



# HVSC

**Hudson Valley Ski Club**

Poughkeepsie, New York  
\* 2009 \* Our 71st Year \*

Volume LXXI Number 3

March 2009



Saturday, March 7  
Set your clocks ahead  
Start Daylight Saving  
Time



## HAPPY ST. PATRICK'S DAY

### HVSC Day at Plattekill Saturday March 7



HVSC has arranged a club day at Plattekill in Roxbury, NY for Saturday, March 7, 2009. The area is extending a special discount lift ticket to club members for the day and the price is only \$30. This compares very favorably to their regular weekend lift ticket price of \$50. However, in order to secure this discounted ticket price, we need to have a minimum of 15 club members participating in HVSC Day at Plattekill. Therefore, plan on making arrangements and payment early for this great club benefit. Contact **Mark Searle** [HVSCSkiTeach@yahoo.com](mailto:HVSCSkiTeach@yahoo.com) or 845-471-6402 to make a reservation and submit payment for the event at Plattekill. If there are fewer than 15 club members who wish to participate, then the event will not be held.

### Election of Officers Meeting — April 1

Reminder: "The election of officers shall take place at the Annual meeting. The first regular meeting in April shall be considered the Annual meeting, providing a quorum is present and the Board has met all its election duties."  
*HVSC Constitution*

If you have any thoughts about running or nominating,  
Contact: **Mark Booska**, President (485-6246)  
[president@hudsonvalleyskiclub.org](mailto:president@hudsonvalleyskiclub.org)

### One more time... Night Skate at the Mohonk Mountain House Pavilion



Friday Night **MARCH 13** 7:30PM  
(come after or in lieu of "Race Training")

\$15 special rate includes skate session plus skate rental.  
Be aware Mohonk does not allow alcohol consumption,  
but hot chocolate & soft drinks are available for purchase.

If interested, contact **Mike Harellick**  
[hvscnews@hudsonvalleyskiclub.org](mailto:hvscnews@hudsonvalleyskiclub.org)

**Jeff Elwyn** will also be conducting a "Steeps & Difficult Snow Clinic" at this event. The instructional DVD "Advance to the Steeps" with extreme skiers the Egan brothers & others will be shown at 9:15 AM in the Plattekill lodge before taking it to the snow. A 10 minute preview will be shown and talk given at the March 4 meeting. In addition, avalanche safety will be discussed.

Contact him at [skiercom@hvc.rr.com](mailto:skiercom@hvc.rr.com) if interested. Be sure to include your e-mail address, should he need to contact you with any last minute changes.

### Thank You...

Thanks to **Nancy Egan** for running the **Vail, Colorado** and **Last Minute Vermont Ski Trips**.



**Club Information****Club Officers****President:**

Mark Booska 485-6246

**Vice-President:**

Ingrid Dodard 718-986-4201

**Secretary:**

Susan Eschbach ☎

**Treasurer:**

Jim Gahn 561-6376

**Sergeant at Arms:**

Larry Slezak 454-7824

**Board of Directors**

Jeff Elwyn 334-8732

Pete Gray 462-2010

Susan Hasbrouck 229-6786

Shirley Rinaldi 233-4168

Mark Searle 471-6402

**Committee Leaders****Constitution:**

Glenn Morris 462-2144

**Cross Country:**

Mark Booska 485-6246

Ed Miles 471-2504

**Dance Chairman:**

Pat Cummins 298-0854

**Education - PSIA/ASIA:**

Mark Searle 471-6402

**Discount Tickets:**

Jim Gahn 561-6376

**Marketing:**

Mark Booska 485-6246

**Membership:**

Pete Gray 462-2010

**Mentorship:**

Herb Eschbach ☎

**Newsletter:**

Mike Harellick 339-4894

**NJ Ski Council:**

Jim Gahn 561-6376

**Ski Trips:**

Nancy Egan 895-1714

**Snow Boarding:**

Kevin Kokosa 229-6786

**Publicity:**

Sal Alaimo 473-2481

**Racing Program:**

Tom Pompei 462-3944

**Summer Activities:**

Walt Gorgas 489-3999

**Welcoming:**

Susan Hasbrouck 229-6786

**Friday "Race Training:"**

Susan Hasbrouck 229-6786

All phones area code 845

☎ Find contact information in the Online Membership Directory.

