



HVSC

Hudson Valley Ski Club

Poughkeepsie, New York
* 2011 * Our 73rd Year *

Volume LXXIII Number 10

October 2011

Catamount Aerial Adventure

Saturday, October 22

Our third annual trip to play in the trees and on the zip lines at Catamount's Aerial Adventure park is on Saturday Oct 22.

Sign up and payment was due by October 12.

On Saturday October 22. Meet at Catamount base lodge in Hillsdale NY at 8:30 am sharp.

Please arrive on time, you need to be fitted for a harness and have a safety talk before going onto the course. To save time you can print and fill out the release form ahead of time.

Time in the trees from 9 AM - 12 noon

Price per person \$39 (lunch is not included)



Other things to know: Wear comfortable clothes, dress in layers, it may be cool in the morning. Wear sneakers or hiking boots - no sandals. If you have long hair, keep it tied back. They have gloves but you may want to bring your own. Afterwards we will go to Mt Washington Tavern in beautiful downtown Hillsdale for lunch and liquid refreshments.

Check out Catamount's website: www.catamounttrees.com to see some of the photos and videos of the Adventure course.



2011 Holiday Party

Friday December 2

at Villa Borghese, 70 Widmer Road,
Wappingers Falls

There will be a cocktail hour starting at 6 PM with a cash bar and there be 13 varieties of hor d'oeuvres plus fresh vegetable crudities and a platter of imported cheeses. Dinner and dancing from 7 till 11 PM. Dinner will start with a salad. The main course will have a choice of 3 entrees. Dessert will be coffee or tea and cake. There will be a live band this year for your dancing pleasure.

Price is \$50 per person.

Please make reservations at regular club meetings or you can mail your reservation to **Susan Stark**, 6 Myrtle Ave, Pine Plains, NY 12567.

For more information please contact
events@hudsonvalleyskiclub.org

To see the venue - <http://www.thevillaborghese.com/>

Sunset Wine Cruise

on the Hudson aboard Empire Cruise Line **Mystere**

Please note: this is a Thursday not Friday event. This is wine and food tasting , dinner is not included in the price.

Date: Thursday
September 29

Time Boarding 5:30-5:45pm,
departs 6 pm sharp

Cruise 6pm- 8pm

Price \$28 per person



Make your reservation and send payment by September 22 to **Susan Stark**

Step aboard the *Mystère* and cruise the majestic Hudson River enjoying beautiful sunset views of historic river edge mansions and soaring mountains all while sampling wines from Tousey Winery, Clermont, NY.



During your excursion, you'll learn all about the wines of Tousey and enjoy a complimentary glass of wine in a commemorative glass which is yours to keep. While you enjoy your wine, sample the Hudson Valley's emerging food artisans. If something strikes your fancy,

perhaps a particular chocolate, or cheese, or a style or two of wine, purchase it directly while aboard! The thoroughly enjoyable and educational narrative introduces you to the techniques and subtleties involved in selecting, pairing and appreciating a wine.

Ships Dock Address:
Waryas Park
(end of Main St
below the train station)
29 North Water Street
Poughkeepsie New
York 12601
Phone Toll Free (866)
797-9024



Club Information

Club Officers

President: Herb Eschbach
Vice-President: Susan Stark
Secretary: John Macek
Treasurer: Jim Gahn
Sergeant at Arms: Larry Slezak

Board of Directors

Mark Booska Susan Kokosa
 Kevin Kokosa Shirley Rinaldi
 Mark Searle

Committee Chairs

Budget and Finance:

Carole Daniels

Constitution:

vacant

Events:

Susan Stark

Instruction:

Mark Searle

Marketing and Publicity:

Craig Goldstein

Meeting Programs

Jim Gahn

Membership Services:

Pete Gray

-Sub-Chair: Welcoming, Mentoring,

Retention:

Shirley Rinaldi

Newsletter - Website:

Mike Harellick

Ski Council - Discount Tickets:

Jim Gahn

Ski Trips:

Bill Egan

Contact information is available in the Online Membership Directory on the website:

www.hudsonvalleyskiclub.org

Or queries may be sent to info@hudsonvalleyskiclub.org

-Volunteers don't get paid, not because they're worthless, but because they're priceless." Sherry Anderson (Canadian curling champion)



"Appreciation is a wonderful thing. It makes what is excellent in others belong to all of us." Voltaire (French satirist)



"Laughter is the shortest distance between two people." Victor Borge (Danish pianist & humorist)

Welcome to the following new members!

Wayne Mallen Gregg Woolston

Pete Gray membership@hudsonvalleyskiclub.org



Just a brief reminder to use your new password when accessing the "Members Only" area of the website.

