



HVSC

Hudson Valley Ski Club

Poughkeepsie, New York
* 2010 * Our 72nd Year *

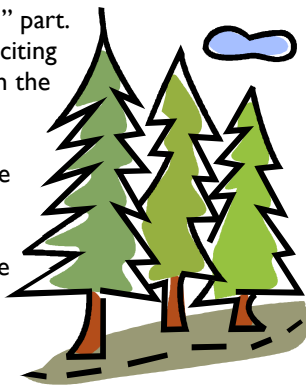
Volume LXXII Number 10

October 2010

Catamount "Tree" Trail

Saturday, October 23

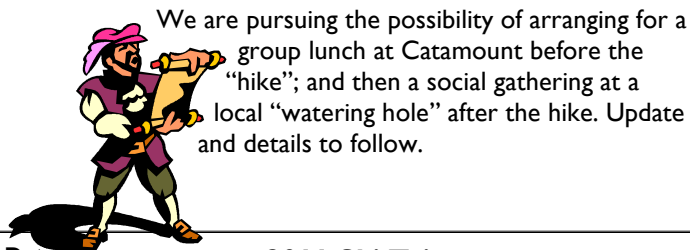
Hike up in the trees! Of course you have done that before. No! No! you missed the "...UP..." part. Catamount Ski area has a new, exciting and challenging "trail" that is UP in the trees. This is a fun and energizing course that involves "hiking/climbing" at your own pace on elevated trails built between trees, and challenges your concentration or focus, and maybe a little of your agility (all great for personal ski conditioning), but results in an exhilarating and euphoric experience — one you will never forget! (especially on one of the zip lines).



"Hikers" wear a climbing harness plus two carabineers for securing to the cables between trees as you "hike" on the "trails". The different "trails" are rated similar to ski trails — Green, Blue, Black, although the "terrain" is quite different, but sure to boost your self-confidence.

Check out Catamount's website: www.catamounttrees.com to see some of the photos and videos of the Adventure course.

Join the HVSC gang on Saturday, October 23 as we hike the Catamount tree "trails". To make your reservations for our group rates, contact **Herb Eschbach** docherbe@optonline.net or (845) 373-9138 by October 18. Price: \$33 per person on Group Rate. Check-in time 11:30am; but plan on arriving at Catamount 10-15 minutes early.



We are pursuing the possibility of arranging for a group lunch at Catamount before the "hike"; and then a social gathering at a local "watering hole" after the hike. Update and details to follow.

HVSC-TSSC Softball Challenge

Sunday, September 12 at Rosendale Park

TSSC Wins!

The final score of 17-10 (see score box below) allowed TSSC to keep the crown. (TSSC won last year and TSSC's previous victory was 2006). Each team had a double play — HVSC opening the bottom of the first inning and TSSC opening the top of the third.



Incredible coincidence that TSSC had 17 players on the field to HVSC having 10 — so the game averaged one run per player on each team!

Lunch and buffet dinner as prepared by Eleanor Freiley, John Janendo and their helpers was as always extraordinary. Thanks to all.

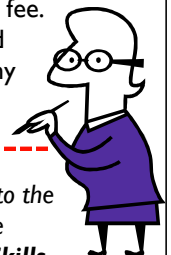
	1	2	3	4	5	6	7	8	9	Total
HVSC	2	1	0	1	0	2	2	2	0	10
TSSC	0	5	0	8	1	1	1	1	-	17



ALSO: Photos, videos and video slide shows of this event in recent years appear in the "Photo Gallery" on the HudsonValleySkiClub.org website. If you have any to add for this year's picnic, let me know.

Renew your Membership Early This Year

Remember: Renew on or before October 6 and save \$10 this year. Whether you are eligible for the discount is determined by the postmark on your envelope (NOT the date you wrote on your check or Membership Application). If it's not postmarked before midnight on October 6 you will pay the full fee. If you prefer you can download the application and waiver form from the website or pick one up at any club meeting during the regular ski season.