**Welcome to the following new members!**

Sharon Cross

Angela Michaels

Marilyn Graves

Stephen Petix

Peter Kane

Vincent Valetutti

The **2008-2009 Membership Directories** are available. You can pick up your copy at any HVSC meeting, or I can mail it to you if you send me a Stamped Self Addressed Envelope. The envelope should be a minimum of 6" x 9". The postage for one (Single Membership) is \$1.00 and for two (Couple Membership) is \$1.34.

The most current Membership Directory is always available online at [hudsonvalleyskiclub.org](http://hudsonvalleyskiclub.org)

*Pete Gray* [membership@hudsonvalleyskiclub.org](mailto:membership@hudsonvalleyskiclub.org)

**Dates 2008—2009 Ski Trips**

December 5-7, 08 Smuggler's Notch, Vermont

January 9-11, 09 Gore Mt, New York

January 15-25, 09 Cortina, ITALY

January 30-2/1, 09 Last Minute Vermont Ski Trip

February 21-28, 09 Vail, Colorado

March 8-13, 2009 Mt. Tremblant, Canada

**HVSC Board Meeting**

The board next meets March 4 at 6:30 PM, Best Western, Route 9, Poughkeepsie

Invitees: All Officers and Board Members are requested to attend. Any interested Ski Club members may attend as guests.

Contact: **Mark Booska**, President (485-6246)  
[president@hudsonvalleyskiclub.org](mailto:president@hudsonvalleyskiclub.org)

**Newsletter Editors:**

Mike &amp; Angie Harellick

183 Millers Lane

Kingston, NY 12401

845-339-4894

Deadline: 15th of the month  
[editor@hudsonvalleyskiclub.org](mailto:editor@hudsonvalleyskiclub.org)



**Voice Message Service** for last minute changes and new activities: **227-1123**

Contact: **Ed Miles**  
(471-2504) to have a message put on the service.

**From the Editor/Webmaster**

**On facebook and YouTube and Skype and...**



What else on the internet? Now the Club has a presence on the facebook.com "social network."

If you use facebook, you'll find us there. See the "Hudson Valley Ski Club" facebook group. If fact, why not join the group?

I've set up a few facebook "boards" on the group page. "Swap and Sell" for the obvious purpose and "Ski with Me" for people who are looking for someone to ski with. For example, HVSC member Frank Van Zanten is looking for buddies to ski with—by posting his desires on the "Ski with Me" forum, he might find some. If you have any other ideas for "boards" — let me know (or you can set them up yourself).

Since facebook has become the primary network for college-age people, this is a good way to maintain visibility to younger skiers and potential members of HVSC.

There is now a new button toward the bottom of the left-edge navigation bar on the website to help get you to the HVSC group page. If you are already a facebook user, the group page will appear; if you are not a facebook user, instructions will appear. I encourage you to join. (Feel free to call or e-mail me if you have questions or need help.)

And yes, you might find friends, family and your old high school sweetheart.



By the way we still have YouTube (channel is HVSCNews) and Skype and PalTalk.

*Mike*

[editor@hudsonvalleyskiclub.org](mailto:editor@hudsonvalleyskiclub.org)  
[webmaster@hudsonvalleyskiclub.org](mailto:webmaster@hudsonvalleyskiclub.org)

**PRESIDENT'S RACE  
HUNTER MOUNTAIN, NY  
SATURDAY – MARCH 21, 2009**

Sponsored by the New Jersey Ski Council

The Adult Race Program has been taking place weekly on Wednesday nights at Catamount.