The old one is working now, but will no longer be recognized after October 5. You will find the new password on the back of your 2011-2012 membership card.



The HVSC Board of Directors has decided (but not in time for the September newsletter) to resume the **twice-a-month** club meeting schedule from September through April.



Newsletter Editors:

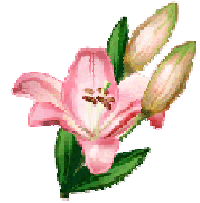
Mike & Angie Harellick
 183 Millers Lane
 Kingston, NY 12401
 845-339-4894
 Deadline: 15th of the month
editor@hudsonvalleyskiclub.org



Check the www.HudsonValleySkiClub.org website for the most recent updates.

Past HVSC member **Phil Carter** passed away on Tuesday, August 23 at the nursing home in Tunkhannock, PA. He suffered a massive stroke that morning and passed away that evening without ever regaining consciousness.

Condolences may be sent to:
 The Carter Family
 c/o Sayles
 West Tioga St.
 Tunkhannock, PA, 18507.



Phil donated his body to science, so a memorial will be scheduled at a later time when the remains are returned. Phil's special charity was Juvenile Diabetes Research. www.jdrf.org

Programs:

- = At our October 5 meeting we have Dr. David Stamer, Orthopedic Physician, speak regarding ski related injuries, and treatment.
- = At our October 19 meeting Chris Maffeo, co-owner of Bakwoods.com, will be speaking and presenting their new Snowboard Video. "Bakwoods is an independent skate and snowboard apparel company based locally in New Paltz. Each year we release a new movie featuring riding from around the northeast."
- = Wednesday, November 16: Tentatively Tim Denman former assistant coach of the NFA ski team and its most famous Olympian, Thomas Vonn

For additional info, contact: **Jim Gahn** earmaster@juno.com

INCREDIBLE SAVINGS FOR SKI CLUBS!

<p>\$40 HOLIDAY LIFT TICKETS <small>20% Savings</small></p> <p>\$35 WEEKEND (non-holiday) LIFT TICKETS <small>20% Savings</small></p> <p>\$25 RENTAL <small>10% Savings</small></p> <p>\$20 LESSON <small>20% Savings</small></p>	<p>Discounts valid Saturday, Sunday & Holiday weekdays. <small>Not Valid: MLK weekend 1/14-1/16/12 & President's weekend 2/18-2/20/12</small></p>
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Details at: www.SkiButternut.com → Lift Tickets → Ways To Save
 413-528-2000 GREAT BARRINGTON, MA

**HVSC/TSSC Softball Challenge & Picnic
Results: HVSC Wins!**

**Sunday September 18
At the Rosendale
Recreation Center**



The final score of 12-9 (see score box below) allowed the crown to be returned to HVSC. (TSSC won 2010 and 2009; HVSC, in 2008 and 2007; and TSSC, in 2006. I guess every two years it changes hands.

Even with some of the dual membership players helping Trailsweepers and TSSC's larger player roster, the return of some Hudson Valley players absent in recent years helps bring victory.

Lunch and buffet dinner as prepared by Bill Ennist, Eleanor Freiley, John Janendo and their helpers was as always extraordinary. Thanks as always.

	1	2	3	4	5	6	7	8	9	Total
HVSC	2	1	3	3	2	1				12
TSSC	2	0	3	0	0	3				8

LOOKING FOR A SHARE IN A GREAT HOUSE IN KILLINGTON?

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 8 share holders per weekend, 2 persons per bedroom,
 Additional room for guests
 @\$50/night including breakfast foods
 Pictures: <http://www.suzannecouturemodelmaking.com/Killington/>
 Contact: Suzanne Couture (owner & manager)
 212-714-9310 suzalien@verizon.net



WILLIAM-SYKES REALTY

Bus: (845) 485-9960
 Cell: (845) 505-3113
 Fax: (845) 485-9978

Kaman1@hvc.rr.com

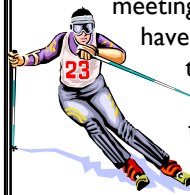
266 Titusville Road, Suite 11
 Poughkeepsie, NY 12603



KATHY AMAN
 Lic. Associate R.E. Broker

Lift Ticket Lotto

The club holds **Lift Ticket Lotto** contests at each club meeting during the ski season. Several local ski areas have given the club lift tickets in exchange for ads in the newsletter. We will be giving away lift tickets to different ski areas at each meeting from October through March. All you need to do to get in on the hot action for this cool deal is to be sure to buy Lift Ticket Lotto tickets at the next meeting - don't get left out in the cold. When you win and later use a lift ticket from Lift Ticket Lotto, please take a moment to thank the ski area for their support of the HVSC. Ticket prices will be: 1 for \$1, 6 for \$5 & 15 for \$10



