HVSC

Hudson Valley Ski Club
Poughkeepsie, New York
* 2009 * Our 71st Year *

Volume LXXI Number 12

December 2009

Hudson Valley Ski Club

Holiday Party

Saturday December 12
6 PM until 11 PM

at the Southern Dutchess Country Club.

Cocktail hour from 6 to 7 PM with a cash bar and hot and cold hours-d'oeuvres.
Dinner will start at 7 PM.
Dancing and other merriment until 11 PM.
Music by Anthony Dell and Buddy

Price: $38 per person ($42 for guests)

Passed **Hors d'oeuvres** 6 to 7 PM :

Baked Brie w/ Raspberry Preserve on Grilled Crostini ~ Crab Cakes with Spicy Remoulade Cream ~ Roasted Butternut Squash Bisque Shooter ~ Figs Wrapped in Bacon
Salad: Cape Cod Chopped Salad spicy arugula greens with sliced apple, cranberries, walnuts and Roquefort cheese with a maple orange dressing
Entree
Chicken en Croute:chicken stuffed with a mushroom duxelle ...
Parmesan Encrusted Tilapia
Herb Crusted Sliced Beef Tenderloin ...
Dessert: Croissant Bread Pudding with Amaretto Cream Sauce
All entrees served with Dutchess Potatoes and steamed Asparagus, Fresh Rolls with butter
Coffee & Tea

Full menu and **full-size form** can be found on www.HudsonValleySkiClub.org

Name: _____ Mem no: _____

Phone number: _____

Mail to: (Payment must be received by December 5)
Pat Cummins
8 Card Road
Wappingers Falls, NY 12590-5355

_____ Chicken en Croute

_____ Parmesan Encrusted Tilapia

_____ Sliced Beef Tenderloin

_____ members @ $38 $_____ pp

_____ guests of members @ $43 $_____ pp

Total: $_____

Night Skate at the Mohonk Mountain House Pavilion

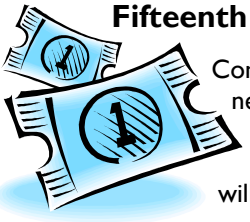
Friday night December 4
(date tentative depending on availability)
(come after or in lieu of "Race Training")

$15 special rate includes skate session plus skate rental.

Be aware Mohonk does not allow alcohol consumption, but hot chocolate & soft drinks are available for purchase.

If interested, contact **Mike Harelick**
hvscnews@hudsonvalleyskiclub.org

Fifteenth Annual Holiday Raffle



Come and join us for a night of fun at our new and improved raffle on December 2. The club will provide complimentary Hors d'oeuvres from 7-8 PM and there will be a cash bar available.

The raffle will start promptly at 8 PM so please come early and give yourself plenty of time to buy raffle tickets, decide what prizes you want to win and meet other club members.
The format is slightly different this year as we try to enhance the evening for our member. Prizes will be grouped together in baskets for added value for members and you will have a chance to browse all the goodies and choose the baskets you want to win. After purchasing your tickets, you may place as many tickets as you want for the baskets of your choice. For example, you may want to put all your tickets in one try to win two tickets for Gore, or chose to put a few tickets for many different prizes.
Tickets will also be available online through Daniel Desmedt, but if you are not present by 7:45 PM, your tickets will be randomly placed for you.
To make this night a success we need all our members to help by attending this event and obtaining donations from local merchants. Some suggestions are… time shares, condos, restaurant gift certificates, store certificates and service items.
Donation letters on club letterhead will be available to download from the members-only club web page.
Due to this new system, all donations must be received by November 25. We will need this time to organize, group and package the prizes. Please bring all donations to the November meetings or send them to:
Shirley Rinaldi, 34 Putnam Rd, Hyde Park, NY 12538.

Holiday Sing-Along

Monday December 14
at the home of **Claudette Hennessy**.

Sing-Along and party start at 7:30 PM. We have the song books; if you play an appropriate instrument, bring it. Please bring your own beverages and a dish to share. As in years past, Claudette is again asking people to wear Period Dress, if possible.

