

HVSC

Hudson Valley Ski Club

Poughkeepsie, New York
 * 2012 * Our 74th Year *

Volume LXXIV Number 10

October 2012

Catamount Aerial Adventure

Saturday, October 13

Our third annual trip to play in the trees and on the zip lines at Catamount's Aerial Adventure park is on Saturday October 13. Sign up and payment is due by the October 3 meeting.

On Saturday October 13. Meet at Catamount base lodge in Hillsdale NY at **8:30 am sharp**. Please arrive on time, you need to be fitted for a harness and have a safety talk before going onto the course. To save time you can print and fill out the release form ahead of time.

Time in the trees from 9 am - 12 noon
 Price per person \$41 (lunch is not included)
 Sign up at club meetings or send a check made out to HVSC to: **Susan Stark**, 6 Myrtle Ave, Pine Plains, NY 12567



Other things to know: Wear comfortable clothes, dress in layers, it may be cool in the morning. Wear sneakers or hiking boots - no sandals. If you have long hair, keep it tied back. They have gloves but you may want to bring your own. If people are interested we can have lunch at 4 Brothers Pizza afterwards.

Check out Catamount's website: www.catamounttrees.com to see some of the photos and videos of the Adventure course.

If you have questions call or contact Susan at events@hudsonvalleyskiclub.org

SkiDUCK...

Our club has collected a substantial amount of ski apparel and equipment this summer and presented to Cheryl Corbett at the September 5 meeting. We will continue having the "Blue Barrel" at our meetings for you to add your no longer needed gloves, mitts, jackets, suits, pants, socks, thermal layers, hats, neck warmers, helmets, boots, poles etc. Periodically we will box up the goods and send them on to SkiDuck.

SkiDUCK (SKIing and snowboarding for Disabled and Underprivileged Children and older Kids) is a new, grassroots non-profit organization dedicated to enriching the lives of disabled and underprivileged children by sharing the joys of skiing and snowboarding.



SkiDUCK is committed to partnering with local organizations with similar goals of serving disabled and underprivileged children. And in areas where these needs aren't yet being served, we seek to establish a sustainable model of service with local resources and volunteers. If your community or organization is interested in partnering with SkiDUCK to establish or enhance a program to help children onto the slopes, give us a QUACK!

* For even more information on Ski Duck, visit the May or June HVSC newsletter (on the www.HudsonValleySkiClub.org website, click Newsletters.)

HVSC/TSSC Softball Challenge & Picnic

Results: **TSSC Wins!**

Sunday September 16
 At the Rosendale
 Recreation Center



The final score of 10-6 (see score box below) allowed the crown to be returned to TSSC. (HVSC won in 2011; TSSC won 2010 and 2009; HVSC, in 2008 and 2007; and TSSC, in 2006). I guess every two years it had been changing hands, but that streak seems to be broken.

Perhaps the most interesting inning included Mark Booska (ex-president of HVSC, but playing this year for TSSC) rounding all the bases, even if on errors, and later the same inning, Kevin Kokosa running over — or should I say falling over — home plate. He was able to scramble back to the plate safely. The sandy path from home to first also seemed more slippery than expected and many batters seemed to fall, crawl and stumble their way down the baseline. Lots of fun.



Lunch and buffet dinner, as prepared by Bill Ennist, Eleanor Freiley, John Janendo and their helpers, were as always extraordinary. Thanks as always.

	1	2	3	4	5	6	7	8	9	Total
TSSC	0	0	6	4	0	0				10
HVSC	0	1	2	2	0	1				6



Schools are open and "trick-or-treaters" will be walking. So Drive Carefully...