Lift ticket lotto will resume with the October meeting and lift tickets from the following ski areas will be offered:

- Butternut, - Gore, - Mount Snow, - Thunder Ridge

Mark Searle hvscskiteach@yahoo.com



Winter Expo will be at the Clarion on **November 2**. Doors open from 6-9 mp. HVSC will have a 50/50 raffle and the vendors are invited to have their own door prize drawings. Contact **Susan Stark** for more information

Beaver Creek, Colorado

February 25--March 3, 2012

Price: \$1,498*

Trip Leader: **Pete Gray**

"There is an opening for a single female on the Beaver Creek Trip".

Pete Gray, Trip Leader

7 nights condo lodging at the Kiva
5 of 8 day lift ticket valid at Beaver
Creek, Vail, Keystone and Breckenridge*
Round trip air
Transportation to and from the airports
Welcome reception

The Kiva Lodge is a premium condominium property located in the upper Beaver Creek Village and features its own private ski way that provides easy ski in/ski out access to Beaver Creek Mountain. Amenities include a heated outdoor pool, 2 hot tubs, sauna, steam room, wi-fi and a private ski locker room.

You may upgrade to a 6 day lift ticket for \$42 if paid in advance. There are no discounts on lift tickets for Seniors.

Payment schedule:

June \$300, July, Aug, Sept, Oct, Nov \$200 each, Dec \$198

Cancellations must be in writing and the minimum penalty is \$100. Once issued, airline tickets are not refundable for cash. Please see the trip leader for details on cancellation refunds. Cancellations have become extremely complicated and must be figured separately for lodging and lift tickets. Bus fees are seldom refundable. Cancellations after Dec 15 are not eligible for a refund.

THE TRIP COMMITTEE STRONGLY SUGGESTS TRIP PARTICIPANTS PURCHASE TRIP INSURANCE*

*Please see trip leader for details.

Pete Gray pg4@pg4.net or beavercreek@hudsonvalleyskiclub.org

**Lake George/Gore**

January 6-8 (Fri-Sun)

\$198 does not include lift tickets

Trip Leader: **Susan Kokosa**

2 nights lodging at the Georgian Resort in Lake George

Breakfast buffet on Saturday and Sunday

Dinner buffet on Saturday Night

Welcome Pizza Party Friday Night

Open Bar Friday and Saturday Nights

DJ on Friday and Saturday Nights

As always this trip is open to downhill and CROSS COUNTRY skiers as well as shoppers, explorers and general partiers.

Sign up begins at the next meeting. A completed registration form and check is due at sign up. Cancellations have a minimum \$25 penalty. There is no refund for cancellations less than 30 days from the trip start.

For more information contact the trip leader

Susan Kokosa shski2beach@yahoo.com



Thunder Ridge Ski Area

Route 22, Patterson New York

845-878-4100

www.ThunderRidgeSki.com

Tidbits from the Trip Committee

We got off to a late start with the sign-ups for the local trips and apologize for any inconvenience this may have caused our members. Carole, Sue and Shirley are all enthusiastic about this season's trips. If you choose to go on just one or all of the trips you are sure to have a great time! As a reminder, the Trip Registration form is available on the club website. Non-members who sign up for trips will also need to fill out the club Waiver form.

We owe a huge "Thank you!" to John Macek for updating the Trip Registration form and setting it up so you can fill it in on the computer and print it off for submission to the trip leader. Visit the Hudson Valley Ski Club - Trips page on Facebook for updates on trips and other pertinent information.

Note: Local trip sign-ups start September 21.

Sugarbush

February 3-5
(Fri-Sun)

\$260 includes lift tickets and welcome party

Trip leader: **Shirley Rinaldi**



2 nights lodging at the Sugarbush Inn

2 day lift ticket

Welcome party

We have not been to Sugarbush for a few years so this seemed like the perfect price and time. The trip is the week-end before our Mount Snow trip so those members who like to piggyback their ski experiences will have the chance. If you book Sunday night at the North Star in Killington or the Grand Summit at Mount Snow you can have 6 consecutive days of skiing!

Sign up begins at the next meeting. A completed registration form and check is due at sign up. Cancellations have a minimum \$25 penalty. There is no refund for cancellations less than 30 days from the trip start.