Directions to Claudette's: From the Mid-Hudson Bridge, go south on Route 9W to Marlboro, turn left on Old Post Road across from the Village Square Mall. From the Newburgh Beacon Bridge, north on Route 9W and right on Old Post Road. Claudette's is the 7th house on the left (#204 with mailboxes on a wagon wheel). If you need more information, call Claudette at 236-7971 [chennessy@hsysgrp.com]

Club Information

Club Officers

President: Mark Booska
Vice-President: Shirley Rinaldi
Secretary: John Macek
Treasurer: Jim Gahn
Sergeant at Arms: Larry Slezak

Board of Directors

Jeff Elwyn
Pete Gray
Susan Kokosa
Susan Stark
Mark Searle

Committee Leaders

Constitution: Glenn Morris
Cross Country: Mark Booska, Ed Miles
Dance Chairman: Pat Cummins
Education - PSIA/ASIA: Mark Searle
Discount Tickets: Jim Gahn
Marketing: *** Mark Booska
Membership: Pete Gray
Mentorship: Herb Eschbach
Newsletter: Mike Harelick
NJ Ski Council: Jim Gahn
Ski Trips: Nancy Egan
Snow Boarding: Kevin Kokosa
Publicity: Sal Alaimo
Racing Program: Tom Pompei
Summer Activities: Walt Gorgas
Welcoming: Susan Kokosa
Friday "Race Training:" Susan Kokosa

Contact information is available in the Online Membership Directory on the website:
www.hudsonvalleyskiclub.org

Or queries may be sent to
info@hudsonvalleyskiclub.org

All phone listings in this newsletter are area code 845 unless otherwise stated.

*** Note: The club is looking for a volunteer to take over as **Marketing Coordinator.**
Contact: ***Mark Booska***
president@hudsonvalleyskiclub

Welcome to the following new members!

Boka Baglieri
William Dunstan
Debra Matrigali

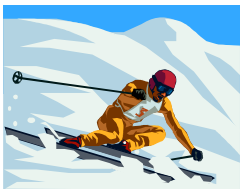
Pete Gray membership@hudsonvalleyskiclub.org

Skier Improvement Days

The following dates have been tentatively set as this season's Skier improvement days. Members interested in participating in the events should contact **Mark Searle** at 845 471-6402 or HVSCSkiTeach@Yahoo.com.

December
20, Sunday - Belleayre
"Re-orientation to frozen crystallized water day"

January
3, Sunday, Belleayre - Pre-Gore Tune-up Day
11, Monday, Windham
24, Sunday, Belleayre
29, Friday, Windham
31, Sunday, Plattekill



February
7, Sunday, Windham
12, Friday, Windham
21, Sunday, Plattekill

All of these dates coincide with the Potter Brothers Discount Flex Tickets. The costs are: Belleayre - $23.95, Plattekill - $23.95, and Windham - $29.95.

How to Improve Your Skiing or Riding

There are a few techniques that are proven to enhance one's skiing or riding abilities that many of us have most likely employed at one time or another during our skiing/riding careers. There's the tried and true method of practice. Simply doing it over and over and over again until, hopefully, it becomes second nature. For example, you probably tie your shoes without looking at them simply because you've done it so many times you're your fingers have such a high degree of muscle memory. Hopefully, all of that practice allows you to get it right and your skill level improves. If not, then frustration sets in and ultimately one gives up. Not for lack of trying mind you but, simply because it doesn't work or it's not enjoyable. Something is missing. What is a person to do? As far as snow sports are concerned, (you're on your own with regard to tying your shoes) this is where your ski club gets involved. The HVSC can address, in a positive manner, the frustration you feel, the plateau that you seem to have reached and your perceived inability to make the leap from that plateau to a higher level of skiing and riding. Forget that "woe is me" attitude or the belief that you'll always be an intermediate – do something positive. The HVSC has the means to address the dilemma you may be experiencing.