Note that the application has a place for you to check off skills you have which might be useful to the Club. If you have already renewed, you can submit the application (without resending dues) or complete the **Skills Survey Form** on the HVSC website.

If you have any questions regarding membership, contact **Pete Gray** (pg4@pg4.net).

Dates

2011 Ski Trips

January 17-20, 2011	Mount Snow, Vermont [new dates]
January 29-Feb 5, 2011	SUN VALLEY, Idaho
February 11-13, 2011	Lake Placid, New York
February 20-27, 2011	WHITEFISH, Montana [(Sun-Sun) new dates]
March 4-6 [new dates]	Gore Mt, New York [new dates]

Club Information

Club Officers

President: Mark Booska
Vice-President: Shirley Rinaldi
Secretary: John Macek
Treasurer: Jim Gahn
Sergeant at Arms: Larry Slezak

Board of Directors

Jeff Elwyn Herb Eschbach
 Pete Gray Mark Searle
 Susan Kokosa Susan Stark

Committee Leaders

Constitution: Glenn Morris

Cross Country:

Mark Booska, Ed Miles

Dance Chairman: Pat Cummins

Education - PSIA/ASIA:

Mark Searle

Discount Tickets: Jim Gahn

Events: Betty Mostachetti

Marketing: Craig Goldstein

Membership: Pete Gray

Mentorship: Herb Eschbach

Newsletter: Mike Harellick

NJ Ski Council: Jim Gahn

Ski Trips: Bill Egan

Snow Boarding: Kevin Kokosa

Racing Program: Tom Pompei

Summer Activities:

Walt Gorgas

Welcoming: Susan Kokosa

Friday "Race Training:"

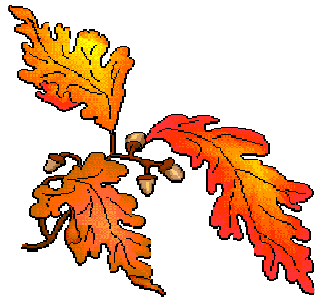
Susan Kokosa

Contact information is available in the Online Membership Directory on the website:

www.hudsonvalleyskiclub.org

Or queries may be sent to info@hudsonvalleyskiclub.org

All phone listings in this newsletter are area code 845 unless otherwise stated.



Here Comes Autumn!
 Thursday
 September 23



Welcome to the following new members!

Bob Bennett Freddy Lorz
 Laura Cassidy Richard Partridge

Remember: Renew your membership on or before October 21 and save \$10 this year.



Welcome to **Betty Mostachetti** as the new Events Chairperson. Contact her at events@hudsonvalleyskiclub.org

**FOR SALE:
 Raleigh Supercourse Bicycle**

54 cm frame, triple crank (52, 42, 30) & 7 speed cassette (13-26); bonded aluminum frame; Shimano Exage 500 LX derailleurs & brakes; Shimano clipless SPD pedals; 700x25C tires; Brooks Gel Lite saddle; includes manual & all papers - \$175.

Also for sale, Specialized sport mountain cycling shoes, with SPD cleats, size 43 - \$25.

Mark Searle – 845-471-6402,
HVCSkiTeach@yahoo.com

Newsletter Editors:

Mike & Angie Harellick
 183 Millers Lane
 Kingston, NY 12401
 845-339-4894
 Deadline: 15th of the month
editor@hudsonvalleyskiclub.org



Voice Message Service for last minute changes and new activities: **227-1123** Contact: **Ed Miles** (471-2504) to have a message put on the service.

Get Well Soon:

Long time HVSC member **Bob Jagger** was taken to Vassar Bros Hospital ICU August 20 trying to get him well enough to go to NYC to resume chemo. He then traveled to Sloan-Kettering Hospital in New York City and hopefully will resume chemo when he's able. Our thoughts and prayers are with him.



