



HVSC
Hudson Valley Ski Club
Poughkeepsie, New York
* 2009 * Our 71st Year *

Volume LXXI Number 5

May 2009

ADIRONDACK Hudson River White Water Rafting Trip

Friday, May 15 —
Sunday, May 17

Place:
Upper Hudson River
North Creek, NY (near Gore Mountain)



- Saturday, May 16—full day of rafting in 8 person rubber rafts:
- wet suit and helmet provided. Licensed river guide in each raft.
- Two nights lodging at Wells House Inn
- Friday evening hors d'oeuvres, cash bar
- Breakfast Saturday & Sunday
- Dinner, Saturday night at Moose Café (not included in cost)
- After rafting barbecue at Cunningham's Outfitter: Hudson River Rafting Co. (Cunningham's Ski Barn)

Cost per person: \$200.00
(based upon double occupancy at the Wells House):

This is an exciting rafting trip through the Hudson gorge with loads of white water bound to add give you an adrenaline rush!!

Deadline for signing up: April 30
(the sooner the better as space is limited)

For info contact:

Trip leader: **Peter Kane**, peter@ospreymarine.com
Asst. trip leader: **Herb Eschbach**, docherbe@optonline.net

Links: www.thewellshouseny.com
www.hudsonriverrafting.com

Other recreational opportunities: trout fishing, biking, hiking

Annual Election Results
Wednesday, April 1

Here are the results of the April 1 election of officers:

Office:	Elected:
President	Mark Booska
Vice President	Shirley Rinaldi
Treasurer	Jim Gahn
Secretary	John Macek
Sergeant at Arms	Larry Slezak
Board of Directors	Susan Hasbrouck Susan Stark



**Remember
Memorial
Day**



**Remember
Memorial
Day**

This month's meetings: May 6 at 8:00 PM at the Mercury Grand (formerly Best Western)

Club Information**Club Officers****President:**

Mark Booska 485-6246

Vice-President:

Shirley Rinaldi 233-4168

Secretary:

John Macek 473-1533

Treasurer:

Jim Gahn 561-6376

Sergeant at Arms:

Larry Slezak 454-7824

Board of Directors

Jeff Elwyn 334-8732

Pete Gray 462-2010

Susan Hasbrouck 229-6786

Susan Stark 518 398-0263

Mark Searle 471-6402

Committee Leaders**Constitution:**

Glenn Morris 462-2144

Cross Country:

Mark Booska 485-6246

Ed Miles 471-2504

Dance Chairman:

Pat Cummins 298-0854

Education - PSIA/ASIA:

Mark Searle 471-6402

Discount Tickets:

Jim Gahn 561-6376

Marketing:

Mark Booska 485-6246

Membership:

Pete Gray 462-2010

Mentorship:

Herb Eschbach ☎

Newsletter:

Mike Harellick 339-4894

NJ Ski Council:

Jim Gahn 561-6376

Ski Trips:

Nancy Egan 895-1714

Snow Boarding:

Kevin Kokosa 229-6786

Publicity:

Sal Alaimo 473-2481

Racing Program:

Tom Pompei 462-3944

Summer Activities:

Walt Gorgas 489-3999

Welcoming:

Susan Hasbrouck 229-6786

Friday "Race Training:"

Susan Hasbrouck 229-6786

All phones area code 845

Find contact information in the
Online Membership Directory.**This month's events in next month's newsletter...**

I was recently asked why events for the current month appear in the following month's newsletter (for example, late April events appear in the May newsletter which you are now holding). So let me explain.

I start working on each month's newsletter as soon as the previous one goes to press. So as you read this May issue, I've already got much done on the June issue. In fact, by May first the working copy of the June issue is online for staff, board and any other member to view and/or proofread. Of course that version will change as new articles are submitted, but by a few days after deadline (the 15th of each month) the final copy will have been printed and put in the mail. Any event that occurs after the date the hardcopy is mailed (or final online copy is posted) is fair game to be included.