On Saturday, March 21, 2009, the season finale will be the annual President's Race at Hunter Mountain, NY sponsored by the New Jersey Ski Council. This event is open to all HVSC members and their children and to skiers of all ages and abilities. Anyone who has attended this event in the past can attest to its success.

To qualify for club team awards, the team must have a minimum of seven participants, of which three are women. The more racers a club has improves the chances of winning the team award.

On race day, all participants must arrive by 8 AM for bib pickup and form completion (release of liability). Course inspection will begin at 9:30 AM and racing begins promptly at 10:30 AM.

The cost of the event is \$55 and this includes a lift ticket, race fee, awards party (pizza) door prizes and a 5"x 7" photo. HVSC will pick up a portion of the cost for this event. Children of club members that race will have to pay the entire cost.

Pre-registration is required by 3/12/09. If you want to participate, please contact **Tom Pompei** at (845) 462-3944 or e-mail: [TVP606@optonline.net](mailto:TVP606@optonline.net).



**New Club Logo and Apparel**



Visit the HVSC website and click on the link for our exciting line of embroidered ski apparel featuring the new club logo. Select the items that you wish to purchase, add them to your cart then, proceed to the checkout. You can pick up your order at EmbroidMe at the Poughkeepsie

Plaza or have it shipped directly to you. **Mark Booska**

**Come Ski With Me**



If you're looking for someone to ski with, there's a new feature online called "**Ski With Me**" on the Club's facebook group page. Just post when you're looking for a ski buddy and contact info and hopefully someone will be in touch.

It may be a bit late for this ski season, but check it out so you'll be ready for next year. There are links to "Ski With Me" on the [HudsonValleySkiClub.org](http://HudsonValleySkiClub.org) website home page.

*Weichert*

**Kathy Aman**  
Licensed Real Estate Salesperson  
Multi-Million Dollar Sales Club  
Weichert Executive's Club  
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fax 845.473.5404  
cell 845.505.3113  
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## “Love hovers over ski club enthusiasts”

An article by that title written by Julia Carlson Rosenblatt, the *Poughkeepsie Journal's* ski columnist, appears in the February 12 issue about the Hudson Valley Ski Club "Wedding List."

The article begins:

When Bob Auchincloss and Bonnie Kriscka got married last June, both had been long-time members of the Hudson Valley Ski Club (HVSC). Several of the ... members of HVSC, recalled the many couples who have met, courted and married while in the club. They started to make a list. Right off the bat, they came up with 40 pairs. After more thought, they expanded the list to 53.



To read the full article search the *Journal's* website or visit [HudsonValleySkiClub.org](http://HudsonValleySkiClub.org) for a direct link to the article.



## Lift Ticket Lotto

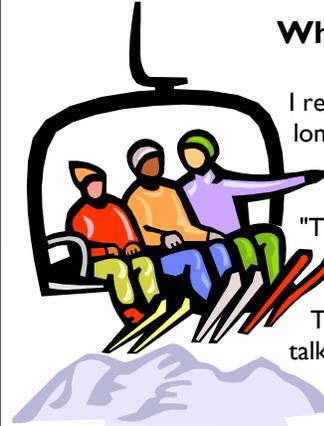
The club holds **Lift Ticket Lotto** contests at each club meeting during the ski season. Several local and regional ski areas have given the club lift tickets in exchange for ads in the newsletter. We'll be giving away tickets to different ski areas through March 2009. All you need do to get in on the hot action for this cool deal is to be sure to buy some Lift Ticket Lotto raffle tickets at the next meeting – do NOT get left out in the cold. When you win and later use a lift ticket from Lift Ticket Lotto, please take a moment to thank the ski area for their support of **HVSC**.