Rich Carling was at the Softball Picnic and although his atrophied hands and arms were pretty weak, he seems to be recovering well from his injuries. It was good to see him back on his feet.

Note: HVSC members can get more contact information from the Online Membership Directory on the www.HudsonvalleySkiClub.org website.



The new HVSC Master Plan Document

is now available to all members on the www.HudsonvalleySkiClub.org website.

For information contact:

Herb Eschbach
docherbe@optonline.net



KAYAK SCHEDULE 2010

This year's kayak schedule is listed below. Give yourself about a half-hour-45 minutes to get ready to paddle. We normally go in some rain and shine. If it is a total washout, the trip is cancelled. In case you are in doubt, contact the trip leader. Don't forget to bring everything you will need for the trip-Craft, paddle, life jacket, food, water, sponge, bailer, sunhat, sunscreen, long sleeve shirt if you don't want to put on sunscreen, sunglasses with safety strap, spray skirt, waterproof bag, proper clothing for the trip and weather. Remember, get dressed for the water!
 Sat.-Sept. 25 trips start 10 a.m. -Thimble Islands-Connecticut-All day trip that may turn into weekend trip (Sat & Sun). Meet at the Park & Ride in New Paltz early in the morning. More info. will be forthcoming. Wonderful area; fun time.



For further info, contact **Yvonne Baker** at-845-383-1534 or **Kayak John** at 518-943-2013. Come and enjoy the fun. We usually stop somewhere, have lunch, and enjoy merriment!!!

SUMMER MEETING SCHEDULE:

Summer meetings (May through September) will be held only once a month on the first Wednesday of each month, starting at 8:00 PM. (September 1 will be the last.) We resume the normal 7:30 schedule October 6.



EVERYTHING FOR SKIING, SNOWBOARDING, CYCLING, KAYAKING & PAINTBALL

1611 ROUTE 22 BREWSTER, NY 10509 845-279-3100
 1890 SOUTH ROAD (RT.9) POUGHKEEPSIE, NY 12601 845-298-9597
 162 DANBURY RD. (RT. 7) NEW MILFORD, CT 06776 860-355-2001

VISIT US AT skihausonline.com

Trailsweeper Ski Club

Fall Kick-Off Party 2010

Friday November 12 at 7:30-11:30 pm

Stone Hedge Restaurant in West Park

Dinner and Dance to Band or DJ to be determined
 Hudson Valley Ski Club is cordially welcome.

\$32.00 per person

Prizes for Best Dress ~ NO COSTUMES

RSVP by November 7



Fill out and send with your payment (payable to TSSC) to:

Select dinner entrée(s):

Janet Mihm
 28 Mauro Court
 Saugerties, New York 12477

_____ Roast Pork Loin

_____ Sole Francaise

246-1742 Home - Evenings
 943-3047 Work - Days

_____ Boneless Stuffed Breast of Chicken with Gravy

Name _____

Phone number _____

Ski Club (circle one) HVSC TSSC

b Ski Butternut

INCREDIBLE SAVINGS FOR SKI CLUBS!

\$35 LIFT TICKETS
 SAVE up to \$25

\$25 RENTALS
 SAVE \$10

\$20 LESSONS
 SAVE \$20

Discounts valid Saturday, Sunday & Holiday weekdays.
Not Valid: MLK weekend 1/15-1/17/11 & President's weekend 2/19-2/21/11

Details at: www.SkiButternut.com → All Rates → Ski Club
 413-528-2000 GREAT BARRINGTON, MA

Mount Snow, VT

January 17-20 [corrected dates]
3 nights lodging – 4 days skiing
\$278



This year we will be staying at the Grand Summit Hotel at the base of Mount Snow. The Grand Summit Hotel is a ski in/ski out full service luxury hotel. Amenities include Harriman's Pub and

Restaurant, The Grand Country Deli, Mount Snow Sports retail shop, a game room, complimentary ski valet, and wireless internet access. There is also the Grand Summit Spa and Health Club featuring full spa treatments, a unique indoor/outdoor heated pool, hot tubs, steam room, sauna, and an exercise room.