For more information contact the trip leader

Shirley Rinaldi srinaldipds@gmail.com

Mount Snow

February 6-9 (Mon-Thurs)

\$317 includes 3 nights lodging and a 4 day lift ticket

Trip Leader: **Carole Daniels**



3 nights lodging (Mon, Tues, Wed) at the Grand Summit

4 day lift ticket (Mon – Thurs)

Breakfast Buffet at the Harper Restaurant on Tues, Wed and Thursday morning.

The Grand Summit offers ski in/ski out accommodations, a ski valet, a car valet, as well as a fitness room with sauna, steam room, and an outdoor hot tub and pool.

Check in is not until late Monday. Drive up to the Grand Summit but unload only your ski gear. The car valet will park your car for the day. After a great day of skiing you can check in. Once you have your room key the valet will get your car and you can unload the rest of your luggage.

Sign up begins at the next meeting. A completed registration form and check is due at sign up. Cancellations have a minimum \$25 penalty. There is no refund for cancellations less than 30 days from the trip start.

For more information contact the trip leader

Carole Daniels at cbdisland@aol.com and 845-635-3949.

YOUR BEST DEALS
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All the benefits of a regular Big Lift Card but includes TWO FREE LIFT TICKETS!
ONLY \$89

To purchase your card: huntermtn.com

Women's Ski Clinic at Okemo – January 30-31

This is not an official club trip but a general invitation for anyone who wishes to participate. A few of the women in the club are attending the January 30-31 Women's Ski Clinic at Okemo. The two day clinic is for all levels of skiers and costs \$370. Anyone else who is looking for two days of midweek skiing at Okemo is also invited. We will be booking the hotel shortly, so please contact Nancy at eganpost@frontiernet.net if you would like to join us or if you have questions.



I am hoping to put together additional ski meet-up dates during the ski season. If you are looking for ski buddies check on the Hudson Valley Ski Club-Trips Facebook page. All members are encouraged to post their ski plans, invitations or requests to carpool and any special deals they may have discovered.

President's message...

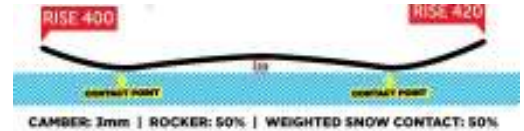
You're needed

A couple of years ago when the Master Plan Task Force was meeting to discuss how to increase the ski club's membership, we tried first to identify why people join organizations. Research indicated that although there are a variety of reasons, they generally fit into just a few categories: they have a similar interest and believe in the organization's cause; they have a desire to socialize and establish friendships; they are looking for a sense of belonging and being needed or feeling useful; or, maybe they are networking to increase their skills. And for many of us a combination of these attributes brought us to join the HVSC. If we look at the longevity of individual memberships, can we claim that the club has managed to satisfy one or more of our needs? That would then mean that there are club volunteers who regularly carry on the day-to-day tasks of providing the things we enjoy as club members, be it ski trips, dances, garden parties, biking, golf, kayaking, softball, tennis, etc., etc. All of this is done by individual members cooperating to share tasks to provide these services. The more members who volunteer to assist, the shorter time commitment and easier it is for each committee person. We probably have some of the best committee Chairs possible. But each committee needs many members to function. As we begin our club's busy season, I personally appeal to you to contact a committee of your choice to offer assistance in helping the ski club achieve its goals and continue providing great experiences for



everyone.

At a recent ski club meeting, a short discussion came up regarding the upcoming ski season and what gear is new. One comment referred to the newer style of skis called "rocker" skis. These are not a brand name, but a newer ski technology design that is different from designs of the past (the short, shaped, or parabolic skis). We are all familiar with the "camber" shape of skis; that is, if you lay a ski flat on the floor, there will be a space under the center of the ski. This curvature of the ski is called the camber. The "rocker" ski is just the opposite; the skis may touch the floor under the binding but not near the tips or tails, thus it may then act like a "rocker". This design concept allows the ski tip to rise or "float" more easily in powder snow or piles of snow (we commonly call "crud"), therefore providing easier steering and turn initiation... thus more confidence and fun. If you're considering buying new skis or boards this year, first look for the "demo" days typically offered early in the season at many ski resorts, and "rocker" down a trail or two.



Think Snow!

Herb Eschbach President

the windham mountain ski club card

- a \$25 membership fee*
 - a FREE anytime/non-holiday lift ticket
 - direct to lift access
 - \$25 off midweek lift ticket
 - \$15 off weekend/holiday lift ticket
 - must have valid ski club I.D.
- *must be purchased by Dec. 25, 2011 after Dec. 25, membership is \$30, free lift ticket not included



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windhammountain.com | 1.800.754.8483 | windham, NY

\$10 OFF Lift Tickets

Valid anytime non-holiday with your HVSC i.d..