The Ski Improvement Days that will be offered in conjunction with discount lift tickets at several local ski areas and instruction on some club trips are the first steps to take to enhance your skiing or riding. These days allow members and their guests to take advantage of less expensive skiing and riding opportunities and free lessons from qualified instructors. Lessons will be available for everyone from first-timers to the upper intermediate who is having difficulty making the transition to being a truly expert skier. Join us for one of the upcoming Ski Improvement Days and you'll be pleasantly surprised at how much better your skiing and riding will become. You may learn about the highly secretive French technique for ski improvement. Be sure to see the coming newsletter for more information about the ski improvement days and a schedule for the discount lift ticket opportunities.

If you plan to participate in one of the Ski Improvement Days, please contact the club's Instruction Coordinator, **Mark Searle** at 845 471-6402 or HVSCSkiTeach@Yahoo.com to ensure that there will be appropriate instructors available for the given event.

HVSC Board Meeting

The board next meets December 2 at 6:30 PM, Mercury Grand Hotel, Route 9, Pok
Invitees: All Officers and Board Members are requested to attend. Any interested Ski Club members may attend as guests.
Contact: ***Mark Booska***, President
president@hudsonvalleyskiclub.

Newsletter Editors:

Mike & Angie Harelick
183 Millers Lane
Kingston, NY
12401
845-339-4894
Deadline: 15th of the month
editor@hudsonvalleyskiclub.org

Voice Message Service for last minute changes and new activities: **227-1123**
Contact: **Ed Miles** (471-2504) to have a message put on the service.

December 16 MEETING PROGRAM

Topic: "Osteoarthritis of the Knee and non-surgical therapy"

The speaker is **Nelson Wong, MD** from Advantage Physical Medicine & Rehabilitation, LLC, Middletown, NY.
He has been at Advantage... since August, 2000; previously he was Chief Resident, Physical Medicine and Rehabilitation Residency Training Program, Dept. of Rehabilitation medicine, U. of Washington, Seattle, WA.

The presentation is sponsored by Synvisc-OneT made by the Genzyme Corporation. Their representative, Jessica DeBenedetto, will also be present.

Discount Lift Tickets

are available for the 2009--2010 season for the following ski areas: Ascutney, Bromley, Gore/Whiteface, Okemo, Sugarbush, Stratton, Jay Peak, Mount Snow and Pico.

You can pick up an order form at any ski club meeting or online in the members area at www.HudsonValleySkiClub.org.

For more info contact **Jim Gahn** earmaster@juno.com

Lift Ticket Lotto

The club holds **Lift Ticket Lotto** contests at each club meeting during the ski season. Several local and regional ski areas have given the club lift tickets in exchange for ads in the newsletter. We'll be giving away tickets to different ski areas at each meeting from now through March 2010. All you need to do to get in on the hot action for this cool deal is to be sure to buy some Lift Ticket Lotto raffle tickets at the next meeting – don't get left out in the cold. When you win and later use a lift ticket from Lift Ticket Lotto, please take a moment to thank the ski area for their support of the HVSC.

Future Meetings:

November 18 - Hunter, Mt. Snow, Plattekill, Thunder Ridge
December 2 - Windham, Belleayre, Butternut, Catamount
December 16 - Holiday Raffle - there will be at least 10 lift tickets offered as prizes at the Holiday Raffle

Winners for October/November:

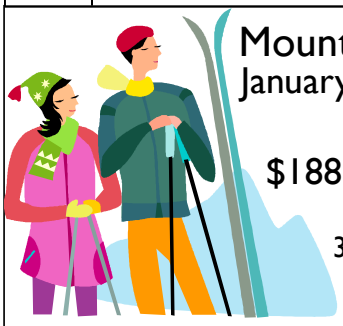
— Oct 7: Butternut—Susan Stark, Belleayre—Mark Searle, Catamount—Frank Rinaldi, Mt. Gore—Charlie Shanes
— Oct 21: Mt Snow—Ellen Kelley, Plattekill—John Macek, Thunder Ridge—Jack Amacher, Windham Mt—Tom Pompei
— Nov 4: Belleayre—Eric Del Santo, Butternut—Tony Kalbfus, Catamount—Kevin Kokosa, Gore—Mark Childs