Drive up on Monday morning, ski Monday through Thursday, and drive home Thursday after a day on the slopes.

Price is \$278 for double occupancy. This trip is open to non-members for \$308. Contact: **Nancy Egan**, 21 Stella Dr., Gardiner, NY, 12525 – 845-895-1714

Lake Placid, NY

February 11-13
\$218

We will be staying at the recently renovated Pine Inn in the Village of Lake Placid. There is a pub on site, a small sauna and a large indoor hot tub. The trip price includes 2 breakfasts, a wine and cheese reception on Saturday night followed by home cooked dinner.



Price is \$218 for double occupancy. Spaces are limited.

Contact: **Mark Booska**

Gore Mt, NY

March 4-6 [corrected dates]
\$198

This is our signature trip at the Georgian Resort in Lake George. The trip price includes a pizza party on Friday night, a breakfast buffet on Saturday and Sunday, a sit down dinner on Saturday night, a buffet dinner late Sunday afternoon and open bar on Friday and Saturday nights.

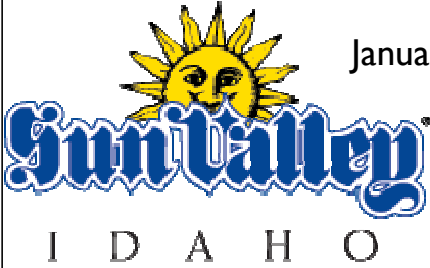


We always have a great turn out and a great time on this trip.

Price is \$198 for double occupancy. This trip is open to non-members for \$218. Contact: **Robert Martzinek**, 59 Cedar Valley Road, Poughkeepsie, NY, 12603 845-240-1936

**"TOSS YOUR
GPS OUT THE
WINDOW."**

*"You won't need
a map either.
Our location couldn't
be easier to find
the first time
and to remember
when you're a regular.
Just get here."
— Kelly Pawlak,
General Manager*



January 29 – February 5

\$1,548*

Sign up by June 30 and save \$50 - \$1498

- 7 nights lodging at the Lodge (double occupancy)
- 5 Day Lift Ticket**
- Welcome Reception
- Club Race with Après Ski Awards Party
- Air Transportation from Albany Airport
- Motor Transportation from Highland to Airport and return
- Motor Transportation from Boise Airport to Sun Valley Inn and return (3 hour ride)

Step up to the luxury of the Sun Valley Lodge! Enjoy large and comfortable hotel rooms, daily maid service and tons of amenities. The Sun Valley Lodge is located in the Sun Valley Resort Complex, a short ride to the ski mountain. Sun Valley has relaxing hot pools, ice skating, shops, restaurants and a frequent and free shuttle to the lifts. There is free ski storage available at the lifts so you don't have to bring the equipment on the shuttle.

Sign up begins at the June 2 meeting. First payment is \$300, \$200 due July, August, September, October, November, and the final balance due December.

Space is limited to 32. In person sign-ups on June 2 are recorded first. Mail in sign-ups will be recorded second in order of receipt. All sign ups must submit a Registration Form which is available on the website or at the meeting.

Minimum cancellation penalty is \$100. A full penalty schedule will be available at a later date from the trip leader.

- Price is approximate and is subject to change.
 - ** Sun Valley Lift Ticket Exchange Program – redeem one day for a variety of activities:
 - \$40 off select Dinner and Entertainment
 - Ice Skating and Lunch
 - ½ hour massage
 - Nordic ski trail pass and equipment rental
 - \$40 off one 2 hour adult group ski or snowboard clinic or private lesson
 - \$40 Sunday Brunch in the Lodge Dining Room
 - \$40 off shopping at a list of village shops
- A 6th day option is available for \$34.