Club Information

Club Officers

President: vacant
Vice-President: Carole Daniels
Secretary: John Macek
Treasurer: Jim Gahn
Sergeant at Arms: Larry Slezak

Board of Directors

Herb Eschbach Susan Kokosa
 Shirley Rinaldi Pamela Smith
 Frank Van Zanten

Committee Chairs

Budget and Finance:

Carole Daniels

Constitution:

John Macek

Events:

Susan Stark

Instruction:

Mark Searle

Marketing and Publicity:

Craig Goldstein

Meeting Programs

Jim Gahn

Membership Services:

Pete Gray

-Sub-Chair: Welcoming, Mentoring,

Retention: Shirley Rinaldi

Newsletter - Website:

Mike Harellick

Ski Council - Discount Tickets:

Jim Gahn

Ski Trips:

Bill Egan

Contact information is available in the Online Membership Directory on the website:

www.hudsonvalleyskiclub.org

Or queries may be sent to info@hudsonvalleyskiclub.org

Welcome to the following new members!

John Kleinfeldt Bill Reese
 Mary Lou Mazzara



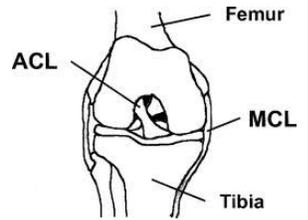
Just a brief reminder to use your new password when accessing the "Members Only" area of the website.

The old one is working now, but will no longer be recognized after October 3. You will find the new password on the back of your 2012-2013 membership card. webmaster@hudsonvalleyskiclub.org



Meeting Programs:

Jeff Elwyn will give a presentation at the November 7 HVSC meeting on "Preventing ACL Injuries" with talk, video and Q & A.



Newsletter Editors:

Mike & Angie Harellick
 183 Millers Lane
 Kingston, NY 12401
 845-339-4894
 Deadline: 15th of the month
editor@hudsonvalleyskiclub.org



Check the www.HudsonValleySkiClub.org website for the most recent updates.



WILLIAM-SYKES REALTY

Bus: (845) 485-9960
 Cell: (845) 505-3113
 Fax: (845) 485-9978

Kaman1@hvc.rr.com

266 Titusville Road, Suite 11
 Poughkeepsie, NY 12603



KATHY AMAN
 Lic. Associate R.E. Broker

A Message from the Board:

Well... one more month until the 2012-2013 ski season's snow flies! Many ask, "Where did the Spring/Summer go?" Think about it... HVSC moved its meetings to Coppolas on 9 with record attendance at the summer meetings. I think you are enjoying the new venue. Thanks go out to John Macek, who spent considerable time researching suitable locations.

Also in April we launched a campaign to collect clothing and equipment to donate to the SkiDuck organization. WOW!!! Many of you cleaned out closets and drawers bringing unused items to the "Blue Barrel" at our summer meetings. On September 5 we surprised our guest speaker, Cheryl Corbett, Eastern Coordinator of SkiDuck. She wrote, "I wanted to Thank You So Much for the wonderful surprise last night. On behalf of the children & SkiDuck, I would like to Thank You & your club members for generosity and your efforts. You guys all blew me away. I am most humbled." We will continue having the "Blue Barrel" at our meetings for you to add your no longer needed gloves, mitts, jackets, suits, pants, socks, thermal layers, hats, neck warmers, helmets, boots, poles etc. Periodically we will box up the goods and send them on to SkiDuck.



No organization, profit or non-profit, moves forward without active participation and volunteering on the part of its members. The year 2013 marks HVSC's 75th year. The anniversary Chair, Craig Goldstein, has been diligently holding committee meetings for several months developing plans for monthly events during 2013 to commemorate the 75th

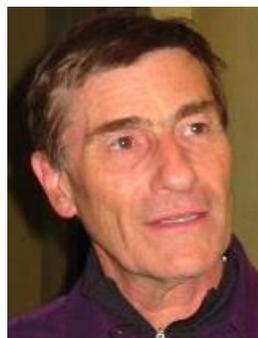
anniversary. If you haven't yet, please contact Craig or a Board member to ask what you can do to help and participate in some capacity to plan and execute your club's programs and activities this coming anniversary year.

We are looking for good interesting speakers to give presentations at our regular meetings. Topics can span a multitude of areas and are not limited to snow/sports. Please propose any possible presenter to Jim Gahn, Program Chair.

There are spaces for skiers/snowboarders to join the Mt. Bachelor, Oregon ski trip in March. It's unique and a great venue to celebrate 75 years. Sign up soon.