Mark Searle hvscskiteach@yahoo.com

Weichert

Kathy Aman
Licensed Real Estate Salesperson
Multi-Million Dollar Sales Club
Weichert Executive's Club
office 845.473.2800
fax 845.473.5404
cell 845.505.3113
kaman@weichert.com
1110 Town Square, Rt. 55
LaGrangeville, NY 12540

Weichert Realtors



Mount Snow, Vermont
January 18-21

$188

3 Nights Lodging
4 Day Lift Ticket
3 Continental Breakfasts

This is a 4 day/3 night trip where you will drive up early Monday morning for your first day of skiing. Lodging is double occupancy at the Snow Lake Lodge, at the base of Mount Snow for Monday, Tuesday and Wednesday nights with a continental breakfast on Tuesday, Wednesday and Thursday mornings.

After a fourth day of great skiing, drive home on Thursday. Payment is due in full with a completed Trip Registration Form at the time of sign up. This is the bargain trip of the season. Alpine ski instruction will be available. Evening meals are on your own at any of the wonderful establishments in the Mount Snow/Wilmington, Vermont area. Ski "Ripcord" off of the North Face, if you dare. A wine and cheese party is being planned for Tuesday evening.

Trip Leader:
Mark Searle
18 Hartstone Drive, Poughkeepsie, NY 12603-6231

BRECKENRIDGE, COLORADO

"Act fast – time to sign up is running short!"

January 23-30

$ 1,208* +

- Air from Newark
- 7 nights lodging at the Great Divide Lodge – Hotel double occupancy
- 5 of 6 day lift pass good at Breckenridge, Keystone and A-Basin with free transportation. Add a sixth day of skiing for $44. Lift pass may be used for up to two days at Vail or Beaver Creek, however, transportation costs are additional.
- Baggage handling at hotel
- Round trip ground transfers in Colorado
- Round trip ground transfers in NY/NJ
- Après ski party hosted by Vail Resorts

The Victorian mining town of Breckenridge is located in the heart of the Colorado Rockies and is home to diverse assortments of ski runs for skiers and snowboarders of all levels. Sixteen interconnected ski lifts and four high-speed lifts combine to ensure you'll spend more time on the slopes and less time in line for the lifts. Breckenridge Ski Resort also features a celebrated snowboard park that offers activities for boarders of all skill levels.

The Great Divide Lodge is located 50 yards from the base of Breckenridge Ski Resort's Peak 9 and two blocks from Main Street. Hotel amenities include concierge service, complimentary ski storage, hot tubs, pool, sun deck and exercise room. Room amenities include mini-refrigerator and coffee maker. There is a restaurant and bar on premise.

Payment Schedule: $200 due June, July, August, September, October with the final balance due November. Please note that the trip price is a "package" and cannot be sold as "land only".

Pre-trip (medical) trip cancellation and trip interruption insurance coverage is available and strongly encouraged. Minimum cancellation penalty is $100. Contact trip leader for penalty schedule.

+ A single supplement for Breckenridge is $420 (total price $1,628)

Note: Trip leader:
John Macek 36 Hillview Drive, Poughkeepsie, NY 12603
845 489-6056 Breckenridge@HudsonValleySkiClub.org

Robert Rauschendorfer (brother of TSSC member **Frank Rauschendorfer**) passed away on November 10. Our sincere condolences to Frank and their families.

Dates	2009—2010 Ski Trips
January 8–10, 2010	Gore Mt, New York
January 18–21, 2010	Mt Snow, Vermont
January 23–30, 2010	Breckenridge, Colorado
February 20–27, 2010	Telluride, Colorado
March 20–27, 2010	Park City, Utah

TELLURIDE, Colorado

<< 6 spaces still available >>

February 20-27

$1,468 * **

Air from Newark
7 nights lodging at the Victorian Inn double occupancy
5 of 6 day lift pass (for 6 days add $50)
Continental breakfast
Round trip ground transfers in Colorado
Round trip ground transfers in NY/NJ

Situated amongst 14,000 foot peaks, Telluride, now more than ever, is the most beautiful place you'll ever ski. Telluride's new 733-acre expansion area, Prospect Bowl, offers some of the West's most breathtaking views and opens above tree line thrills to skiers of all ability levels. Three new high speed detachable quad lifts offer access to an inviting cache of intimate glades, bowls, and trails. The debut of Prospect Bowl this winter gives Telluride more high speed lifts than any other mountain in the U.S. The historic town of Telluride and the nouveau Mountain Village are linked by an innovative, free gondola transportation system.