Mikeeditor@hudsonvalleyskiclub.org**HVSC Board Meeting**

The board next meets May 6 at 7:00 PM, Mercury Grand Hotel, Route 9, Poughkeepsie

Invitees: All Officers and Board Members are requested to attend. Any interested Ski Club members may attend as guests.

Contact: **Mark Booska**, President (485-6246)
president@hudsonvalleyskiclub.org

Newsletter Editors:

Mike & Angie Harellick

183 Millers Lane

Kingston, NY 12401

845-339-4894

Deadline: 15th of the month
editor@hudsonvalleyskiclub.org



Voice Message Service for last minute changes and new activities: **227-1123**

Contact: **Ed Miles** (471-2504) to have a message put on the service.

From the Editor/Webmaster**I have a Free Lift Ticket for...**

Last month I received a few notes from HVSC members regarding free lift tickets that they could not use and did not want to go to waste. I did send out one e-mail, but figured why get in the middle of this process when members can do it themselves online. So there is now a new topic on the Facebook Group called

"I have a FREE lift ticket for..." I know it's not likely to be of much use this year, but it is in place for next. It joins the existing topics of "Ski with Me" and "Swap and Sell".



Hopefully members will take advantage of these features. In fact why not join the HVSC Facebook Group page now, so you'll be ready to take advantage come next ski season?

Mike

editor@hudsonvalleyskiclub.org
webmaster@hudsonvalleyskiclub.org

SUMMER MEETING SCHEDULE:

Summer meetings (now April through August) will be held only once a month on the first Wednesday of each month, starting at 8:00 PM. We resume the normal first and third Wednesday schedule September 2.

Remaining summer meetings:

May 6**June 3****July 1****August 5**

HVSC Master Plan Update

In starting a detailed organizational plan one would ask, "Where do we start this process"? We started by using the premise that we are avid skiers who just moved to Helena, Montana and wanted to join a ski club. Finding that none existed, we decided to start one. Why Helena, Montana you ask? For no particular reason other than with the mind focused on an unfamiliar site it encourages fresh, open, and creative thinking, and without "baggage".



The Task Force discussion format utilizes a standard planning technique simply called "brainstorming", but with very strict guidelines: positive, forward thinking; not criticizing anyone else's ideas but building on those ideas. Following is a summary of our very beginning discussions.

Initial discussions resulted in determining that to start a club; four basic components were needed from which to move forward. These answered the question: "What" needs to be done?

- 1) Publicity/Marketing: Recruitment/retention, demographics
- 2) Administrative statements: Mission statement, purpose/goals, objectives, etc.
- 3) Organizational structure: Constitution/by-laws, Officers/Board, Committees, Finance
- 4) Programs: Trips, snow sports education, meetings, social, fund raising, etc.

At our second meeting we moved a few items around in these categories and then began more focused thinking. Much of this answered the question: "How" will these get done? What does the plan of action involve?

The first category was Publicity/Marketing. How do we get the word out about this new club, and what is it going to say that will immediately create interest.

- 1) Flyers that are eye appealing, simple, informative, quick reading, enticing.
 - 2) Marketing sites: Sporting Goods stores, Fitness centers, local government offices, colleges/schools/churches/hospitals/doctors offices, etc.
 - 3) Community organizations (Rotary, Kiwanis, YM-WCA, Chamber of Commerce), hiking/biking clubs, etc.
 - 4) Mass media (Radio/TV/trains/bus)
 - 5) Community publications/Penny saver, etc.
- First impressions are crucial. How do we "Welcome" new members? A specific plan to immediately engage new members:
- 1) Reception, ice breaker, introductions, etc
 - 2) Find out their interests, expectations, professional knowledge/skills.
 - 3) Involve in upcoming programs/events.

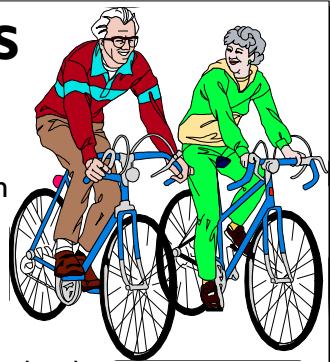
The Master Plan Task Forces next meeting will address a topic that organizational consultants consider even more important than membership recruitment, and that is member retention.

