



HVSC

Hudson Valley Ski Club

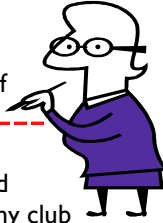
Poughkeepsie, New York
* 2007 * Our 69th Year *

Volume LXVIV Number 7

July 2007

Renew your Membership Early This Year

As in recent years we are including a membership renewal form in this (and future) summer issues of the newsletter.



If you prefer you can download the application and waiver form from the website or pick one up at any club meeting during the regular ski season. If you look at the prices on the membership renewal form, those who renew on or before 9/19 will save \$10 this year. Whether you are eligible for the \$10 discount is determined by the postmark on your envelope (NOT the date you wrote on your check or the Membership Application). If it's not postmarked before midnight on 9/19 you will pay the full fee. If you have any questions regarding membership, contact Pete Gray (pg4@pg4.net).

Notes from the trip committee:

Sign ups for trips to Aspen and Tahoe are now open. We were able to negotiate a price for Aspen during Peak season at the Value season price. Tahoe is being offered with two options: the South Lake Tahoe/Heavenly price is \$1,090 and the North Shore/Squaw price is \$1,890. Some members have approached the committee with a desire to stay and ski Squaw for the week. Our vendor was gracious enough to provide a trip that offers both options. However, the option is only available if we have 8 people signed up by the first meeting in July.

Sign up began June 6 at the regular summer meeting. In person sign ups during the June and July meeting have "dibs" over any mail in sign ups regardless of the postmark. Mail in sign ups will be placed in order by postmark after the in person sign ups.

One of the vendors offered a promotional ski trip to Japan at one of this seasons ski shows. Spaces are limited. Please contact me immediately if you are interested.

Weekend trips should be ready for announcement in the September newsletter and at the first meeting in September.

See *page 4* for details of these trips.

Questions? Contact **Nancy Egan**, Trip Chairperson

Bike & Pool Party

Saturday, July 14

(July 15 Rain date)

at the home of

Claudette Hennessy

236-7971

chennessy@hsysgrp.com



Meet at Claudette's at 9 AM for coffee, drive to the approximately 20 mile bike ride around the Wallkill Valley. Pool party, volley ball starts at noon. Bring a dish to share, BYOB. Soft drinks, plates, etc. and a grill are provided.

Directions:

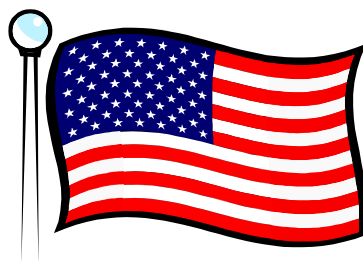
From the Mid-Hudson Bridge, go south on Route 9W to Marlboro, turn left on Old Post Road across from the Village Square Mall.

From the Newburgh Beacon Bridge, north on Route 9W and right on Old Post Road.

Claudette's is the 7th house on the left (#404 with mailboxes on a wagon wheel).



To avoid conflict with the Independence Day holiday, this month's meeting will be on **July 18, 2007** at the Best Western at 8:00 PM



Celebrate Independence Day
July 4

For info and history of the US Flag see www.usflag.org

Club Information**Club Officers****President:**

Mark Booska 485-6246

Vice-President:

David Ghostlaw 338-3528

Secretary:

Susan Eschbach 373-9138

Treasurer:

Jim Gahn 561-6376

Sergeant at Arms:

Larry Slezak 454-7824

Board of Directors

Ingrid Dodard

718-986-4201

Jeff Elwyn 334-8732

Pete Gray 462-2010

Susan Hasbrouck 229-6786

Shirley Rinaldi 233-4168

Mark Searle 471-6402

Committee Leaders**Constitution:**

Glenn Morris 462-2144

Cross Country:

Mark Booska 485-6246

Ed Miles 471-2504

Dance Chairman:

Pat Cummins 298-0854

Education - PSIA/ASIA:

Mark Searle 471-6402

Discount Tickets:

Russell Gray 855-9339

Marketing:

Mark Booska 485-6246

Membership:

Pete Gray 462-2010

Mentorship:

Herb Eschbach 373-9138

NJ Ski Council:

Jim Gahn 561-6376

Ski Trips:

Nancy Egan 895-1714

Snow Boarding:

Kevin Kokosa 229-6786

Publicity:

Sal Alaimo 473-2481

Racing Program:

Tom Pompei 462-3944

Summer Chairman:

Walt Gorgas 297-8746

Welcoming:

Susan Hasbrouck 229-6786

Friday "Race Training:"

Susan Hasbrouck 229-6786

All phones area code 845

*Welcome to the following new members!*

Ken Cooper

Jay Samoff

Jill Flanigan

Anthony Sever

Bob Hargrave

Judi Sever

Scott Symons

The **2006-2007 Membership Directory** is available. If you haven't picked up your copy at the last two meetings, I can mail you a copy if you send me a self-addressed stamped envelope (6"x9" minimum size). Postage is \$.58 for one (Single Memberships) and \$1.31



Pete Gray membership@hudsonvalleyskiclub.org



**HVSC Board Meeting
Wednesday, July 18, 2007***

*Note: Summer board meetings (except July
first Wednesday

7:00 PM, Best Western, Route 9, Poughkeepsie

Invitees: All Officers and Board Members are requested to attend. Any interested Ski Club members may attend as guests.

Contact: Mark Booska (485-6246)

president@hudsonvalleyskiclub.org

Newsletter staff:

Deadline: Fifteenth of each month

Editors:

Mike & Angie Harellick

183 Millers Lane

Kingston, NY 12401

845-339-4894

editor@hudsonvalleyskiclub.org

Voice Message Service for last minute changes and new activities:
227-1123

Contact: **Ed Miles** (471-2504) to have a message put on the service.

From the Editor/Webmaster**Website hint**

Occasionally I get a call asking, "What's the password to get into the Members Only area?" Well, if you are a member, it appears on the back of your current membership card; if you're not a member, click on the "Membership" button on the website and follow instruction to join.



Remember once you do see the opening page for the Members Only area, you can bookmark the page on your browser and you won't have to remember the password — at least until it changes next year.

**Summer is Here**

With the coming of the warm weather, ski trips are over, Lift Ticket Lotto (and the attendant ads in the newsletter) are done and there is more free space in the summer issues. So if you have an item you would like to include in any upcoming issue, this would be a good time to do it.

Remember, no unsolicited or unannounced e-mail from Hudson Valley Ski Club has ever (and will never) contain attachments or embedded executable files.



Mike

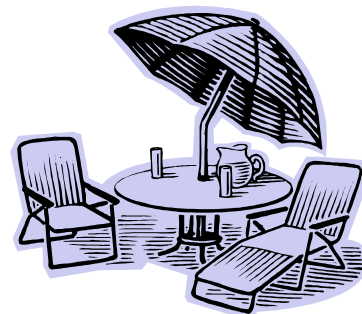
editor@hudsonvalleyskiclub.org

webmaster@hudsonvalleyskiclub.org

SUMMER MEETING SCHEDULE:

This year much as Daylight Savings Time has started early, so have the HVSC Summer Schedule.

Summer meetings (April through August) will be held only once a month on the first Wednesday of each month, starting at 8:00 PM. We resume the normal first and third Wednesday schedule in September.



President's Message

By: Mark Booska
mebooska@yahoo.com

Fun in the Sun

If you are like me then you are thinking about most every thing other than what brings all of us together. I hate to see the snow melt but now I love the warm weather and the vibrant colors. Come autumn I will love the changes that it brings and of course we then come full circle when the snow flies. No matter what time of year it is we love it. Active people like you and I adapt to the season and take it for what it is. Let the cry babies whine about the cold and move to Florida or Arizona. They can have the heat and humidity, besides it just means more room for us.

Now is the time for kayaking, swimming, tennis, running, golf, roller blading and my favorite-cycling. I encourage you to make time for your favorite. Personally, I ride Monday and Wednesday evenings for 40 to 50 miles with the Mid-Hudson Bicycle Club. I've been doing this for about 15 years now and I hate to miss a day. Now you may not be able to hold a 20mph average for 50 miles like us experienced riders but you can work up to what ever level you wish and remember that whatever sport that you participate in will improve your skiing come snow time.

I was quite surprised to see the turnout at the June meeting. It was a good thing that we weren't in one of the little rooms. At first I was thinking that there was a tremendous amount of interest in the program on bicycle maintenance. Then I realized that the crowd was there to sign up for the trips. Oh well, Walt and I appreciated the seven or eight of

you who did sit in for the tire changing lesson.



We have a big change to announce in the club officer lineup. Jim Gahn will be taking over as treasurer for Russ Gray. It can be a big job at times and it requires a level of commitment that reduces the potential takers to just a handful that have the energy, and the time.