Centrally located only 170 yards from the Oak Street Lift and within walking distance of Main Street, the Victorian Inn prides itself on offering beautiful, spacious rooms. The Inn has a sauna and hot tub and offers complementary home baked muffins, coffee and tea in the mornings. Rooms have mini refrigerators.

Payment schedule: $200 due June, July, August, September, October and November with the remaining balance due December. Please note that the trip price is a "package" and cannot be sold as "land only".

Pre-trip (medical) trip cancellation and trip interruption insurance coverage is available and strongly encouraged.

Telluride Cancellation Penalties
Now – Oct 20 $350 Oct 21-Nov 20 $500
Nov 21 – Dec 5 $1,100 After Dec 5 there will be no refunds.
All cancellations from trips must be in writing.
** Price is approximate. Final air details have not been determined.

Trip leader:
James Gahn 44 Far Horizons Drive, Newburgh, NY 12550-1045
Cell phone: (914) 213-7250 E-mail: earmaster@juno.com

TSSC ~ STOWE 2010

March 5 – 7

Grey Fox Inn & Resort, Stowe, Vermont

$315.00 per person double occupancy,
triple: $288.00 pp quad: $265.00 pp

Trip includes: 2 nights lodging, 2 "Worlds most decadent breakfast", Full buffet dinner Saturday night, TGIF Welcome party Friday night, with food, wine and Beer, 2 day lift ticket to Stowe

More details on website or contact: **Frank Rauschendorfer**, 845-246-1742, cell 201-615-2806, e-mail frauschendorfer@ups.com

Gore Mountain and Garnet Hill

Combined Cross Country & Downhill Ski Trip

A great time for fat skis, skinny skis and snowboards!!!

January 8-10

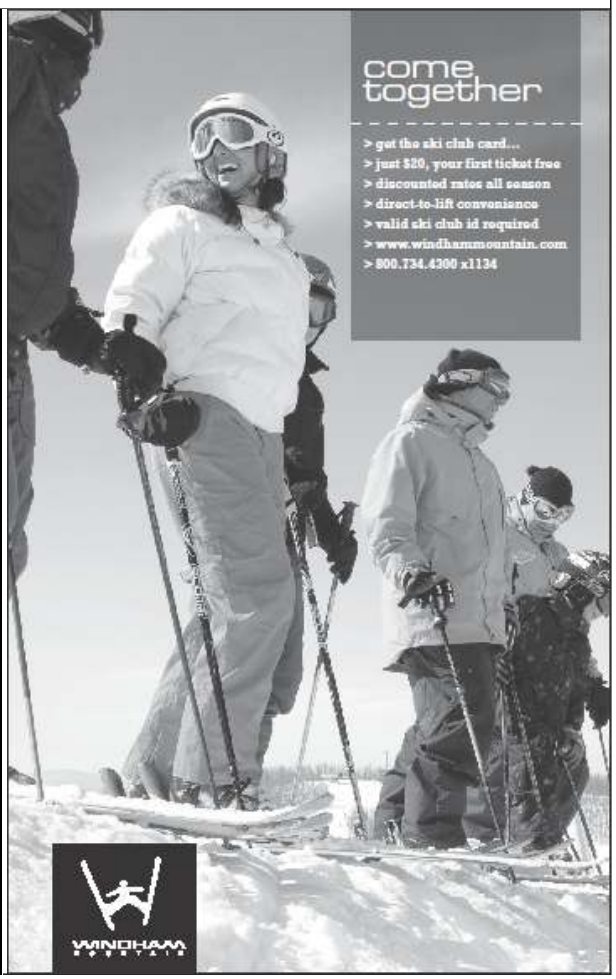
Cost: $198 per person double occupancy

A great time for fat skis, skinny skis and snowboards!!!