Mark Searle [hvscskiteach@yahoo.com](mailto:hvscskiteach@yahoo.com)

**January 21 Winners:** Butternut- Jeff Elwyn, Catamount-Eric Del Santo, Gore-Mary Ellen Wright, Hunter- Herb Eschbach

**February 4 Winners:** Butternut-Yvonne Baker, Windham-Susan Stark, Belleayre- Pete Gray, Thunder Ridge- Judy Sever, Bonus of 2 tickets to Butternut-Ingrid Dodard

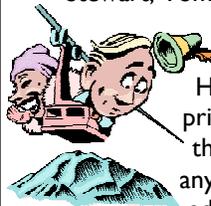
## What are the odds???



I received the following story from long time past HVSC member, **Bonnie Benton:**

"This is amazing. I was on a lift today at Copper Mountain, Colorado with the 'Over The Hill Gang Group'. While talking about where we originally came from, a girl on the lift said she came From Wappingers Falls, New York.

The end result is that she met her husband, Ken Orr, at HVSC -- her name is Carol. I got so excited that I almost fell off the chair. (Sorry about the drama).... Well anyway, they quit HVSC about 10 years ago because of 5 kids in college (his & hers) and working a lot to pay for it. They moved to Frisco, Colorado 1-1/2 years ago and actually thought they were the first to do so. I had to bust her balloon and tell her that Joan Davids, Brian Moriarity, Duane Stewart, Tom & I were here before them."



Needless to say, I have added them to the HVSC "Wedding List," which at the time of this printing numbers 54 couples. Check it out on the [HudsonValleySkiClub.org](http://HudsonValleySkiClub.org) website and if anyone knows of other couples who should be added, let me know.

Mike

[webmaster@hudsonvalleyskiclub.org](mailto:webmaster@hudsonvalleyskiclub.org)



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**THE SKINNY ON CROSS COUNTRY**

By: Mark Booska [mebooska@yahoo.com](mailto:mebooska@yahoo.com)

**Outside Looking In**

When we go out to have fun we seldom think about what goes on behind the scenes to create the proper environment for our enjoyment. When you go to the spa to relax you certainly are not analyzing how much paperwork the spa management does to satisfy health regulations, and you probably don't think about the mowing equipment that the country club uses when you go golfing so I suspect that you have never really thought about what it takes to deliver a great ski experience. Over the last three years I have become intimately aware of the amount of work and dedication that goes into putting smiles on the faces of skiers.

My involvement at the Fahnestock Winter Park begins with trail work in the fall. Since we are a small, low profile element within the huge state parks department we receive very little money and as a result the trails have never been professionally prepared with heavy equipment specifically for skiing. That means that every season we go out and make incremental improvements by hand or small equipment. Rocks are broken with jackhammers and sledgehammers to flatten the surface a little more. Trees are cut to widen the trails. Encroaching brush is cut back with hedge trimmers and weed-wackers. Offending branches are removed with loppers. Fill is brought in to fill holes or cover exposed rocks and there is a continuous battle against falling branches.

Fahnestock receives only about 36 inches of snow per year so we try to improve the quality of the trails so that we can operate with as little snow as possible. Right now we usually need about 6 to 7 inches to open. If we had more consistent snow then perhaps we would see the kind of trail work that took place at the Jackson ski touring center in New

Hampshire this past summer. In an article that I read the director there estimated the cost of building some new trails and renovating others at \$50,000 per kilometer. It is not very likely that we will see those kinds of resources any time soon. We have a long way to go before we get to what I would consider first rate but, it is very rewarding to see the trails get better and better.

Before the season starts there are other things that have to be completed like putting up signs, installing snow fencing, servicing the snowmobiles, checking the grooming equipment and cleaning up leaves and debris around the center. There is always more to do. I help out as much as I can but, the payroll budget is very tight and the director can't afford to pay me to spend all November working the trails so I also volunteer my time as well as own equipment. The director himself has spent countless hours designing, building and maintaining the trails since the center opened back in 1996. We accept that it is not perfect, but it's getting there. All the hard work is worth it when the parking lot fills up on winter weekends and the lodge is jammed with smiling skiers. We'll continue this in the future.