Russ has informed us that he just doesn't have enough of the latter and that he will be turning the books over to Jim this summer. I would like to thank Russ for his past service and for being able to admit that sometimes life gets in the way. We all have to pick and choose what is important in our own lives and usually the serious business of life trumps fun and games. Russ, don't you be a stranger now and I expect to see you on the slopes this year! We all must thank Jim as well for stepping up to accept the treasurer position. His efforts as our NJ ski council rep have been greatly appreciated and I'm sure that he will tackle his (additional) role with equal vigor.

As always I encourage to attend meetings and get involved. If you can't make a meeting, squeeze in a race training, play tennis with Bob, golf with Chris or hang out at Claudette's well-you're just too busy and you should slow down and enjoy life a little more

Live, ski or die.

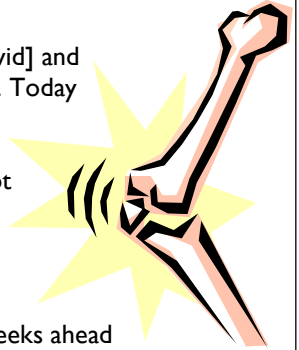
Mark Booska

Dave Fitch, past member of HVSC and currently residing in Florida, recently (May 29) underwent knee replacement surgery.

As his wife, Barbara, reports in an email the day after the surgery:

"... I just got off the phone with [David] and other than being tired he is doing well. Today they will be getting him up for physical therapy so I'm sure that will be a little rough. Somehow he lucked out and got a private room but still didn't get any rest since they were in the room every hour on the hour last night..."

In more recent phone calls and emails, Barbara reported Dave was "3 to 4 weeks ahead of the curve" — up and about and pain free within days of the surgery and walking on his new knee within a few weeks. David is home and doing very, very well. They took the sutures out June 10 and he is walking with a cane. Thanks for all the phone calls, cards and mostly the prayers. He is definitely on the fast track for healing.



Barbara & Dave Fitch, babsf@tampabay.rr.com
 1347 Wild Pine Court, Trinity, FL 34655

Claude Forter, past member of HVSC and currently residing in California has recently moved into a VA Hospital with a view of the San Francisco Bay Bridge from his window. Photos of Claude and his new digs are available; drop me a note if you are interested. editor@hudsonvalleyskiclub.org
 Members who wish to send cards and letters are welcome to do so care of his son, Mike.

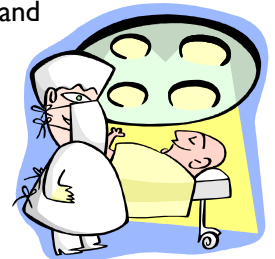
Claude Forter, c/o Mike Forter,
 1451-25 Avenue, San Francisco CA 94122-3317

Don Sinn, long time HVSC member and President (1981--1983) had quadruple heart by-pass surgery in February 23 while visiting in Florida and since returning home has had some complications.

At last contact he was pain-free and getting around. A running log of his correspondence can be found on the www.Hudsonvalleyskiclub.org website.

If you want to send a card, his home address is 1014 Haw Ridge Road, Piney Flats, TN 37686-3429. More contact information can be found in the Online Membership Directory, also on the website .

"We can't change the wind! – We can adjust the sail!"



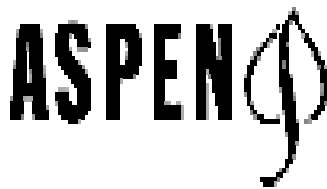
Suggestions & Comments Box

Do you have any ideas on how the club can be improved -- trips, meetings, events, etc? Send your Suggestions & Comments to **Mark Booska** president@hudsonvalleyskiclub.org



ASPEN

Feb 23 – March 1
\$1,390



Trip includes:

- 7 nights lodging at the Gant
- Round trip air
- 5 of 6 day All Aspen Lift Pass
- Transportation to and from airports
- Welcome Reception

The Gant is ideally situated in a peaceful enclave at the base of Aspen Mountain. The Gant provides outstanding accommodations and unmatched amenities including two heated outdoor swimming pools. Come to ski and discover 4 world class mountains with over 4100 acres of ski able terrain for every level of skier. Come for more than skiing and discover Aspen's remarkable restaurants, singular shopping, fascinating art galleries, stimulating book stores and late night entertainment. Come for the outdoors and discover miles of groomed cross-country trails, dog sledding, guided snowshoe tours, snowmobiling and hot-air ballooning.