The package includes:
Two nights lodging,
welcome pizza party,
two full American breakfast buffets each morning, one dinner on Saturday,
one "early" dinner on Sunday (Italian buffet),
open bar (Friday and Saturday 9pm-1am) which includes draft beer, house wines and premium liquor and DJ entertainment both nights.

Lift tickets are not included but Shirley always negotiates for a great price.

Trip Leader: **Shirley Rinaldi** 845 233-4168
34 Putnam Road, Hyde Park, NY 12538



PARK CITY, UTAH

March 20-27

$ 1,198*

Direct flight from Newark to Salt Lake City
7 nights lodging at the Park City Peaks Hotel double occupancy

- 2 Days skiing Park City
- 2 Days skiing Deer Valley
- 1 Day skiing The Canyons
- Daily Breakfast
- Welcome Reception
- Round trip ground transfers in Utah
- Round trip ground transfers in NY/NJ
- Baggage handling at hotel
- Freshly baked cookies and hot chocolate in the afternoons
- Complimentary first round of draught beers Monday through Thursday in the bar

The Park City Peaks is a full service hotel located minutes away from Park City, Deer Valley and The Canyons ski areas. Hotel amenities include ski valet and ski storage, indoor/outdoor heated swimming pool with swim-through channel, indoor and outdoor hot tubs and indoor dry sauna. The hotel is located on the free town shuttle route with service to all 3 ski resorts and Main St. In room amenities include high speed TV internet access with remote keyboard, coffee maker and luxurious cotton robes.

Payment Schedule: $200 due June. $150 is due July, August, September, October and November. Final balance is due December. Please note that the trip price is a "package" and cannot be sold as "land only".

Pre-trip (medical) trip cancellation and trip interruption insurance coverage is available and strongly encouraged.

Park City Cancellation Penalties
Now – Oct 20 $350
Oct 21-Nov 20- $500
Nov 21-Dec 5 $900
After Dec 5 there will be no refunds.
All cancellations from trips must be in writing.

Trip leader:
Daniel Desmedt
13 Riverview, Port Ewen, NY 12466-5100
Cell phone: 527-5381, E-mail: daniel@desmedt.net

STUDIO APARTMENT on Loon Lake.
FOR WEEKEND RENTAL to skiers

15 minutes from Gore & 1 hour from Whiteface
It has two beds, a full bath, a kitchen sink, small refrigerator and microwave with a Weber grill on the deck.
It is like new and very "Adirondacky".
AND for HVSC members I will throw in a bottle of wine!
$100.00 per night.
Contact: **Peter Kane** 255-8737 peter@ospreymarine.com

Dutchess County Singles Dance

Friday, December 11, 2009
Mercury Grand, Route 9 Poughkeepsie, NY
Admission: DCS members $13 = Non-members $15
Includes hot/cold hors d'oeuvres, coffee & dessert, cash bar.
Music 50/50 Raffle!
Visit: www.DutchessCountySingles.org

potterbrothers
ski and patio
Since 1945

Poughkeepsie: 845.454.3880
Kingston 845.338.5119
Fishkill *: 845.297.2941
Toll free: 888.330.4941
also in Middletown & Jiminy Peak

Welcome to another new season at Potter Brothers. We'll be celebrating in grand style with our Annual Swap & Sell events. Stop by and check out the amazing deals on all of our leftover ski & snowboard gear. How about a "Potter Brothers" gift card? They're available in various denominations.

2009 Swap & Sell Dates / Locations:

October 16-18 (Middletown)

October 23-25 (Fishkill)

November 5-8 (Kingston)

November 11-15 (Poughkeepsie)

Our 65th Year in Business ~~ For more information, visit us at: **www.potterbrothers.com**

Weichert Executive Club

Therese "Terri" Searle
Licensed Real Estate Broker Associate

Cell: 845-546-9260
Office: 845-473-2800
Email: TSearle@hvc.rr.com

www.TerriSearle.com
1110 Town Square, Rt. 55
LaGrangeville, NY 12540

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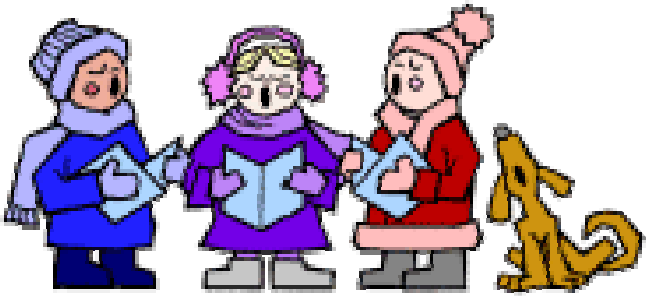


MORE GORE

We Keep Improving Your Mountain ...