See you in October.

Jim Gahn, Club Treasurer



Lift Ticket Lotto

The club holds **Lift Ticket Lotto** contests at each club meeting during the ski season. Several local ski areas have given the club lift tickets in exchange for ads in the newsletter. We will be giving away lift tickets to different ski areas at each meeting from October through March. All you need to do to get in on the hot action for this cool deal is to be sure to buy Lift Ticket Lotto tickets at the next meeting - don't get left out in the cold. When you win and later use a lift ticket from Lift Ticket Lotto, please take a moment to thank the ski area for their support of the HVSC. Ticket prices will be: 1 for \$1, 6 for \$5 & 15 for \$10

Lift ticket lotto will resume with the October meeting and lift tickets from the following ski areas will be offered:

- Butternut, - Gore, - Hunter, - Mount Snow

Mark Searle hvscskiteach@yahoo.com



The Honor is his (hers)!

It is always a real treat when you can ski with someone who, besides being a good skier or snowboarder, is also just a pleasant person to be with, kind of makes your day more fun and memorable. Many of us have had that kind of experience when making a run or two, or three, with Frank Van Zanten.



Even besides those slope experiences, Frank brings his intelligence and insight to our Board of Directors. We could easily say that he leaves no stone unturned, noted by how frequently he comments or inquires about topics before the club, even including correcting grammar for articles. His devotion to duty has been recognized by others in our community.
Herb Eschbach

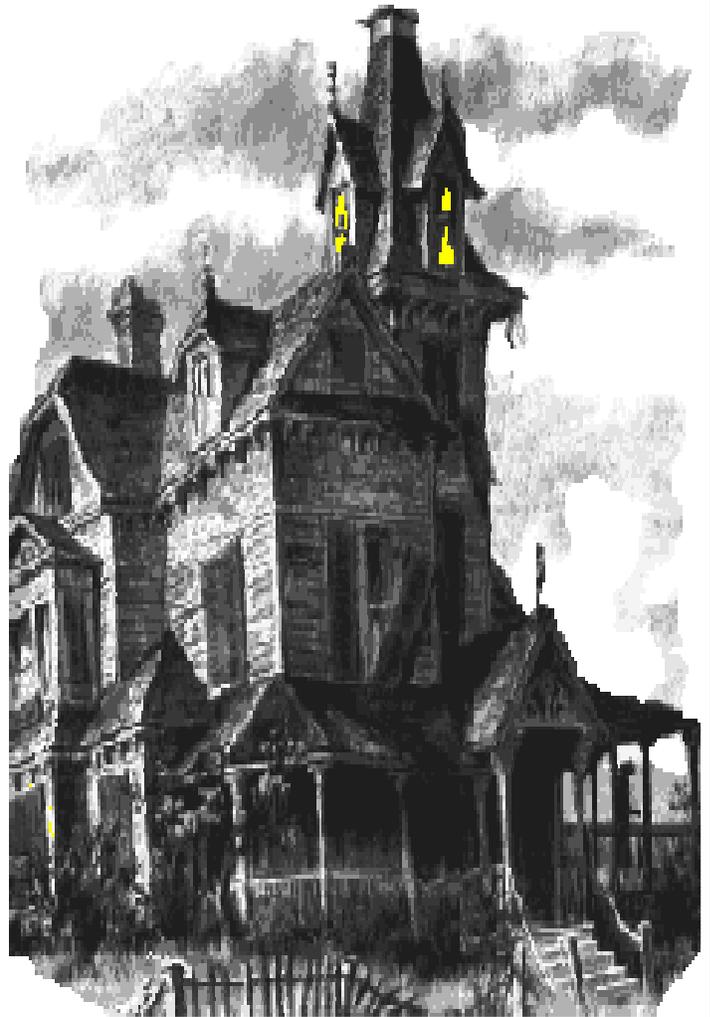


The Friends of the Poughkeepsie Public Library District will salute Frank and Lois Van Zanten as the recipients of this year's Adriance Honors. The Van Zanten's support for public libraries borders on the heroic. Following Frank's long and illustrious career as a librarian, culminating with 18 years as the Director of the Mid-Hudson Library System, the Van Zantens have continued to be fully engaged in organizing and celebrating what is one of the largest used book sales in the Northeast. The event raises about \$70,000 each year to support the Poughkeepsie Public Library District.