Trip leader: **John Macek**
sunvalley@JFMacek.com or 845-489-6056

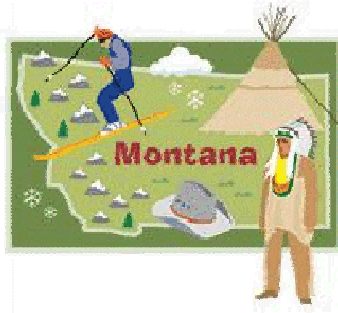
Ski area ad

WHITEFISH, Montana

February 20 – 27
(Sunday-Sunday) new dates

\$1,448*

Sign up before June 30 and
save \$50 - \$1,398



7 Nights Lodging at the
Grouse Mountain Lodge
(double occupancy)
4 Days Skiing Whitefish Mountain
1 Day Side Trip to Fernie Mountain, Canada – PASSPORT
required
Air Transportation
Motor Transportation from Highland to Airport and return
Motor Transportation from Kalispell Airport to Grouse
Mountain Lodge
and return
Daily Skier's Breakfast
On-site Cross Country Skiing

Grouse Mountain Lodge is a high quality hotel on the edge of
town with a free shuttle to the mountain. The resort depicts the
classic mountain décor in a polished upscale fashion. Massive

river rock fireplaces warm up both the lobby and Logan's Grill.
There is a pool, hot tubs and a gourmet restaurant on site. You
can easily walk or get a free ride in and around town. There is
an activities desk to help plan other recreational activities.

Optional Activities: Glacier National Park, Thursday Night
\$19.95 Prime Rib Dinner Special at Grouse Mountain Lodge and
Group Wine Tasting at Grouse Mountain Lodge

Sign up begins at the June 2 meeting. First payment is \$200, \$200
due July, August, September, October, November, and the final
balance due December.

Space is limited. In person sign ups on June 2 are recorded first.
Mail in sign ups will be recorded second in order of receipt. All
sign ups must submit a Registration Form which is available on
the website or at the meeting.

Minimum cancellation penalty is \$100. A full penalty schedule will
be available at a later date from the trip leader.

* Price is approximate and is subject to change.

Trip Leader: **Mark Searle**
845 471-6402 or whitefish@hudsonvalleyskiclub.org

Ski area ad

Friday Afternoon Golf Schedule 9 holes @3:00 or 4:00 PM**

August 20 Green Acres Golf Course Kingston (Harwich St.)
August 27 College Hill Golf Course Poughkeepsie
Sept. 3 Apple Greens Golf Course. Highland
Sept. 10 College Hill Golf Course, Poughkeepsie
Sept. 17 McCann Golf Course, Poughkeepsie
Sept. 24 4:00 PM** Apple Greens Golf Course. Highland (Note the
4:00 PM)

These courses permit us to "walk-on" without reservations. To allow
all levels of golfers to participate, we play a "double-par-max" format.
For example, when I have taken 8 strokes on a par 4 hole, I pick up my
ball, mark a "circle 8" on my score card and move on.

Walt Gorgas



WILLIAM-SYKES REALTY

Bus: (845) 485-9960
Cell: (845) 505-3113
Fax: (845) 485-9978

Kaman1@hvc.rr.com

266 Titusville Road, Suite 11
Poughkeepsie, NY 12603



KATHY AMAN

Lic. Associate R.E. Broker



potterbrothers
ski and patio

Since 1945

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Kingston 845.338.5119
Fishkill *: 845.297.2941
Toll free: 888.330.4941
also in Middletown & Jiminy Peak



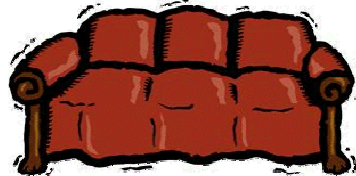
Welcome to another new season at Potter Brothers. We'll be celebrating in grand style with our Annual Swap & Sell events. Stop by and check out the amazing deals on all of our leftover ski & snowboard gear.