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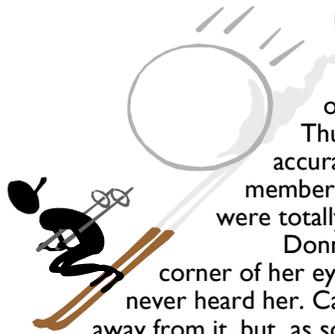
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## HVSC Members caught in Avalanche in Cortina

The first notification of the avalanche was an e-mail written and sent by Cheryl Davis in Cortina to Bruce Bassett, who forwarded it to Jeff Elwyn who sent it to me. The following article was extracted from an E-mail from Pete Gray sent Saturday January 24, 1:43 PM EST (2 days after the avalanche).

All HVSC members came out of the event all right.



I have a few minutes before our last supper in Cortina....

Cheryl's account of our avalanche incident on Thursday (Jan 22) was pretty accurate, except there were 12 HVSC members skiing together and Al and I were totally buried.

Donna Etu saw it coming out of the corner of her eye, and screamed, but Al and I never heard her. Carl did hear her and tried to ski away from it, but as soon as it was around his skis, he was trapped. He managed to stay upright and poled as hard as he could. When it stopped, the snow was up to his shoulders in the back and up to his chest in the front.

Al was in the lead and I was skiing about 25' behind Al. The avalanche hit us both in the back like a freight train. All I saw was white, didn't know which way was up and was breathing in snow and coughing. It grabs you like a vice and you can't move and can barely breathe. I got my hands up near my face and was able to get the snow away from my face so I saw daylight and could breathe. My skis stayed on so I couldn't move my legs and my pole straps were still on so I had practically no arm movement.

Both Al's skis came off, which, I think, allowed him to free himself. He was able to quickly get to me and, with the help of a passer-by, managed to dig me out. I discovered one ski pole was bent at about a 45 degree angle, but didn't break, and the hamstring on my left leg was throbbing.

Nearly everyone in our group was knocked down by the avalanche. We were all very shaken (scared shitless would be more accurate). Al figured his new skis were history. A ski police (Carabinieri) arrived with a metal locator and a rod and they were probing the snow above where we ended up for Al's skis. For some reason Bob Spinella started probing with his ski poles below where Al ended up and found Al's skis! The avalanche actually made the local paper (I'll scan the picture when I get home and send it to you). It shows about 17 or 18 Carabinieri probing the avalanche area after we left. There was no way to be really sure there weren't other skiers mixed in with the the 12 of us as we went down the trail and they had to be sure there wasn't someone buried under the snow (estimated at 15-20' deep).

Most of the group continued to ski, but my hamstring was bothering me so much, I made one more run and headed back to the hotel.

Twenty-two of us did a tour of a portion of the Sella Ronda the following day and we had another great day of skiing today (Saturday). Today was a bonus as the weather reports called for a snow storm all day.

Well, that's about it from Cortina. Our bus leaves here tomorrow morning at 6:30 AM for Venice. With any luck, we will land at JFK about 3:30 PM on Sunday.

Regards, **Pete**

## Discount Lift Tickets

The Hudson Valley Ski Club Discount Ski Lift Ticket Order Form for the 2008-2009 season is now available (online or from the treasurer at HVSC meetings). Tickets are available for the following ski areas using the order form: **Ascutney, Bromley, Gore/Whiteface, Okemo, Sugarbush, Stratton, Jay Peak and Mount Snow.**



Ski club members can also obtain **Killington** tickets at discount. NJSC documents describing these options are also available (online or from the treasurer at HVSC meetings).