- An Even Better Burnt Ridge Mountain, with Snowmaking on Sagamore & Bigger, Badder Glades
- The Grand Opening of Ski Bowl Lodge
- Addition of "Eagle's Nest" Intermediate Trail
- All-new Wild Air Terrain Park
- Base Lodge Updates

THE MOUNTAIN THAT LOVES YOU BACK

Info: 518-251-2411
Snow Phone: 800-342-1234
GoreMountain.com

GORE MOUNTAIN

Opening for 2010/2011: Gore Mountain's Interconnect with the Historic North Creek Ski Bowl

THUNDER RIDGE SKI AREA

Skiing and Snowboarding... Family Fun, Only Minutes Away!

Thunder Ridge Ski Area

Route 22, Patterson New York
845-878-4100
www.ThunderRidgeSki.com

Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Kokosa** 229-6786 race_training@hudsonvalleyskiclub.org race training coordinator.

Note: Always check the website and/or Ski Phone 227-1123 for latest updates, as last minute conflicts are inevitable.

November

20 Il Continori
16 East Main St Wappingers Falls

Wednesday before Thanksgiving

25 Spanky's
85 Main St Poughkeepsie

27 Union Jack Pub
1820 Route 376 Poughkeepsie

December

4 La Stazione 5 Main St New Paltz
(in conjunction with skating at Mohonk)

11 Cosimo's
120 Delafield St Poughkeepsie

18 Shadows On The Hudson
176 Rinaldi Blvd Poughkeepsie

25 Christmas Holiday

Coming Events -- December 2009

November

18 Meeting at the Mercury Grand
Program: Noah Katz presentation "Green to Extreme"

26 Happy Thanksgiving Day

December

2 Meeting at the Mercury Grand
Board meeting at 6:30
Annual Holiday Raffle

4 Ice Skating at Mohonk

12 HVSC Holiday Party

14 Holiday Sing-Along
at Claudette Hennessy's home

16 Meeting at the Mercury Grand
Program: "Osteoarthritis of the Knee and non-surgical therapy" Nelson Wong, MD

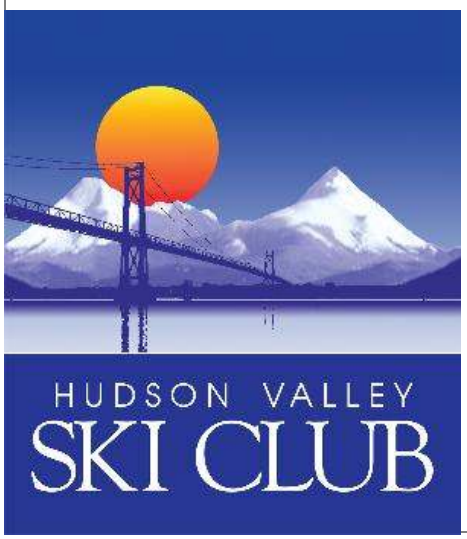
25 Joyous Christmas

Hudson Valley Ski Club

If undeliverable, please return to:
183 Millers Lane
Kingston, NY 12401

Mailing address:
P.O. Box 2704
Poughkeepsie, New York 12603-2704
www.hudsonvalleyskiclub.org
info@hudsonvalleyskiclub.org
info@hudsonvalleyskiclub.org

December 2009



Meetings
at the Mercury Grand:

Annual Holiday Raffle
December 2
Hors d'oeuvres: 7-8 PM
Raffle starts: 8:00 PM
at the Mercury Grand
December 16 at 7:30 PM