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(607) 326-3500





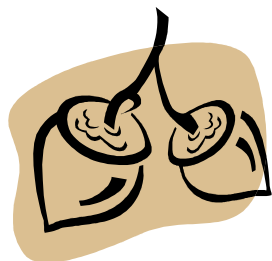
potterbrothers
ski and patio

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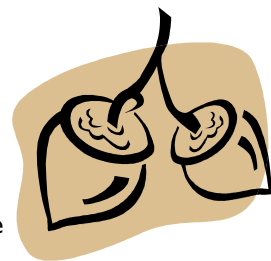
Poughkeepsie: 845.454.3880
Kingston 845.338.5119
Fishkill *: 845.297.2941
Toll free: 888.330.4941



How about a "Potter Brothers" gift card?
Our 65th Year in Business ~~ For more information, visit us at:
www.potterbrothers.com



Kick-Off Dinner & Dance 2011
Saturday, November 12 7:00 - 11:00pm
STONEHEDGE RESTAURANT
694 Broadway, West Park 384-6555



There will be a four course sit down dinner, plenty of dance music courtesy of our DJ Steve Whateley who takes plenty of your music requests. We will have great door prizes, give always and a 50/50 raffle. \$33.00 per person. Please make reservations by November 6. No Refunds after November 8.

Please fill in and send with your check made out to TSSC

Boneless Chicken with Sage Stuffing
 Boneless Pork Loin
 Sole Franchise

How Many Attending
 Ski Club (TSSC or HVSC)

Please fill out your name and home phone number

Name: _____

Make check out to TSSC and give or Mail to:

Janet Mihm 246-1742
28 Mauro Court
Saugerties, NY 12477

Home phone: _____



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Email: TSearle@hvc.rr.com



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Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Kokosa** 229-6786 race_training@hudsonvalleyskiclub.org
race training coordinator.

- September** 23 Hyde Park Brewing Company
4076 Albany Post Road Hyde Park
- 30 Shadows on the Hudson
176 Rinaldi Blvd Poughkeepsie
- October** 7 Antonella's
Route 9 Wappingers Falls
- 14 Shadows on the Hudson
176 Rinaldi Blvd Poughkeepsie
- 21 Umberto's Lounge Mamma Marissa
Route 9 Poughkeepsie
- 28 River Station
1 North Water St Poughkeepsie

Coming Events -- October 2011

September



October



November

December

- 21 Meeting at the Clarion Hotel 7:30
- 29 Sunset Wine Cruise
- 5 Meeting at the Clarion Hotel 7:30
Board meeting at 6:30
- 10 Columbus Day
- 19 Meeting at the Clarion Hotel 7:30
- 22 Catamount Aerial Adventure
- 31 Halloween
- 2 WINTER EXPO
at the Clarion Hotel 6:00-9:00
- 12 TSSC Kick-off Dance
- 16 Meeting at the Clarion Hotel 7:30
- 2 Holiday Dinner/Dance
at Villa Borghese
- 5 Holiday Sing-Along
at Claudette's

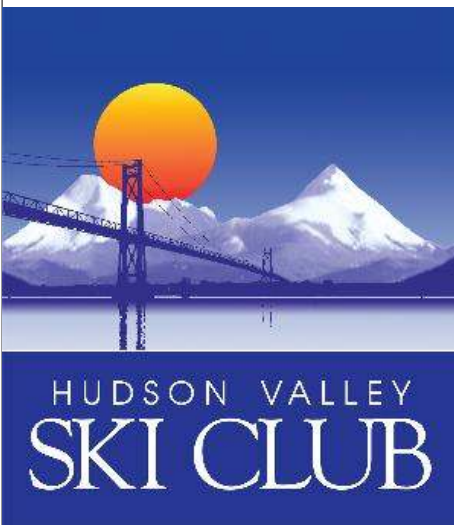
Hudson Valley Ski Club

If undeliverable, please return to:
183 Millers Lane
Kingston, NY 12401

Mailing address:
P.O. Box 2704

Poughkeepsie, New York 12603-2704
www.hudsonvalleyskiclub.org
info@hudsonvalleyskiclub.org

October 2011



Next Meetings: October 5

And October 19

at the Clarion Hotel
(Note that we've reinstated
twice-a-month meeting schedule.)
Programs listed on page 2.

2012 Ski Trips

See pages 4 and 5
Local trip sign-ups start September 21