1. All tickets **MUST** be paid for in advance of pickup. (Make checks payable to "Hudson Valley Ski Club").
2. Mail or give your order form to Jim Gahn with your payment by the second meeting of the month so we can order and pick up the tickets at the next NJ Ski Council Meeting.
3. All orders are to be picked up at a regular ski club meeting. (Self addressed and stamped envelope may be submitted with your order if you prefer to have your tickets mailed.)

For more information, contact: **Jim Gahn**, 561-6376

**ON THE WEBSITE** you will find:

DISCOUNT TICKET INFORMATION:  
2008-2009 Discount Ticket Order Form  
Killington Club Card FAQ  
Killington Express Card information



**35 trails. 1100' vertical.  
190" avg. annual snowfall  
and ...**

A photograph of a skier in a dark jacket and helmet, captured in mid-turn on a snowy slope. The skier is wearing goggles and has their poles tucked under their arms. The background shows a vast, snow-covered mountain landscape under a clear sky.

**a family  
mountain  
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**HVSC -Trailsweepers  
Ski Race Challenge & Dinner  
Belleayre Mountain ~ Sunday March 1**

Lift tickets will be \$40 and the race fee will be \$5. Dinner will be at the Black Bear for \$20 a person with 3 appetizers and 3 entrees. There will be sixteen divisions in the ski race.



We will meet in the main lodge in the room on the left as you enter. **Jeff Elwyn** may be teaching a bump clinic if enough people sign up. We will need confirmed entrants and especially a head count for dinner by February 23. We may allow people to come to dinner without skiing (uncertain at press time)

For more information see HVSC or TSSC website calendar.

**HVSC sign-up: Mark Booska** [mebooska@yahoo.com](mailto:mebooska@yahoo.com)

**TSSC sign-up: Dale Ziegenfelder** [zieg@hvc.rr.com](mailto:zieg@hvc.rr.com)

**Bump clinic sign-up: Jeff Elwyn** [skiercom@hvc.rr.com](mailto:skiercom@hvc.rr.com)



GRAND PRIZES: Two winter vacations for the week of April 3-8, (6 days and 5 nights) of free lodging at

**Blue Mountain Rest**

in Blue Mt Lake, NY, about 1/2 hour from Gore Mt. (additional prizes available)

Register Online or in person

To enter the contest or for more details visit:

[www.bluemountainrest.com](http://www.bluemountainrest.com)

Drawings will be held on or about or about February 28.

**Trailsweepers "Sweepings"...**

Our sister club also runs various ski trips to New York and New England. HVSC members are welcome to participate.

**2008-2009 Ski Trips:**

Dec 12-14 Killington Weekend

Jan 23-25 Garnet Hill [New trip]

Jan 25-30 Killington Week

Mar 6-8 Stowe Weekend For info on Stowe trip: Call Frank Rauschendorfer 845-336-9902 or cell 201-615-2806 or e-mail [frauschendorfer@ups.com](mailto:frauschendorfer@ups.com)

For more information, visit: [www.Trailsweepers.org](http://www.Trailsweepers.org)



**SKI BOOTS FOR SALE**

Solomon Ladies 6.5 (EU 37)

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Contact: Angie Harellick

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**"We still have openings! Sign up now!"**

**Mt. Tremblant, Canada**

March 8-13, 2009, via train and bus.

(Sunday – Friday)

\$835 includes train transportation between Poughkeepsie and Montreal

We will be staying at Country Inn & Suites: Located in the heart of Old Tremblant – The Pedestrian Village – this charming property offers daily continental breakfast, hotel rooms and outdoor hot tub.



