President's weekend 2/16-2/18/13

For details visit: **[www.SkiButternut.com/Deals](http://www.SkiButternut.com/Deals)**  
380 State Road, Great Barrington, MA 01230 413.528.2000

## Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Kokosa** 229-6786 [race\\_training@hudsonvalleyskiclub.org](mailto:race_training@hudsonvalleyskiclub.org) race training coordinator.

- February** 22 Buffalo Wild Wings  
1794 South Rd Wappingers Falls
- March** 1 Ice House  
1 Main St Poughkeepsie  
(Happy Hr prices till 7 \$4 wines \$3 beers)
- 8 Antonella's  
1830 South Rd Wappingers Falls
- 15 Elaine's Tap and Table  
1112 Dutchess Tpk Poughkeepsie
- 22 Terrapin  
Montgomery St Rhinebeck  
(Joint with Trailsweepers)
- 29 Copperfield's  
2571 Route 44 Salt Point  
(Differents Band starts 7:30pm)

## Coming Events -- March 2013

- February** 20 Meeting at Coppola's on 9 at 7:30
- March** 3 Jiminy Peak Ski Trip (see page 1)
- 6 Meeting at Coppola's on 9 at 7:30  
Board meeting at 6:30
- 9-16 Ski Trip to Mt. Bachelor, Oregon
- 10 Daylight Savings Time begins  
Move your clock forward one hour
- Note new date >** 16 President's Race at Hunter Mt
- 17 Happy St Patrick's Day
- 20 Meeting at Coppola's on 9 at 7:30
- 3 Meeting at Coppola's on 9 at 7:30  
Board meeting at 6:30



Don't even need to take the staple out to read this newsletter (or other recent newsletters)—just scan with your Smartphone.  
Or: [goo.gl/cySu7](http://goo.gl/cySu7)



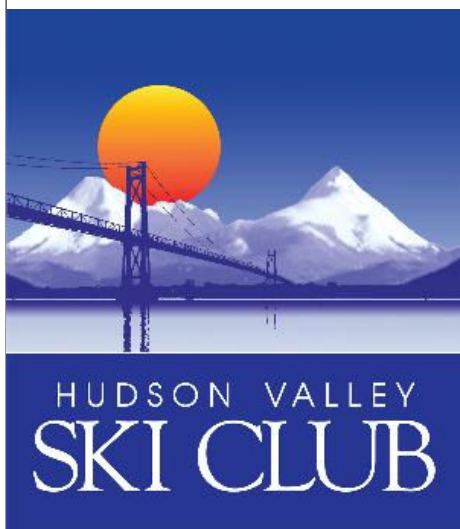
## Hudson Valley Ski Club

If undeliverable, please return to:  
183 Millers Lane  
Kingston, NY 12401

Mailing address:  
P.O. Box 2704

Poughkeepsie, New York 12603-2704  
[www.hudsonvalleyskiclub.org](http://www.hudsonvalleyskiclub.org)  
[info@hudsonvalleyskiclub.org](mailto:info@hudsonvalleyskiclub.org)

## March 2013



← You can visit the HVSC website—just scan with your Smartphone.  
Or: [goo.gl/Op3yT](http://goo.gl/Op3yT)

**Next Meetings:**  
**March 6 & 20 at 7:30**  
at Coppola's on 9,  
South Road, Poughkeepsie