Frank credits Lois with taking responsibility for much of the organizing while he is focused on the business of dealing with the books. Lois has also made her own valuable contribution to the community in other ways. After receiving her Master's Degree in Clinical Psychology from Marist College, she worked for REHAB (now Abilities First) in Poughkeepsie for 18 years.

Frank and Lois will receive the award on Thursday, October 25, at Locust Grove with the Honorable Albert and Julia Rosenblatt serving as Honorary Chairs of the event.

Source: Poughkeepsie Public Library District



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To purchase yours: huntermtn.com



STEAMBOAT, Colorado

January 19-26, 2013

Trip Leader:

Jim Gahn

Price: \$1,425



“The Steamboat trip announcement that the trip presently is filled, but interested parties can place themselves on a wait list. Presently only one person is on it.” *Jim*

Includes:

7 nights lodging at the Ptarmigan Inn – Ski in/Ski out

- o 5 of 6 day lift pass
- o Roundtrip Air
- o Transportation to and from airports
- o Wine and Cheese Welcome Party
- o Daily Breakfast Buffet

Ptarmigan Inn is a modest ski in/ski out property adjacent to the base area gondola. Hotel amenities include the Snowbird Restaurant & Lounge, outdoor heated pool & hot tub, sauna, in-room coffee makers, hair dryers, irons & ironing boards, and complimentary internet throughout the hotel. On site ski amenities include the Christy Sports Ski and Snowboard rental and repair shop, and complimentary valet storage.

Deposit: \$200

Payment schedule: \$200 July, August, September, October, November, with balance due December.

Cancellation Penalty: Minimum \$100. Please see trip leader for additional penalty information.

THE TRIP COMMITTEE STRONGLY SUGGESTS PARTICIPANTS PURCHASE TRIP INSURANCE.

Hudson Valley Ski Club Meeting Location



2373 South Rd.
(Route 9 just south of IBM)
Poughkeepsie, NY 12601
845-462-4545

The Hudson Valley Ski Club holds its board and member meetings at **Coppola's on 9**, located at the intersection of IBM Road and South

Road (Route 9), just south of the IBM facility, in Poughkeepsie.

Meetings will normally be conducted in the large banquet room at the rear on the main floor. Coppola's has a lively bar on the lower level which should be great for socializing before and after meetings. The restaurant on the main floor features fine Italian dining for which all the Coppola family restaurants are well known.

MT. BACHELOR, Oregon

March 9-16, 2013

Trip Leader: **Jeff Elwyn**

Price: \$1438



Includes:

- o 7 Nights Lodging at Sun River Resort (Double Occupancy)
- o 5 of 6 Day Lift Pass (Over 70? Subtract \$42 from trip price)
- o Roundtrip Air
- o Transportation to and from the Airports
- o Free Shuttle to Slopes
- o Wine and Cheese Welcome Party
- o Daily Breakfast

Mt. Bachelor offers 360 degree skiing off the summit with over 3,000 acres of lift accessible terrain. Located on the eastern flanks of Oregon's Central Cascades, Mt. Bachelor is known for its light, dry snow, diverse terrain, and long seasons. The 2012 season ended May 27! Please note that Mt. Bachelor is a National Park so there is no on-site lodging. A free 20-minute shuttle ride will get you to and from the mountain each day.

Sun River Resort is an upscale resort retreat. The property has a beautiful, remote and relaxing location. Rooms include a stone gas fireplace, private deck, refrigerator, complimentary wireless internet and iPod docking stations.

Visit: www.mtbachelor.com

Trip Leader: **Jeff Elwyn**

For info: Call Jeff at 845-334-8732 or skiercom@hvc.rr.com

Mail checks to: Jeff Elwyn, 335 Pearl Street, Kingston, NY 12401

Deposit: \$200 Payment schedule: \$200 July, August, September, October, November with balance due December.