Included:

Round trip motor coach transfer from train station to hotel

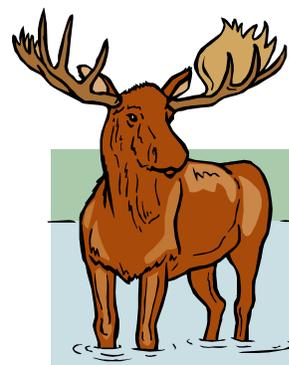
5 nights accommodation

4 day lift tickets

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Baggage handling

All taxes



Trip Leader: **Chris Bopp**

18 Slocum Road

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## President's Message

By Mark Booska  
[mebooska@yahoo.com](mailto:mebooska@yahoo.com)

### Do What

During the course of this winter I and others who are very involved within the club have seen first hand the continuing evolution of our organization. New faces appear at meetings and some familiar ones are seen less and less, things that we used to do no longer seem relevant while some new activities prosper. Most of what is done (or not done) is dependent less on the beneficiaries than on those with the drive to make things happen. Great ideas need to be executed. There is no lack of great ideas to enhance the value to our members but, it is imperative that more people have the desire to contribute to the group in what ever little way that they can so that we can continue to grow and improve. We are fortunate to have several members who have given so much of themselves. The club would be very different and likely far worse off without them.

So what is working and what is not? What does the membership value and what does it not? We may have a survey later this year to determine this but, in the meantime I have my own opinions. This is not necessarily inclusive since Mike only has so much space for me here. On the "not doing so good or dead" column we have XC, snowboarding, Halloween parties, bowling parties, bus trips, meetings and the snow phone. Despite mine and Kevin's best efforts both XC and snowboarding have so far been unable to attract much of a following.



The Halloween party may be replaced by the fall kickoff dance because too many people don't want to be bothered with costumes. Nobody wants to bowl or take a bus anymore. Meetings are losing some of their relevance as many members feel that they can get all that they need from the newsletter and website. When was the last time that you called the snow phone?

In the column that I could call plateau or stagnant we might include: lessons, race training, the holiday raffle, lift ticket lotto, discount tickets, and membership numbers. Lessons are an important marketing tool for the club; however, fewer and fewer members are taking advantage of them despite ample instructors and a flexible schedule. Race training continues to be popular but, down some. The raffle still brings in money but, the last two organizers felt that it was too much work for the return. Lift ticket lotto also fills the coffers yet it too is down, probably because of decreasing meeting attendance. Discount tickets are another benefit for many joining the club but, there is a proliferation of other discount outlets. Membership numbers have stagnated, there is no doubt about that. We even lost one board member last year because we dropped below 300 members.

On the plus side we have racing, the Lake George trip, week long trips, parties, Mohonk skating parties, the newsletter, the website, our finances, our relationship with the Trailsweepers and our image. Racing is not a huge deal within the club but, Tom may see up to ten names on the roster now. How can you not say that Shirley's trip is not a huge success when 70 people show up? Week long trips out west or to Europe continue sell out and are major selling points. We usually do all right at parties especially Claudette's and this year's holiday dance was up over last year. The Mohonk skating party is so popular now that Mike has added a third one for March. The newsletter and website look professional and are always full of content—checkout the club store online. Money is not a problem here, plenty in the bank (I should ask the board for a raise). Our growing relationship with the Trailsweepers is benefiting both clubs by adding content and critical mass to events as well as sharing the work load. Look for more in the future. With the creation of a professional logo we can now portray an exciting and classy image to prospective members.

Overall, the HVSC is still a great place to be. The challenges that we face are not unique to us and we have a lot of great people who will continue doing what they can to make the club even better. Is there something that you can offer as well? Elections are coming up this April and we will have a couple of positions open, consider joining the team.

Live, ski or die.

**Mark Booska**

### LAST SKIER & RIDER IMPROVEMENT DAYS Windham, March – Sunday, 3/8 - Belleayre

The present list of events all employ discounted lift tickets from Potter Brothers Ski Shops. If you plan to participate in one of the Ski Improvement Days, please contact the club's Instruction Coordinator, **Mark Searle**, at (845)471-6402 or [HVSCSkiTeach@Yahoo.com](mailto:HVSCSkiTeach@Yahoo.com) to ensure that there will be appropriate instructors available for the given event.