Herb Eschbach, Master Plan Task Force Chairman
(845)373-9138, docherbe@optonline.net

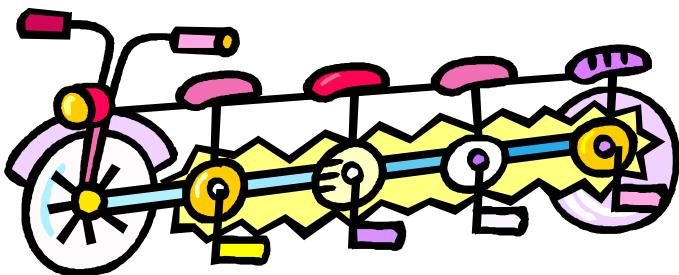
MAY BIKE RIDES

Amenia Rail Trail

Saturday May 9 at 11:00 am
Sunday May 10 at 12:00 Noon



Come join us for an easy bike ride on the Amenia Rail Trail. Its almost perfectly flat and 8 miles long with some place to eat lunch available (most of us have been going to the new Four Brothers Italian place) at the other end in Millerton. Then we return. It is a delightful trail in that there will be a wonderful variety of country scenes along the way. We hope to see you there.



The trail is reached by going out to Amenia on Route 44. At the traffic light go straight on through onto Route 343. About 2 blocks distance take the first right, Mechanic St. About 2 blocks up the road is at small parking lot at the trail, which gets filled quickly. If it is, park in the Town Hall lot you just passed on Mechanic St.

Yes, we are listing 2 dates to give more possibility for riders to enjoy this experience. On Sunday we will be joined by the Bike Club as they have scheduled a D ride there. Hopefully the weather will cooperate and you can come to one or both.

Morty and Jen morty_bob@hotmail.com

Weichert

Kathy Aman

Licensed Real Estate Salesperson
Multi-Million Dollar Sales Club
Weichert Executive's Club
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1110 Town Square, Rt. 55
LaGrangeville, NY 12540





Ski Trips — 2009-2010

We haven't even been to the beach yet and it is already time to think about our ski trips for 2010.

Not all the details are finalized but to help everyone start to plan we will share what we have and let you know where the missing information falls. The prices are approximate since we cannot get a guaranteed price from the airlines for another few weeks.

As an added incentive anyone who signs up for a trip between June 3 and June 30 receives a \$50 discount from these already incredible prices.

BRECKENRIDGE – Jan 23 -30 - \$1,208!!! I sold my soul for this one. Hotel lodging for 7 nights with a 5 day lift pass. Walk across the street, put on your skis, and ski down to the lift. A two block walk to the village shops and restaurants. The hotel has an on-site bar and restaurant. Say it ain't so, Joe!

TELLURIDE – Feb 27 – March 6 - \$1,468. Hotel lodging for 7 nights with a 5 day lift pass. The hotel is centrally located only 170 yards from the Oak Street Lift and within walking distance to Main Street. Complimentary home baked muffins, coffee and tea is offered each morning. Rooms have a mini-refrigerator.

PARK CITY – March 20-27 - \$1,163!!! Are we kidding? Hotel lodging for 7 nights includes breakfast. Be prepared for SIX days of skiing. With ski areas Park City, The Canyons, Deer Valley (no snowboards) and Snow Basin you will not want to miss one day.

Want to stay closer to home?