*PLEASE NOTE DETAILS ARE SUBJECT TO CHANGE

Trip Leader: **Mary Ann Jagger**
15 Anderson Road, Gardiner, NY 12525. Phone 256-0225

Payment schedule: \$150 due the first meeting of July, Aug, Sept, Oct. and Nov. The final balance will be due the first meeting in December.

The minimum penalty for cancellations is \$100

LAKE TAHOE

Feb 2 – 9
\$1,090



Trip includes:

- 7 nights lodging at the Horizon Casino
- Round trip air
- Bus transportation to and from the airports
- 3 days skiing at Heavenly
- Day trip to Kirkwood
- Day trip to Squaw

The Horizon Casino is a first class hotel located in the heart of South Lake Tahoe. The hotel features an elegant grand lobby. Amenities include heated outdoor whirlpools and pool as well as many entertainment and dining options. There is free shuttle service to Heavenly from the hotel or walk just a few blocks to the Heavenly Gondola.

An option to ski and stay at Squaw is being offered for approx. \$1,890. This offer requires a minimum of 8 participants by the July meeting. Accommodations will be ski in/out at Squaw Inn based on double occupancy.

*PLEASE NOTE DETAILS ARE SUBJECT TO CHANGE

Trip Leader: **Jackie Martzinek**
59 Cedar Valley Road, Poughkeepsie, NY 12603. Phone 473-2557

Payment schedule. \$220 due the first meeting of July, Aug, Sept, Oct. and Nov. The final balance will be due the first meeting in December.

The minimum penalty for cancellations is \$100.

Nagano, JAPAN

January 5 – 13, 2008
\$1,675 plus approx \$300 for
airline taxes and surcharges



Trip includes:

- Round trip air between New York and Tokyo
- 2 nights accommodations in Tokyo with breakfast buffet daily
- 5 nights accommodations in Hakuba with breakfast buffet & dinner daily
- Transfer between Hakuba and Nagano via private motor coach with guide
- Half day city tour of Tokyo
- and more!

Pre Trip Extension to Kyoto, Japan – 3 days/2 nights \$410
Post Trip Extension to Beijing, China – 6 days/5 nights \$675

This is a special offer that will not last. Please see Nancy Egan, Trip Committee Chair, for more information and to secure your reservation.

Note: Lift tickets can be purchased for between \$34 and \$41 per day depending on the exchange rate.

The last day to sign up for the Japan trip is July 11. Wait list names will be accepted after that date.



What are we doing the rest of our lives...or at least this summer?

Because many of you attended, you know that the June meeting was one of the most-attended meetings of the year. No wonder. . . our Trip Committee gave us choices of Tahoe North, Tahoe South, Aspen, Tokyo, Nagano, Kyoto, and Beijing, with prices starting at \$1,090. WOW!



After the trip sign-ups were out of the way, Mark Booska played magician. Instead of pulling an endless supply of items out of a magic hat, he pulled them from a little pouch he keeps under the seat of his bike. Items included an inner tube, an extra tire patch, tire tools, and a tire pump run by a tiny aerosol cylinder. Mark used them (and a couple minutes) to fix a flat tire. The conclusion: we can enjoy safe riding without adding much weight or expense to our bikes.

Mark got us out on ice skates last winter.

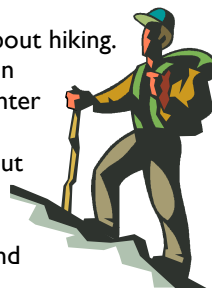
Let's do more of it. Therefore, for July let's talk about our skates. There are:



- Hockey skates for hockey, rinks, and ponds.
- Classic quad skates for rinks.
- Figure skates for rinks (open all year around).
- In-line skates for racing, hockey, figure skating, and just keeping in shape.
- Roller skis (Maybe Mark can persuade you to try them.)

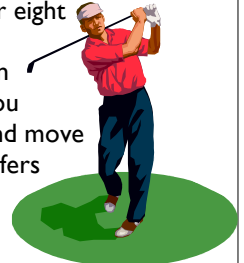
Join us, and if you have some interesting skates, bring them along.

August will be about hiking. If you can't stay in shape for the winter by cycling and skating, how about hiking? Let's talk about whom, where, and



when of hiking. Of course, we also have to consider what to carry.

Just a word about Chris's Uptoate Golf on Fridays. Uptoate (actually 'up to eight') is the rule at Southern Dutchess Country Club. After eight strokes, just pick up your ball, mark '8' on your score card (if you are keeping score) and move on. This rule lets golfers of all abilities to enjoy playing together.