### HOW TO IMPROVE YOUR SKIING OR RIDING

There are a few techniques that are proven to enhance one's skiing or riding abilities.... See the article in the December or January issue of this newsletter.

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How about a "Potter Brothers" gift card as a holiday gift? They're available in various denominations.

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What's green and stays out all night?

**HVSC Trivia**



Last month's question: Which happy HVSC club members met with a New England Patriot's Cheerleader at Killington in 1999? On that trip, John Mongero and Chet Allen were photographed with a New England Patriots Cheerleader.

For photographic evidence and more information regarding this event, see the "Photo Gallery" on [www.HudsonValleySkiClub.org](http://www.HudsonValleySkiClub.org)

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*Weichert*

Executive Club

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1110 Town Square, Rt. 55  
LaGrangeville, NY 12540



*Dutchess County Singles Dance*



Friday, March 13, 2009 ~ 8:00 PM -- Midnight  
Best Western, Route 9 Poughkeepsie, NY

Admission: DCS members \$13 = Non-members \$15

Includes hot/cold hors d'oeuvres, coffee & dessert, cash bar.

Music 50/50 Raffle!

Visit: [www.DutchessCountySingles.org](http://www.DutchessCountySingles.org)

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## Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Hasbrouck** 229-6786 race training coordinator.

Note: Always check the website and/or Ski Phone 227-1123 for latest updates, as last minute conflicts are inevitable.

- February**
- 20 The Dubliner  
796 Main Street Poughkeepsie
  - 27 Cosimo's  
120 Delafield Street Poughkeepsie
- March**
- 6 Antenella's  
Route 9 Wappingers Falls
  - 13 In conjunction with the Skate at Mohonk:  
La Stazione  
5 Main Street New Paltz
  - 20 Hob Nobbin Pub  
11 Vassar Road Poughkeepsie
  - 27 Ill Continori  
16 East Main St. Wappingers Falls

## Coming Events -- March 2009

- February**
- 18 Meeting at the Best Western 7:30
  - 21-28 Vail, Colorado Ski Trip
- March**
- 1 HVSC/TSSC Ski Challenge/Dinner with "Bumps Clinic" by Jeff Elwyn
  - 4 Meeting at the Best Western 7:30
  - 7 HVSC Day at Plattekill with "Deeps Clinic" by Jeff Elwyn
  - 8-13 Mt. Tremblant, Canada Ski Trip
  - 13 Ice Skating at Mohonk
  - 18 Meeting at the Best Western 7:30
  - 21 President's Race at Belleayre
- April**
- 1 Meeting at the Best Western 7:30 including election of officers



## Hudson Valley Ski Club

If undeliverable, please return to:

183 Millers Lane  
Kingston, NY 12401

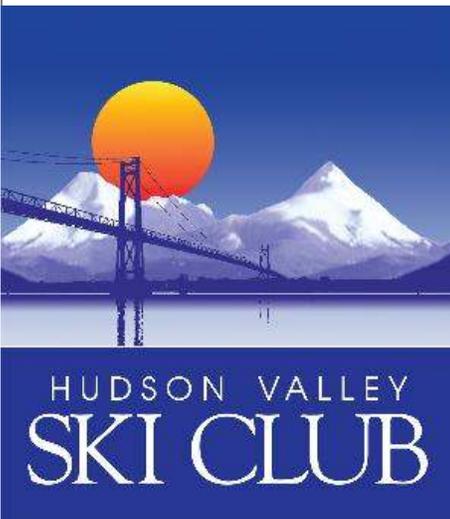
Mailing address:  
P.O. Box 2704

Poughkeepsie, New York 12603-2704

[www.hudsonvalleyskiclub.org](http://www.hudsonvalleyskiclub.org)

[info@hudsonvalleyskiclub.org](mailto:info@hudsonvalleyskiclub.org)

## March 2009



Meetings:  
March 4 and 18  
at the Best Western