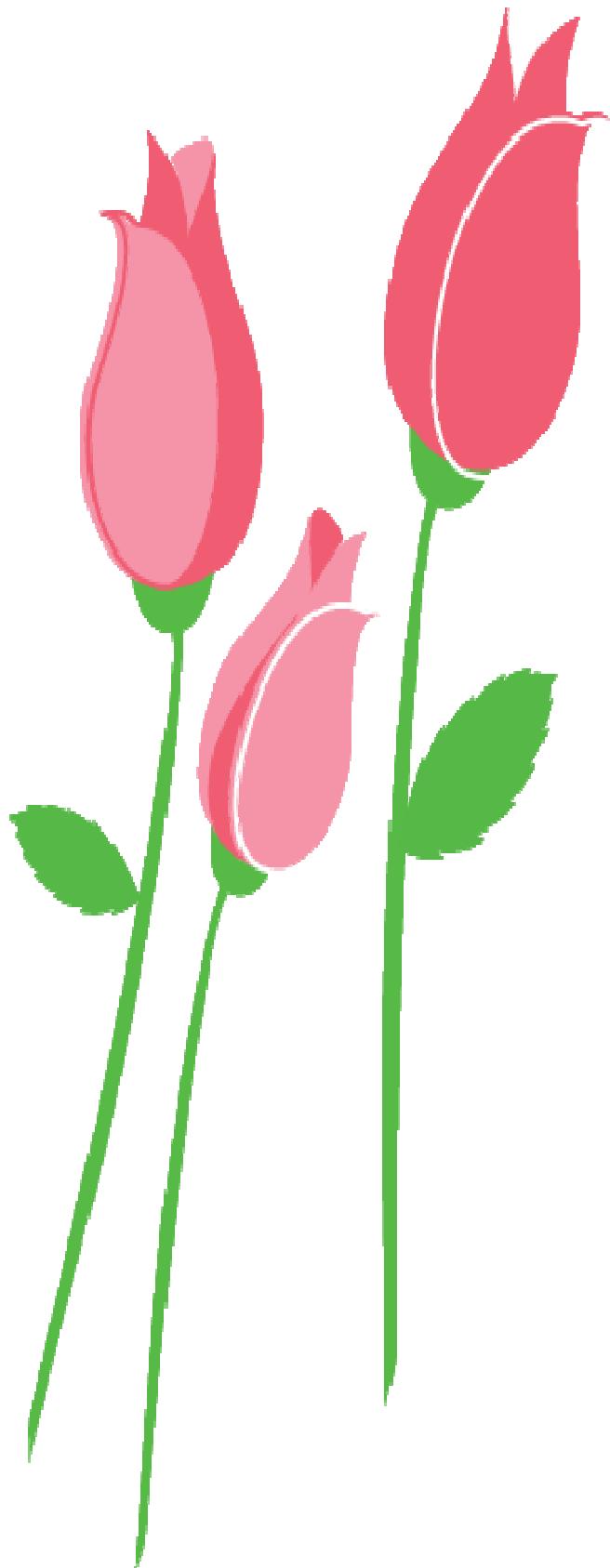
Midweek trip to Mount Snow – 5 day lift ticket, 4 nights lodging and breakfast - \$199!!!! The devil you say! We need 15 plus one trip leader to take advantage of this deal.

We are also looking into **Lake Placid** for a weekend trip and **Jay Peak** for a Thurs-Sun trip.

Sign up for the western ski trips will begin at the June meeting. Deposit check and completed registration form are required for sign up. Mailed sign ups will be added after the in-person sign ups and in the order they are received. This year spaces are limited.

Sign up early for the best deal.

Nancy Egan, Trip Committee





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ski and patio

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 Kingston 845.338.5119
 Fishkill *: 845.297.2941
 Toll free: 888.330.4941
 also in Middletown & Jiminy Peak



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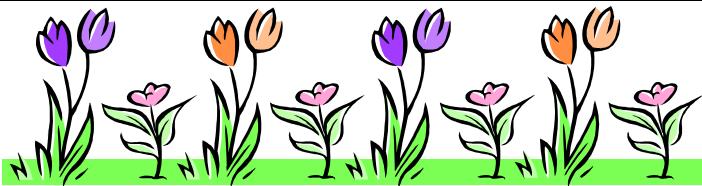


Hudson Valley Ski Club Spring Dance

FRIDAY, APRIL 24, 2008
 At Stonehedge Restaurant

By the time you read this, the dance will
 be past, but...

Thank to Pat Cummins for setting this dinner dance, to
 Stonehedge Restaurant for the excellent venue, food and
 service, and to Anthony Dell and his guitar playing
 sidekick for providing the music.