How about a "Potter Brothers" gift card? They're available in various denominations.

Our 65th Year in Business ~~ For more information, visit us at: www.potterbrothers.com

FREE GIVE-AWAY:

"Two-piece Contemporary Couch"
Free for pick up. One section seats 4; the second (separate) section seats 2. There's a matching end table that goes with it, but that needs refinishing due to water stains. Great for a kid's playroom or den.
Contact : **Bob Ulrich** (845) 463-2665.



FOR SALE: 1995 Red Corvette Coupe

- o Mint condition — like new!
- o New Goodyear run-flat tires
- o Only 54,000 miles
- o Recent tune-up
- o Always kept in garage



o All service records available

Asking: \$15,500

Contact: **Mary Ann Jagger** 845 256-0225 jgmryann@hughes.net

*** 3 Green Dogs * Pet Sitting Services (dogs & cats) ***



I offer overnight sitting at your own home. Let your pet be in their own environment. I will also watch your home for complete peace of mind when you travel.

* Custom-made pet collages available *

Please contact: **Ulana**
Telephone: {973} 851-9722 home/cell
Email: greenulana@gmail.com

For prices visit my blog: www.3greenrocks.blogspot.com

Ski area ad

Dutchess County Singles Dance

Friday, October 8, 2010

Mercury Grand, Route 9 Poughkeepsie, NY

Admission: DCS members \$13 = Non-members \$15

Includes hot/cold hors d'oeuvres, coffee & dessert, cash bar.

Music 50/50 Raffle!

Visit: www.DutchessCountySingles.org



Executive Club

Therese "Terri" Searle

Licensed Real Estate Broker Associate

Cell: 845-546-9260

Office: 845-473-2800

Email: TSearle@hvc.rr.com



www.TerriSearle.com

1110 Town Square, Rt. 55
LaGrangeville, NY 12540



Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan**

Kokosa 229-6786 race_training@hudsonvalleyskiclub.org

race training coordinator.

Note: Always check the website and/or Ski Phone 227-1123 for latest updates, as last minute conflicts are inevitable.

- September** 17 Shadows On the Hudson
176 Rinaldi Blvd Poughkeepsie
- 24 Gunk House
387 South St Highland
- October** 1 Santo Stefano Wine Tasting
44 St Nicholas Road, Wappingers Falls
- 8 River Station
1 North Water St Poughkeepsie
- 15 La Puerta Azul Route 44 Millbrook
(Differents Band)
- 22 Bonefish Grill
Route 9 Wappingers Falls
- 29 Shadows On the Hudson
176 Rinaldi Blvd Poughkeepsie

Hudson Valley Ski Club

If undeliverable, please return to:

183 Millers Lane
Kingston, NY 12401

Mailing address:
P.O. Box 2704

Poughkeepsie, New York 12603-2704

www.hudsonvalleyskiclub.org

info@hudsonvalleyskiclub.org

October 2010



HUDSON VALLEY
SKI CLUB

Coming Events -- October 2010

- September** 23 First Day of Autumn
- October** 6 Meeting at the Mercury Grand at 7:30
Board meeting at 6:30
- 23 Tree Hike at Catamount
- November** 3 Meeting at the Mercury Grand at 7:30
Board meeting at 6:30
- 12 TSSC Kick-Off Dance at Stonehedge

Santo Stefano Wine Tasting with light food pairings.



Come out to this first time event. 5—8pm.

Price is \$18 plus tax to taste 6 different wines and meet the wine maker. Space is limited so call

Susan Kokosa to reserve your spot asap at 914-489-7088. 44 St Nicholas Road, Wappingers Falls in lieu of Happy Hour. check it out

www.santostefanowinemaking.com

Next Meetings:
September 1
at the Mercury Grand

**Sign-up for Ski Trips at
any HVSC meeting!**
(see pages 3 & 4 for details)