Cancellation Penalty: Minimum \$100. Please see trip leader for additional penalty information.

THE TRIP COMMITTEE STRONGLY SUGGESTS PARTICIPANTS PURCHASE TRIP INSURANCE.



Happy Columbus Day

Trip Registration Forms

are available from the trip leaders or online.

Complete the TRIP REGISTRATION FORM** and submit to the appropriate trip leader with your deposit.

Each GUEST participant on a HVSC trip must sign a WAIVER FORM. HVSC members sign the Waiver Form as part of their Membership Registration.

** Please use this NEW 2011 Trip Registration form due to airline requirements to use full (first, middle and last names) plus date of birth.

The following trips for 2013 have been announced:

Dates	Trip	Trip Leader
January 19-26	Steamboat, Colorado	Jim Gahn
February 11-14	Mount Snow, Vermont	To be determined
March 9-16	Mt. Bachelor, Oregon	Jeff Elwyn

Mid Hudson Animal Aid Charity Event!

A free-range, no kill cat shelter presents...

Catoberfest



Tuesday, October 2, 7:30-9:30 pm

The Hop, 457 Main Street,
Beacon

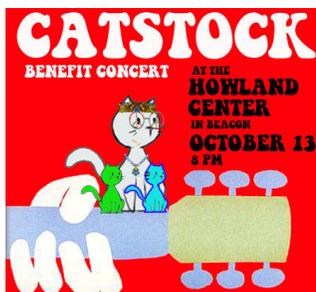
\$40.00 includes buffet dinner
and beer sampler

Cash bar also available

For tickets, call 845-831-4321 or
info@midhudsonanimalaid.org

Mid Hudson Animal Aid

A free-range, no kill cat shelter presents...



CATSTOCK BENEFIT CONCERT

October 13 at 8:00 pm

Various local bands and
musicians will be performing!!

\$15.00 Entry fee

Refreshments served

For tickets or information, call 845-831-4321 or

info@midhudsonanimalaid.org

Fall Hiking 2012



The daily high is expected to be 60 - 65 degrees and the air smells crisp and fresh. As you take that last mouthful of morning brew you tie your boots, grab your pack, remember to lock the door and jump in the car.

A day on the trails in the great outdoors... can life get any better? Well, perhaps some snow...

oh wait, we had some last October for Halloween. Yes indeed, the hiking season will soon be upon us and the call for facilitators is now out. Last year a list of hikes was offered but that got changed and then changed again. So, I am back to putting out the dates and I'll make some suggestions. You have the option to pick the hike you want on either the Saturday or Sunday. Thank you in advance for your assistance in delivering a fun-filled season.

The Kick-Off Hike will be October 6 at North Lake and will be facilitated by none other than our own John Brooks. Further hikes will be held on the following weekends:

October 13/14, 20/21, 27/28, November 3/4, 10/11

Suggested hikes: Shaupeneak Ridge, Black Creek, Huckleberry Point, Stony Kill Falls, Duck Pond

Any of the various hikes at Minnewaska (ie: Beacon Hill Trail, Blueberry Run, Gertrude's Nose, Castle Point, etc.)

Any of the various hikes at Mohonk Preserve (ie: Rock Rift, Chapel Hill, Stokes (including Mohonk Gardens) Sky Top, etc.)

Breakneck Ridge, Ashokan High Point, Overlook Mt.,

Any of the Catskill Mountains or perhaps a section of the Long Path

To choose your date please contact **Ellen Berlin** (Excalibur) at zeeventure.woman@gmail.com or (845) 594-2105



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www.potterbrothers.com

TSSC Kick-Off Dinner & Dance 2012

Saturday, November 10th 7:00- 11:00pm

STONEHEDGE RESTAURANT

694 Broadway (Route 9W), West Park 384-6555



There will be a four course sit down dinner, plenty of dance music courtesy of our DJ Steve Whateley who takes plenty of your music requests. There will be door prizes, trivia to give out more prizes and a 50/50 raffle.

\$33.00 per person.