SKI BOOTS FOR SALE

Solomon Ladies 6.5 (EU 37)
 Very good condition ~ \$85
 Contact: Angie Harelick
 845 339-4894 RaindancerAH@aol.com



SKIS FOR SALE

K2 ApacheX 185 cm Skis/Marker Bindings
 with Lifts
 Scott 135 cm Poles
 Solomon Performa6 Boots - size 31
 Mondo/13 American
 Dakine insulated full length Bag
 3 years old - Like New - Package \$500 or
 best offer - Will sell separately if necessary
 Contact: Jacki Uhernik ukette2@yahoo.com



So close and yet so far....



SKI BOOTS WANTED

Size 7 used women's ski boot
 for beginner
 Contact: Valerie
 845-437-4688 yahail@yahoo.com



Weichert

Executive Club

Therese "Terri" Searle
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 Email: TSearle@hvc.rr.com

www.TerriSearle.com



1110 Town Square, Rt. 55
 LaGrangeville, NY 12540



Dutchess County Singles Dance

FRIDAY, May 8, 2009

Mercury Grand, Route 9 Poughkeepsie, NY

Admission: DCS members \$13 = Non-members \$15
 Includes hot/cold hors d'oeuvres, coffee & dessert, cash bar.
 Music 50/50 Raffle!
 Visit: www.DutchessCountySingles.org

Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

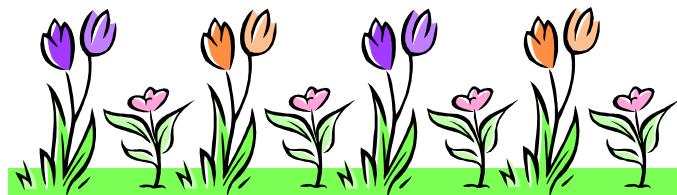
If you have questions, comments or suggestions, contact **Susan Hasbrouck** 229-6786 race training coordinator.

Note: Always check the website and/or Ski Phone 227-1123 for latest updates, as last minute conflicts are inevitable.

May	I Shadows On The Hudson 176 Rinaldi Blvd	Poughkeepsie
8	River Station 1 Water Street	Poughkeepsie
15	Cosimo's 120 Delafield St	Poughkeepsie
22	Mariner's Harbor in Highland 46 River Road (in conjunction with Trailsweepers Ski Club happy hour)	Highland
29	McAuley's Pub 347 Hooker Ave	Poughkeepsie

Coming Events -- May 2009

April	22 Earth Day
24	Spring Dance
May	6 First "Summer" Meeting at the Mercury Grand (formerly Best Western) at 8:00 PM
9	Amenia Trail Bike Ride (11 am)
10	Mother's Day
10	Amenia Trail Bike Ride (12 noon)
15-17	Hudson River White Water Rafting Trip



Hudson Valley Ski Club

If undeliverable, please return to:

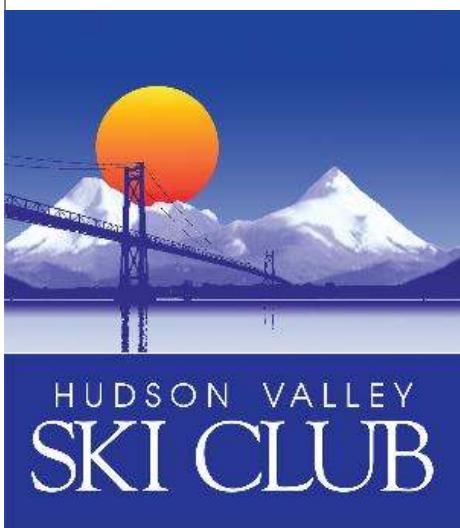
183 Millers Lane
Kingston, NY 12401

Mailing address:
P.O. Box 2704

Poughkeepsie, New York 12603-2704

www.hudsonvalleyskiclub.org
info@hudsonvalleyskiclub.org

May 2009



Mother's Day
Memorial Day

Meeting: May 6
at the Mercury Grand Hotel
(formerly Best Western) at 8:00 PM