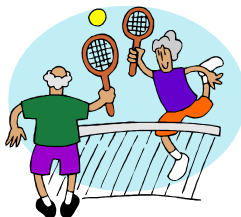
From time to time, members have asked about Saturday golf. Let's find out how many of you are interested. You can make July 14 a twofer. If you don't want to cycle on the morning of Claudette's party, join us just down the road at Mill Creek Golf Course at 10:00 AM. Let me know if you plan to play. Mill Creek tells me that reservations are generally not required unless you want to rent a golf cart.

Walt Gorgas

HVSC MIXED DOUBLES TENNIS TOURNAMENT

Results for Sunday, June 10...

Unfortunately we were rained out. I want to thank everyone for showing up. Lets try again Sunday, October 14 by **Bob Bennett**
coachbob86@aol.com



Pool Table For Sale

4' x 8' Slate - Good Condition All Accessories
\$325 - negotiable. Contact Tom Pompei - 845 462-3944



Hudson Valley Community Dances
Swing Dances and Contra Dances

at various venues

Visit: www.hudsonvalleydance.org

www.TerriSearle.com



Executive Club

Therese "Terri" Searle
Licensed Real Estate Broker Associate

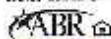
Cell: 845-546-9260

Office: 845-473-2800

Email: TSearle@hve.rt.com

www.TerriSearle.com

1110 Town Square, Rt. 55
LaGrangeville, NY 12540



Dutchess County Singles Dance

Friday, July 13, 2007 ~ 8:00 PM -- Midnight
Best Western, Route 9 Poughkeepsie, NY

Admission: DCS members \$12 = Non-members \$14
Includes hot/cold hors d'oeuvres, coffee & dessert, cash bar. Music of the DJ "Ed Roberts" 50/50 Raffle!

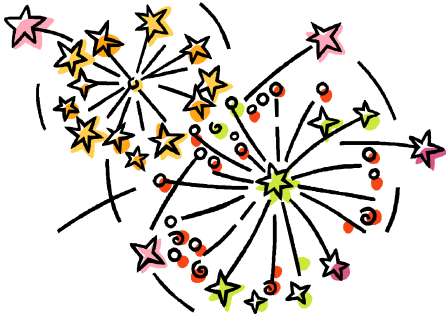
Visit: www.DutchessCountySingles.org

Friday Race Training

Every Friday evening Club members meet at an area eatery for a couple of hours of friendly conversation.

If you have questions, comments or suggestions, contact **Susan Hasbrouck** 229-6786 race training coordinator.
Note: Always check the website and/or Ski Phone 227-1123 for latest updates, as last minute conflicts are inevitable.

June	22 River Station	Poughkeepsie
	29 Pippy's	Poughkeepsie
July	6 Pirate Canoe Club	Poughkeepsie
	13 Mariner's Harbor	Kingston
	Joint Happy Hour with Trailsweepers	
	20 PC's Paddock	Poughkeepsie
	27 Cosimo's	Poughkeepsie



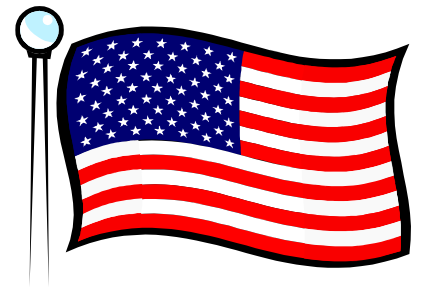
Hudson Valley Ski Club

P.O. Box 1024
Poughkeepsie, New York 12602-1024
www.hudsonvalleyskiclub.org
info@hudsonvalleyskiclub.org

July 2007



Happy Fourth of July



Coming Events -- July 2007

July	18 Meeting at Best Western 8:00 Board Meeting 7:00 PM Note: Not the first Wednesday
	14 Bike & Pool Party at Claudette's
August	1 Meeting at Best Western 8:00 Board Meeting 7:00 PM



Friday Golf

Contact Chris Bopp bopptax@yahoo.com
* Note early start time at Southern Dutchess CC

July	6	NO GOLF
	13 2:30*	Southern Dutchess CC
	20 3:00	Vassar College
	27 3:00	McCann
Aug	3 3:00	Dogwood Knolls

This month's meeting **July 18, 2007** (Note: This is NOT first Wednesday)
at the Best Western at 8:00 PM (board meeting at 7:00 PM)

Sign up for **2007—2008 Ski Trips:** Aspen ~ Lake Tahoe ~ Nagano, Japan