Please make reservations by November 6.

TSSC Kick-Off Dinner & Dance 2012

_____ Boneless Chicken _____ How Many Attending
_____ with Sage Stuffing _____ Ski Club (TSSC or HVSC)
_____ Boneless Pork Loin
_____ Sole Franchise

Your name _____

Your phone _____

Please fill in above and give or send with your check payable to TSSC:

Janet Mihm
28 Mauro Court
Saugerties, NY 12477

845-246-1742

No Refunds after November 8



EVERYTHING FOR SKIING, SNOWBOARDING, CYCLING, KAYAKING & PAINTBALL

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845-279-3100 845-298-9597 860-355-2001

VISIT US AT skihausonline.com

Ski Butternut SPECIAL DISCOUNTS for ski club members!

Saturdays, Sundays & Midweek Holidays*

\$40 sat & holiday lift tix \$20 SAVINGS
\$35 sunday lift tix \$20 SAVINGS

\$25 rental \$10 SAVINGS
\$20 group lesson \$20 SAVINGS

*Excludes: MLK weekend 1/19-1/21/13 & President's weekend 2/16-2/18/13

For details visit: www.SkiButternut.com/Deals
380 State Road, Great Barrington, MA 01230 413.528.2000

Weichert

Executive Club

Therese "Terri" Searle
Licensed Real Estate Broker Associate

Cell: 845-546-9260
Office: 845-473-2800
Email: TSearle@hvc.rr.com

www.TerriSearle.com

1110 Town Square, Rt. 55
LaGrangeville, NY 12540



Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Kokosa** 229-6786 race_training@hudsonvalleyskiclub.org
race training coordinator.

- September** 21 Shadows on the Hudson
 176 Rinaldi Blvd Poughkeepsie
- 28 Gunk Haus
 387 South St Clintondale
- October** 5 Antonella's
 1830 South Rd Wappingers Falls
- 12 Shadows on the Hudson
 176 Rinaldi Blvd Poughkeepsie
- 19 La Puerta Azul
 2510 Route 44 Salt Point
- 26 Carmine's Lounge
 (Umbertos Mamma Marisa)
 2245 South Rd Poughkeepsie

Coming Events -- October 2012

October

- 3 Meeting at Coppola's on 9 at 7:30
Board meeting at 6:30
- 8 Columbus Day
- 13 Catamount Aerial Adventure
- 14 Columbus Day
- 17 Meeting at Coppola's on 9 at 7:30
- 31 Halloween



November

- 7 Meeting at Coppola's on 9 at 7:30
with Jeff Elwyn on ACL Injury Prevention
Board meeting at 6:30
- 10 TSSC Kick-Off Dance
- 11 Veterans Day

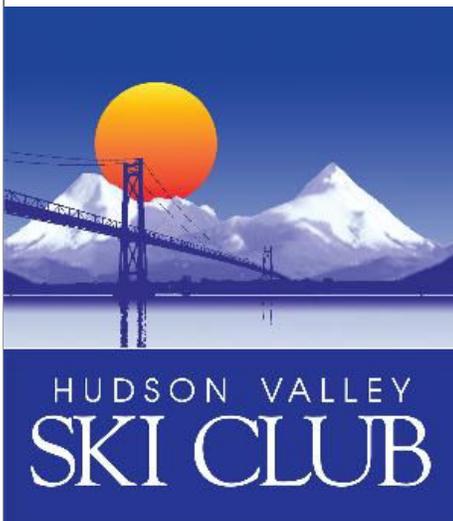
Hudson Valley Ski Club

If undeliverable, please return to:
183 Millers Lane
Kingston, NY 12401

Mailing address:
P.O. Box 2704

Poughkeepsie, New York 12603-2704
www.hudsonvalleyskiclub.org
info@hudsonvalleyskiclub.org

October 2012



2013 Ski Trips:

Complete the TRIP REGISTRATION FORM and submit to trip leaders.
More info inside & at club meetings.

Next Meetings:

October 3 & 17 at 7:30
at Coppola's on 9,
South Road, Poughkeepsie

